

the Whiskey Creek News

www.whiskeycreeknews.net

Another Seabreeze Publication



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JULY 2021

President's Message

School's out for summer! Summer is upon us, and we get to enjoy those longer days and amazing sunsets. Summertime also means later afternoon walks with families and our furry friends and more kids playing in the neighborhood so please keep an eye out and drive a little slower and enjoy summer.



Summertime not only means things slow down a bit and family vacations, summer camps, fishing, as well as summer, social and year-round

memberships at the WCCC. If you need to fix your short game or help keeping it in the fairway the club has brought in Trey Sones, who is a golf instructor and member of the PGA for the past seven years. Trey will be providing private golf instruction, group lessons and clinics. For more information about instruction rates and times Trey will be available at WCCC, contact him at (407) 687-9614 or at tsones@pga.com. or visit <https://whiskeycreekcc.com>.

Summer also brings hurricane season (June 1 to Nov. 30). While the hurricane season extends into the fall months the main storm activity is typically from late June to late August. I would encourage all of you to start your **hurricane plan**. Create a family disaster plan, prepare an evacuation plan, pay attention to local guidance about updated plans for evacuations

and shelters, including shelters for your pets, protection plans for older adults, health, and medical plans as well as home protection plans. You can always visit sites like the Red Cross or local media websites, State of Florida websites or the Lee County Government website to learn more and to ensure you are properly prepared. Let's hope we do not have any storms but as multigenerational Floridians it is always better to be prepared especially when dealing with Mother Nature.

I always want to make sure we keep the neighbors up to date on happenings in our community coupled with WCCA Board votes and initiatives. Your feedback, questions, or concerns are always welcomed and appreciated. The board is on summer break until September but that does not mean we will not be communicating or addressing issues that may come up during the summertime. Please continue to visit the <http://www.whiskeycreeknews.net/directors.htm> home page for board meeting updates and information about our community.

We continue to have one of the most desirable communities to live, play, retire or raise a family in and that is evident every day if you just look around our community. The WCCA Board is honored to serve the friends and families of Whiskey Creek. Stay safe, stay strong, and stay well.

Much respect,
Cole Peacock,
Board President, WCCA

Yard Of The Month

Within Wyldewood Lakes, a nomination for 5828 Wild Fig Lane captured my attention. Dennis Oates and Jason Squires purchased their villa in 2012 and extensive renovation ensued. Gracing the exterior and pulling from the Edison (Mrs.) heritage, horticultural detail of "Yesterday, Today and Tomorrow" plants (*Brunfelsia pauciflora Floribunda*) will vehemently bloom various shades of violet and white throughout the winter months. The stately Japanese fern trees frame an inviting approach to inspect the care given by these two Michigan snowbirds. Many various visual treats greet any visitor and telling you of these cared for treasures defeats the curiosity of finding further delight of, a sometime forgotten, Whiskey Creek area. Stop in, say hello, and find the enchantment that I discovered!



5828 Wild Fig Lane

If you have family or friends that you'd like to share details of our beloved Whiskey Creek community (or show off your hard earned recognition!), the web page for their review is <http://www.whiskeycreeknews.net>.

Also, please check out Whiskey Creek's very own private Facebook page for additional community information, involvement, and market areas! You'll need to request membership to gain access! <https://www.facebook.com/groups/1430022127286192>.

For those that would like to nominate other homes in our lovely Whiskey Creek, please send your nominations to WC.yardofthemonth@yahoo.com.

Security Report

By Michael Kuehn

Everyone appears to be sure that the pandemic is over. The only places that I see any masks being worn are medical facilities. Life seems to be rapidly returning to normal except for one area.



Based on the activities reported by our deputies we have forgotten how to drive. In the month of May we had 52 stop sign violations for which warnings were issued and eight violations that resulted in citations. There were three stops for speeding given warnings and one for speeding given a citation. Two bicyclists received warnings for failure to stop at a stop sign. There was one stop for faulty equipment with a warning and one stop for registration problems with a citation. And finally, there were two stops of golf carts for operating between the hours of dusk and dawn – they also received warnings.

The deputies do many things other than traffic enforcement that are perhaps more important to our daily lives. They investigated a call about a suspicious person that turned out to be a resident out for a walk. Another call about a suspicious vehicle in the early morning hours was found to be *The News-Press* delivery person. There were two well-being checks performed. One was an elderly person who was transported to the hospital by EMS. The second was resolved by the deputy and the family of the person being checked on. A missing juvenile from Lehigh Acres was located and transported to the hospital by the EMS. A deputy intervened in a road rage event between two residents and ended it without violence or injury. Responded to a call about found property. Picked up the property and turned it in to the evidence locker for handling. Keep your outdoor lights on, your garage down, and remove valuables from and lock the doors of any vehicles left in your driveway. You are the eyes of security in our neighborhood, if you see something, say something.

Whiskey Creek Civic Association

2019 Board of Directors

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	Kyle DeCicco	810-3729 kyle.decicco@gmail.com
	Jessica Nolan	462-6885 weathersnolan@gmail.com

Committees

Deed Restrictions Chair	Seth Hartt	
	seth@boat-trailers.com	
Membership	Gordon Lytle	936-1475
Yard Committee Chair	Mark Franzer	
	mfranzer@yahoo.com	

Whiskey Creek News

Editor	Jan Kotcamp	482-7679
	whiskeycreeknews@yahoo.com	
Co-Editor	Elizabeth Chasse	603-973-2552
	bettychasse@hotmail.com	
Website	Karen Tice	936-1475
	karentice@earthlink.net	

News Distribution

Newspaper Distribution Chair	Susan Kohler	410-7275
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Articles for *The Whiskey Creek News* must be submitted to the editor by the fifth of the month, typed and double-spaced appreciated.

Whiskey Creek Security is:

The Lee County Sheriff 477-1000

Whiskey Creek MSTBU Advisory Board

Members	Phone
Michael Kuehn, Security	454-6246
Roland Kotcamp, Lighting	482-7679
Steve Shoen, Irrigation	732-570-3321
Fitzroy Alexander, Landscaping	433-1836
Josh Malo, MSTBU Coordinator	533-2308

From The Desk Of Sheriff Carmine Marceno

The word “hope” generates a feeling that events will turn out well ... that one can look forward to better times ahead.



As I began serving as sheriff of this county, a series of disturbing incidents involving animal cruelty came to my attention. Abusing anyone is unacceptable and I have no patience for those who mistreat children, elders and/or animals.

With the assistance of “Deputy Chance,” the Lee County Sheriff’s Office has traveled the county sharing my “zero tolerance for animal abuse” message.

Resources were appropriated to a newly-created animal cruelty task force and this unit has exceeded my expectations in regard to investigating all reports of animal mistreatment and arresting perpetrators, when applicable.

The success of this movement spread quickly and prominent individuals in the animal-protection community have come forward to lend a hand. Tia Torres, host of *Animal Planet’s Pit Bulls and Parolees* for 17 seasons,

has offered her assistance to the cause.

We recently encountered and adopted a mixed-breed puppy who suffered the loss of her front leg in an attack that occurred out-of-county. Thanks to the veterinary care and attention that she received at Gulf Coast Humane Society, she is now doing exceptionally well.

In need of a name, we reached out to the animal cruelty task force’s sizeable following for recommendations. The suggestions were wonderful and reflective of our county’s genuine love and appreciation for our animals.

“Hope” was chosen as the most fitting and relevant name. We chose Hope, as it is my sincerest hope that we find a way to end the mistreatment of animals. It is my hope that the willingness to investigate, arrest and prosecute incidents of animal abuse spreads across the state and across the nation.

Immediately promoted, “Sergeant Hope” will visit Lee County schools, day camps and community events reminding everyone of animal rights and my unwillingness to ignore or disregard crimes against the defenseless.

Word Scramble

Under The Sea

By Ellie Neal

- | | |
|----------|----------|
| Fwlsihob | Eanetam |
| Rolac | Pouotcs |
| Brsac | Fere |
| Trbolse | Skrah |
| Else | Leahw |
| Ilpnhod | Raeuster |

Word Scramble Solution on page 7

Sudoku Puzzle

5	8							
				2	3			
7	9							
6								2
			1	3				
	2		8	5				
1								4
		6		4	7	8		
	7			3				9

Sudoku Puzzle Solution on page 7

Crossword Puzzle

Across

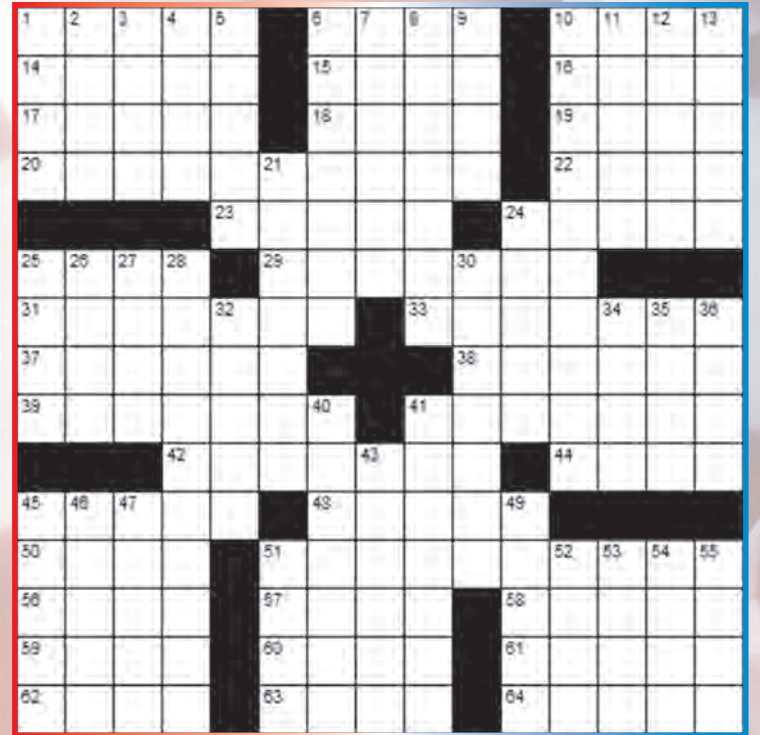
1. Branchlets
6. Not low
10. Pigeon’s home
14. Nun’s attire
15. Bright thought
16. By mouth
17. Small African antelope
18. Dispatched
19. Unit of land
20. Downplay
22. Mob
23. Filched
24. Kitty-cat
25. If not
29. Armory
31. Metalworks
33. Adorable
37. Burden (archaic)
38. Shooting star
39. Smiled contemptuously
41. He fights blazes
42. Craftsperson
44. Matron
45. Wroth
48. Anagram of “diets”
50. Road shoulder
51. Mental representation
56. Broth (Scottish)
57. Sponge
58. Welts
59. Baking appliance
60. Austrian peaks
61. Mentors
62. Canvas dwelling
63. Decay from overripening
64. Leave out

Down

1. You (archaic)
2. Alert
3. Footnote note
4. Scoff at
5. Mixes
6. Narrative description of past events
7. Highest goals
8. Refined
9. Despise
10. Changed into a solid mass
11. Killer whales
12. Mountain lakes
13. Mournful poem

21. Hollywood hopeful
24. One who lays asphalt
25. F F F F
26. Give temporarily
27. Certain
28. Act of showing affection
30. Candidate
32. A county in Northern Ireland
34. Chancel
35. Rich soil
36. Sea eagle 4
40. Make pure
41. Most honest
43. Treeless plain
45. Monastery head
46. Audacity
47. Inexperienced
49. Search for water
51. Q-tip
52. Blue-green
53. A sharply directional antenna
54. Implored
55. Existence

Crossword Solution on page 7



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Catch The Action

July On The Water

By Capt. Bill Russell

As we progress into the heat of summer fishing both inshore and offshore can still be very good, just prepare for hot days and keep an eye on the weather. Many anglers prefer to get an early start and off the water ahead of the midday heat and afternoon storms.

Inshore, the mangrove snapper bite will continue to heat up. A variety of baits including shrimp, pilchards, herring, small pinfish, and cut bait will entice fish around docks, piers, bridges, under deeper mangrove shorelines, oyster bars, sand potholes, and rock ledges in and near the Passes. Mangrove snapper are one of our tastier fish and fight very hard for their size. They make a great summer target. They are leader and hook shy, if the water is clear, it's often necessary to lighten the tackle. Inshore, I generally go with 2 feet or more of 12- to 20-pound fluorocarbon leader and a 1/0 circle hook or smaller.

The best snook and redfish action will come on days with strong tides. They can often be caught together around docks, shorelines, and structure around the gulf passes, as well as oyster bars and shoreline overhangs on the higher tides. The season for spotted sea trout is open throughout Southwest Florida. As the water warms over summer months, some of the better action for trout will come from 4- to 8-foot depths in areas with a grassy or sand/grass mottled bottom.

Calm summer mornings will give good opportunities to run offshore and target grouper and other species. American red snapper season is open for recreational anglers from June 3 to July 29 for those willing to make the long run offshore. Gag grouper season is open, along with red grouper, expect the larger fish to be in deeper water. Seventy



feet is generally a good starting point for grouper, but you may need to run well past a hundred feet for larger fish. If you run out a little deeper, you may find red snapper and grouper around the same depths.

To get updated on grouper, snapper, redfish, snook, sea trout and all current fishing regulations go to www.myfwc.com.

Closer to land, wrecks and reefs can be productive with everything from snapper to barracuda to giant goliath grouper. Anchoring up current of structure with a fresh chum bag is preferred. A variety of baits is a good idea as well as an arsenal of rods rigged and ready for light to heavy action.

For fun and fast action offshore, look for bonito and Spanish mackerel harassing bait schools in depths from 30 to 80 feet. Silver spoons or Tuna Jets in various colors can bring instant hookups when trolled around feeding activity. Watch for birds and surface commotion to locate the fish. Also look around the artificial reefs.

Sharks are another summertime favorite. Varieties of species both large and small are common catches both inshore and off. While they are a nuisance for some, many anglers target them for their fighting ability. Sharks play

an important role in our ecosystem; please make every effort to quickly release them unharmed. Every kid loves to catch a shark of any size, now is a good time, just make sure and do it safely for both the angler and the shark.

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: www.fishpineisland.com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 26 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."



Montage Women's Club

The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County. We meet on the fourth Thursday of each month at The Landings Yacht, Golf, and Tennis Club (off McGregor Boulevard south of College Parkway). Meetings begin at 11:30 a.m. with a short social period followed by lunch and then an informative speaker program. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal

residents. We welcome you to visit Montage for a luncheon. Our next meeting takes place on Thursday, July 22. Jack Thomas, Ph.D., will be our featured speaker. The title of his talk is "Yo, Ho, Ho and a Bottle of Rum! How Rum Saved the Caribbean Economy."

If you would like to attend a Montage meeting, need further information, or would like to make a reservation, please call Rita Artwohl at (239) 703-7787. Reservations cutoff to attend this meeting is noon, Thursday, July 15.

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Real Estate Round-Up

Why Should We Care About Rising Home Prices?

By Bob Oxnard, REALTOR®

When Realtors® gather, the talk these days is all about rising home prices and the lack of inventory. Opinions are like noses ... everyone has their own. Some say home prices are too high. How long will it last? Are we creating a bubble? Is this 2005 all over again? Is a recession coming? Is inflation coming? Will our savings be eroded by a declining dollar?



The facts are clear that demand for homes exceeds supply right now. The supply of new homes will come quickly. The lead time to build is too great. Supply will catch up, and if history is an indication, it will probably exceed demand before tapering off someday in the future. Until then, we will continue to see increasing pressure on prices.

But, if they are buying or selling, why should the average Whiskey Creek resident care about home prices? For one thing, if you own your home, you are potentially wealthier today than you were last year or whenever you bought your home. For many people the equity in their home is one of the largest assets they have.

As steel industry magnate Andrew Carnegie famously said, "Ninety percent of all millionaires became so through owning real estate. More money has been made in real estate than in all industrial investments combined." Carnegie amassed a fortune of \$350 million by 1890, equivalent to about \$5 billion today.

If you rent, you can probably expect to pay more in rent as owners weigh the cost/benefit of renting versus selling.

If you are thinking of downsizing someday, you may want to consider doing it sooner rather than later, thereby capitalizing on the increased value of your larger investment. Even though you will be paying more for your smaller home, you will likely be a net beneficiary.

If you are thinking of upsizing, you are probably wishing you had acted sooner. Selection is small and pickings are slim. You may find yourself bidding against others who have also decided that there are many good reasons to live in a roomier home with amenities better suited to their needs and lifestyle. You can take solace in the fact that interest rates are so attractive that the payment is still doable.

Prices are indeed higher on homes, but what hasn't gone up lately? Land, fuel, lumber, corn, cars, stocks,

precious metals ... everything seems to be rising except unemployment.

The bottom line? Owning your own home is still the fulfillment of the American Dream to most of us. Being able to live in a highly desirable home in one of the most sought-after areas of the United States of America is icing on the cake.

If you have any questions or comments about real estate, please contact Bob Oxnard at whiskeycreeknews@yahoo.com.

Whiskey Creek News

When you read this article, Whiskey Creek Country Club will have all new flooring installed throughout the club. Stop in!

Come have lunch, enjoy a drink ... see the beautiful club with a lovely, relaxing view and friendly people ... located right in your neighborhood. Pick up a brochure and see what WCCC has to offer you and your family for 2021/22!

*The very popular Whiskey Creek Country Club Tuesday Summer League runs through Oct. 28. Registration: 5 to 5:30 p.m., Tee off 5:30 p.m., Player golfs nine holes, call (239) 481-3021 for details.

*Summer golf membership (golfing and full clubhouse

privileges) available now through Sept. 30.

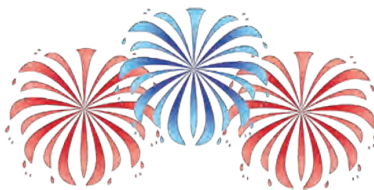
Pro Shop ... Need a gift? Some of the many new items for purchase are sunglasses, new logoed golf shirts and jackets, visors, hats, baseball-style caps, and assorted golf merchandise such as Tervis Tumblers, ball markers, golf gloves and golf balls. Also available are WCCC gift certificates!

Contact the club for more details at (239) 481-3021.

Minors (children under the age of 17) may not be on Whiskey Creek Country Club property unless playing golf and accompanied by an adult or seated in the clubhouse and accompanied by an adult.

Safety Is Necessary Around Fireworks Regardless Of Holiday

Fireworks are lovely, but can be very dangerous. They should be handled by professionals if at all possible. However, many individuals purchase them for home display, especially during holidays such as the Fourth of July, Labor Day, and New Years Eve. According to a recent study, the Centers for Disease Control (CDC) has found that most injuries reported about fireworks involve burns, with males receiving the most injuries.



The CDC provides the following pointers for using fireworks:

- The old adage "if all else fails, read the directions" should be followed even if you feel you know how to use a particular firework.

- Although sparklers are one of the most popular fireworks, especially for children, they can be very dangerous as they can heat up to 1,800 degrees Fahrenheit (hot enough to melt gold).

- Use fireworks outdoors only and have water handy.
- Never relight a "dud" firework; wait 15 to 20 minutes and then soak it in a bucket of water.

- Be sure everyone is out of range before lighting fireworks; bystanders are more frequently injured by fireworks than the people who use them.

- Only light one firework at a time and never let children handle or light fireworks.

For the safest of holidays, let the professionals handle the fireworks. Enjoy one of the many fireworks displays held in the area.

The Lee County Injury Prevention Coalition serves as a collaborative effort or partnership whose function is to facilitate partners' work and act as a catalyst for injury prevention initiatives. Its mission is to prevent injury, disability, and death through advocacy, education, legislation, and partnerships.

For additional information about the Injury Prevention Coalition or handling fireworks, contact Brian Raimondo at ipcleecounty@gmail.com or (239) 330-2240.

Membership

By Gordon Lytle

As of May 31, 488 members have joined or renewed their memberships in the Whiskey Creek Civic Association for the year 2021. Of these, 34 were newly enrolled. We are glad to welcome them to our community. The couple who joined since May 1 and agreed to have their names published are:

Jeffrey and Suzanne LaBounty

Puns For Educated Minds

Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft. Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too!

Did You Know?

In 1983, Southwest Florida Regional Airport (now known as Southwest Florida International Airport) opened.

Observations

They can open things up next month. I'm staying in until August to see what happens to you all first!



They Ask Why I Like Retirement!

Question: Among retirees what is considered formal attire?

Answer: Tied shoes!

Lee County Library System

Lakes Library
15290 Bass Road, Fort Myers, FL 33919
(239) 479-4636

Upcoming Virtual Events And Programs For July
Monday, July 26
Small Business Series: Marketing – Creating A One-Liner
Business Pitch, 2 to 3:30 p.m.

Tuesday
Wednesday
*Storytime Anytime! All day
*Virtual Book Discussion For Adults, July 28, 10 to 11:30 a.m.
Thursday
*Virtual Craft Club For Adults, 2 to 3 p.m.
Friday
Saturday

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Got Lettuce? Vitamin K And Osteoporosis

By Mary Lou Williams, M. Ed.

Everybody has seen celebrities wearing a milk mustache, but nobody has seen them wearing a head of lettuce.

What's lettuce got to do with it? Well, lettuce is a source of vitamin K, and vitamin K is of vital importance in bone health. Vitamin K is known for its ability to promote blood coagulation. It was discovered by Henrik Dam in Copenhagen in 1929 and was named vitamin K for koagulation. It was not until 1975 that vitamin K was discovered to play a role in bone formation. The first clue was reported in 1975 in a study by Pettifor and Benson published in the *Journal of Pediatrics*. Three women who were taking anticoagulant drugs during pregnancy gave birth to children with serious bone deformities. Anticoagulant drugs, of course, inhibit vitamin K.



The Discovery Of Osteocalcin

In 1976, Paul A. Price and others first described a vitamin K-dependent bone protein called osteocalcin. After collagen, osteocalcin is the most abundant protein in the bone, accounting for 15 to 20 percent of bone protein. It is one of the most abundant proteins in the body. Osteocalcin was so named because it is found solely in bone (osteo) and because it attracts calcium (calcin) to bone tissue. But in order to attract calcium, osteocalcin has to be carboxylated.

Carboxylation is a chemical process involving carbon dioxide and hydrogen. Vitamin K is necessary for carboxylation of osteocalcin. The level of noncarboxylated or undercarboxylated osteocalcin in the blood is a measure of vitamin K deficiency. A 1997 study by Vergnaud and others published in *The Journal of Clinical Endocrinology & Metabolism* found that increased levels of undercarboxylated osteocalcin predict hip fracture in elderly women, independently of bone mass. A 1998 study by Szulc and others in the *Journal of Clinical Investigation* found a higher percentage of undercarboxylated osteocalcin in women who subsequently sustained a hip fracture. The concentration of circulating undercarboxylated osteocalcin has been reported to increase with advancing age in women, and vitamin K has been reported to return that concentration to normal.

Other Studies

A number of studies provide evidence for the role of vitamin K in bone health. In a 10-year study (The Nurses' Health Study) of 72,327 middle-aged and older women, published in 1999 in the *American Journal of Clinical Nutrition*, those women in the study with moderate and high intakes of vitamin K had a lower risk of hip fracture than those with a low intake of vitamin K. Two studies found low concentrations of vitamin K in the blood of people with osteoporosis and in elderly women with hip fractures. Two other studies found that supplementation with vitamin K increased bone mineral density and reduced fracture rates in people with osteoporosis. (Both of these studies were published in 2000 in the *Journal of Bone and Mineral Research*.) One of the most interesting studies found a correlation between calcium deposits in the arteries (atherosclerotic calcifications), low bone mass, and low vitamin K. Low vitamin K affects the mineralization processes both in bone and in atherosclerotic plaques, but in opposite ways: It causes depletion of calcium in bone, where it should be, but deposits calcium in the arteries, where it should not be. This article can be found in the November 1996 issue of *Calcification Tissue International*.

Sources Of Vitamin K

Naturally occurring K vitamins can be classified into two groups: K1, the major form occurring in plants, and K2, which is synthesized by bacteria. Natural sources of vitamin K1 are green leafy vegetables such as broccoli, Brussels sprouts, green cabbage, kale, lettuce, parsley (a particularly rich source), spinach, and watercress. Vitamin K2 can be found in cheese and some fermented foods. Intestinal bacteria also produce vitamin K2. Vitamin K deficiency may be more common now than in previous times because of overuse of antibiotics. Antibiotics destroy the friendly intestinal bacteria that produce vitamin K2. There are times when antibiotics are necessary. In that event, it is wise to supplement with probiotics, that is, friendly bacteria, to replace the good bacteria in the gut that have been destroyed by the antibiotics. Among the most common of these probiotics are lactobacillus acidophilus and bifid bacterium bifidum.

A study published in November 2002 in the *American Journal of Clinical Nutrition* established that a daily intake of 1,000 micrograms or one milligram of vitamin K1 was required to maximally carboxylate circulating osteocalcin. So, how about a head of lettuce?

Cook's Corner

Recipe from Whiskey Creek Country Club cookbook

Rosemary-Garlic Pork Tenderloin Wrapped In Pancetta

Ingredients:

- 3 (1-pound) pork tenderloins
- 1 egg white, beaten
- 3 cloves garlic, minced
- 1 tablespoon water
- 2 sprigs fresh rosemary, chopped
- ¼ pound pancetta, thinly sliced
- ¼ teaspoon freshly ground pepper

Directions:

In a small bowl, combine garlic, rosemary, and pepper. Rub mixture over tenderloins, pressing into the meat. Brush tenderloins liberally with egg white mixture. Wrap each tenderloin with slices of the pancetta. Secure with toothpicks or kitchen string. Grill over direct medium heat until browned on all sides, about 2 minutes per side. Move to center of cooking grate and grill over indirect medium heat 15 to 20 minutes more, until center is barely pink and internal temperature is 155 degrees. Cover and allow to rest in a warm place for 5 to 10 minutes. Slice and serve warm. Serves 6.



Lighting And Home Security

Residential burglaries are usually crimes of opportunity. Burglars carefully determine the ease of entry, visibility to neighbors and the location of surveillance devices.

Upon approaching a potential target, criminals attempt to determine whether a home is occupied or vacant, the potential value of property within the home and likelihood of being noticed.

Lighting, both interior and exterior, is a remarkable deterrent. Properly installed and aimed exterior lighting tends to dissuade burglars from approaching your home. Motion-sensing lights, installed near the perimeter of your property, often startle would-be burglars and encourage them to move on.

Interior lights controlled by automatic timers give the appearance that residents are at home. Lights left on in a hallway **do not** imply occupancy and tend to be ignored by criminals. A room utilizing a timer, with closed curtains, provides an illusion of habitation.

If installing new exterior lighting fixtures, consider placing the bulbs at a height that makes it difficult or impossible for burglars to remove or easily shatter. Additionally, consider the effect that lighting has on nearby neighbors and passing vehicles. Bright lighting aimed into a neighbor's home or directly into the eyes of drivers may create problems and/or unsafe conditions.



My mind not only wanders, sometimes it leaves me completely.

Local Action Numbers

Emergency	911	Lee County Transit	533-8726
Sheriff	477-1000	Libraries	479-4636
Action Coordinator	533-9400	Page Field	936-1443
Animal Services	432-2083	Parks and Recreation	533-7275
Chamber of Commerce SW FL	278-1231	Poison Info Center	1-800-222-1222
Child Abuse	1-800-962-2873	Red Cross	278-3401
Code Enforcement	533-8895	School Transport	590-4000
Dead Animal Removal	949-6246	Social Security Administration	1-800-772-1213
Div. of Motor Vehicles	533-6000	Suicide Prevention Lifeline	1-800-273-8255
Elder Helpline	211	Supervisor of Elections	533-8683
Emergency Management	477-3600	Road & Canal Maintenance	694-3334
Health Dept.	332-9556	Tax Collector	533-6000
Fraud Line	477-1242	Utilities (Water & Sewer)	533-8181
Lee County D. O. T.	533-8580	Waste Management	334-1224



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What's Blooming At Edison And Ford Winter Estates?

By Debbie Hughes, Senior Horticulturist at Edison and Ford Winter Estates



I know summer has arrived when the royal poincianas are covered in their brilliant scarlet blooms. As I cross over the bridge from North Fort Myers into downtown, I can see the red canopies that are not there the rest of the year. During the winter season, the trees have green leaves – just like any other shade tree.

I wish every neighborhood had flowering trees in each yard. For large yards, the flamboyant tree (*Delonix regia*) would be a wonderful addition to a property. For those who don't have room for a large spreading tree, the golden shower tree (*Cassia fistula*) can be a colorful choice.

There are a multitude of suggestions for smaller trees that can provide color, such as the crape myrtle (*Lagerstromia indica*), frangipani (*Plumeria*), lilac tree (*Lonchocarpus violaceus*), orange geiger (*Cordia sebestena*), wild cinnamon bark (*Canella winterana*), and fiddlewood (*Citharexylum spinosum*). Many of these trees are growing at Edison and Ford Winter Estates, so visitors can see what they look like.



The golden shower tree is raining yellow at Edison and Ford Winter Estates.

Another popular tree at the Estates is the mango. There are many cultivars of



Carrie mango tree

mangos and visitors often ask for the names. When the trees on the property produce an abundance we pick and sell the fruit in the Garden Shoppe. My favorite mango for eating out of hand is the Glenn, which has a small seed, is easy to peel and has a peachy-coconut flavor.

I enjoy making mango jam and chutney with the excess fruit from the Haden variety because I hate to throw good fruit away. This variety gets very large (50 feet), so picking the fruit is virtually impossible from the ground level. Oftentimes, the fruit falls from high branches, bruising when it hits the ground.

I suggest for those who live in communities with smaller lot sizes to choose a mango tree with potential mature size not greater than 15 to 20 feet. There are several varieties with this consideration that still pack a delicious flavor, such as Ice Cream, Pickering, Neelum, Super Julie and Fairchild.

Since it seems everyone is into growing fruit on their properties now, it may be hard to find mango trees for sale. The growers try to keep up with the interest, but they must graft the desired bud branch to a rootstock, and this takes time and expertise. I hope the growers will be able to keep up with the demand this summer!

Regardless of which variety you select, it is important to make sure the tree is properly cared for. The most common mistake made by new gardeners is to plant the tree too deep. Planting a tree too deep is akin to putting a blanket over your mouth. I have had people come to the Garden Shoppe here at the Estates and ask why their tree hasn't grown. Many times when they provide a photo, I can tell that the tree was not properly planted.

It's important to plant the tree at the same soil level as it was in the flowerpot – provided it wasn't planted too deep to start with. Make sure that the tree's root flare is above grade. I have seen trees planted as much as a foot too deep and the roots never made their way into the surrounding soil. When this happens, you can actually rock the tree back and forth because it's unstable.

After a season of rain during the summer, the tree should be rock solid in the ground. Mulch should not be piled up over the trunk, but pulled away from the bark so as not to rot it. Trees are a blessing if the right one is planted in the right place – and in the right way. Don't amend the soil for trees, because that discourages the roots from growing beyond the planting hole. I use root stimulator or Quantum (a liquid mycorrhizae), drenching the soil which aids in the uptake of nutrients and water into the trees xylem and phloem (conducting system similar to our veins and arteries).

The summer rainy season is a good time to plant trees because Mother Nature will do most of the watering and



Giant milkweed in the butterfly garden

you won't have to pull a hose around the yard every day. Sometimes it's good to select a very small tree, because the larger the specimen purchased, the longer it will take for the tree to establish.

As a general rule, a tree grown in a larger pot (25-gallon and up) could take two to three years before you see the tree stand strong, while a young tree in a 15-gallon pot or smaller will take less time to get established. Be mindful that in the extreme heat, sometimes the rain isn't enough and the tree will still need supplemental water.

This time of year, tropical plants will start to grow rapidly once the rains start. Our butterfly garden has more flowers now, providing a feast for any passing butterfly, bee, or other pollinator. If you want to start a butterfly garden, be sure to include both nectar and host plants. Host plants are what the female butterfly will lay her eggs on and the caterpillar will eat until it's large enough to form a chrysalis. These plants are supposed to get eaten, so if esthetics are important to you, plant these specimens in the backyard. The plants will regrow, allowing more caterpillars to feast and start the cycle all over again.

Each year, we participate in the North American Butterfly Association (NABA) butterfly count. These official counts must cover a 15-mile radius, so we station counters at Lakes Regional Park and Rotary Park in Cape Coral, as well as at the Estates. During the two-hour count, volunteers walk the site and count butterflies. We gather the information and submit it to NABA. The count helps identify butterfly population trends and can help scientists determine if butterfly species are declining or increasing or staying about the same.

Many of the plants in the butterfly demonstration garden are available for sale in the Garden Shoppe. Visitors can also check the sign that shows which butterflies are common in Lee County and which host plants each species needs. I encourage anyone wanting to start a butterfly garden to come see the demonstration garden and look for butterflies that are fluttering around.

We also offer classes and garden talks throughout the year on many different topics to help both new and experienced gardeners. Go to the calendar section of our website to learn about upcoming garden events. I hope to see you soon!



A ruddy daggerwing butterfly uses strangler fig as a host plant.

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Sidney & Berne Davis Art Center

The Me, You, And Them Exhibition Opens July 2, 6 p.m., closes July 29, 3 p.m.
Cost: General admission: \$1 entry donation

“Me, You and Them” is a solo exhibition by Cath Branwood. Originally from the United Kingdom, Cath travelled extensively before moving to the United States almost 10 years ago. Cath continually tries to share her unique perception of the world through being a creator. She is a painter, visual artist, photographer and poet.



The Me, You and Them exhibition originated from the 2020 lockdown period, where Cath was isolated alone and took the opportunity to explore herself, producing her stark black and white self-portraits displaying loneliness, isolation and the “shadow side” of herself, but also showing the open blank space for things which lie beyond all that.

It was in this blank space and isolated time of lockdown where Cath found inspiration in the words and faces of others and began creating their portraits alongside her own.

This exhibition also features the contrasting style with the graphic lineal “words and faces” pieces, created in mixed

media and portraying images of people living and passed who have inspired the artist through their incredible presence on this earth with books, letters, plays, poems, speeches, lyrics and music.

This dual-focused and styled exhibition is the artist’s unique reflection on isolation which positively encourages us to find the place inside or outside ourselves where we are most inspired to live life fully.

’70s, ’80s, And ’90s Dance Party Friday, July 16, 9 p.m. to 12 a.m.

Cost: Purchase tickets online for general admission: \$10.

Sounds of Summer Music Series presents a ’70s, ’80s, and ’90s Retro Dance Party! Get out your bell bottoms, leg warmers, or zip off jeans and bring your best dance moves to get groovy and party like it’s the 20th century! This dance party will be held on our Sydney’s rooftop sculpture garden! It’s going to be a fun night to get groovy under the stars.



Sidney & Berne Davis Art Center (SBDAC), 2301 First St., Fort Myers, FL 33901, (239) 333-1933, www.sbdac.com.



Word Scramble Solution from page 2

Blowfish	Lobster	Manatee	Shark
Coral	Eels	Octopus	Whale
Crabs	Dolphin	Reef	Treasure

Sudoku Puzzle Solution from page 2

5	3	8	4	6	9	2	7	1
4	6	1	5	7	2	3	8	9
7	9	2	3	8	1	4	5	6
6	1	3	7	9	4	5	2	8
8	4	5	2	1	3	9	6	7
9	2	7	8	5	6	1	3	4
1	8	9	6	2	5	7	4	3
3	5	6	9	4	7	8	1	2
2	7	4	1	3	8	6	9	5

Lee County Library System Wins Two Awards

The Lee County Library System has been selected as the 2021 recipient of two Florida Library Association awards: Excellence in Marketing and Public Relations and Outstanding Business or Media Partner.

The Excellence in Marketing and Public Relations award recognizes outstanding strategic marketing, public relations projects or campaigns that show results. The award highlights the work of the Digital Services Team at Lee County Library System for a Halloween-themed video, *Tales from Beyond the Stacks*. The video reached thousands of viewers and showed off the skills and abilities of the team while promoting library services. See the video here: <https://bit.ly/3w1VZP9>.

The Outstanding Business or Media Partner award honors a company, business partner or media agency for their leadership or significant contribution in support of library service to a local, regional or statewide library organization. This year’s award recognizes WINK News anchor Lois Thome, who has provided 20 years of continuous support to Lee County Library System’s signature event, the Southwest Florida Reading Festival.

“Reading has always been a big part of my life, so to be honored for being part of such an important event in our

community is the cherry on top of the sundae,” Thome said. “It’s rare to find a free, community event that serves all in such a positive way. I am happy to play a small part in making it the successful event it’s become.”

As a founding member of the festival’s planning committee, Thome has brought expertise and insight to the event, ensuring the best visibility through PSAs, live TV interviews, festival-day story times, arranging onsite author interviews and more. With Lois’s help, the festival has been able to positively impact more than 100,000 readers in the community.

“Lois is a strong advocate for libraries and reading,” Library Director Mindi Simon said. “It has been a privilege to work with her on the Southwest Florida Reading Festival. Additionally, I am so proud of our digital services team who creatively promote the library and all of the valuable services we provide to our community.”

About The Lee County Library System

The Lee County Library System, founded in 1964, has 13 branches with more than 1.5 million items. Currently more than 294,000 Lee County residents are registered users.


For more information, call (239) 479-INFO (4636) or visit www.leelibrary.net.

Crossword Solution from page 2

T	W	I	G	S		H	I	G	H		C	O	T	E		
H	A	B	I	T		I	D	E	A		O	R	A	L		
O	R	I	B	I		S	E	N	T		A	C	R	E		
U	N	D	E	R	S	T	A	T	E		G	A	N	G		
					S	T	O	L	E		P	U	S	S	Y	
E	L	S	E		A	R	S	E	N	A	L					
F	O	U	N	D	R	Y		L	O	V	A	B	L	E		
F	A	R	D	E	L			M	E	T	E	O	R			
S	N	E	E	R	E	D		F	I	R	E	M	A	N		
					A	R	T	I	S	A	N		D	A	M	E
A	N	G	R	Y		S	T	I	E	D						
B	E	R	M		S	T	E	R	E	O	T	Y	P	E		
B	R	E	E		W	I	P	E		W	E	A	L	S		
O	V	E	N		A	L	P	S		S	A	G	E	S		
T	E	N	T		B	L	E	T		E	L	I	D	E		


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Poetry Corner

Vacation Time?

By Judith Foley

I'm dreaming about
A vacation again
It's that time of year
When the stirrings begin.

I'm trying to find
A place that is chilly
Somewhere that has mountains
All rugged and hilly.

We drove all one summer
Until it cooled down
We ended up in
A Canadian town!

A cruise might be nice-
To an arctic location
Alaska would be
A great "chill-out" vacation.

A train trip might work
I've heard those are just great
But these trips all take planning
And I've started too late.

Guess I'll just "sweat" it out
And hang close to the pool
Stay inside the A/C
Hey, I'm nobody's fool.

Then perhaps in the fall
While Lee County's still hot
I can venture up north
To a lovely cool spot!

Continental Women's Club

Our program on Thursday, July 1 at 11:30 a.m. will feature Alexandria Edwards, marketing and public relations coordinator at the Edison Ford Winter Estates. Discover all you need to know about these historic homes, and the surrounding gardens, laboratory and museum.

Continental Women's Club meetings are held on the first Thursday of each month at 11:30 a.m. at The Hideaway Country Club, 5670 Trailwinds Drive, Fort Myers 33907. The cost to attend the luncheon is \$24.

Please call Liz Paul at (239) 691-7561 for additional information or to make a reservation.

Liz Paul

For Lexophiles

The guy who fell into an upholstery machine was fully recovered!



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Florida Repertory Theatre Announces Its Reimagined 2021/22 Season

Florida Repertory Theatre is pleased to announce its reimagined 2021/22 season in the Historic



Arcade Theatre and the ArtStage Studio Theatre, setting a first indoor performance for Sept. 28. After an 18-month intermission the company plans to return to a full nine-show season bringing professional theatre back to the heart of the downtown Fort Myers River District.

"We've been waiting for months to announce our exciting new plans for the 2021/22 season," said Artistic Director Greg Longenhagen, "but we can't move forward without looking back to thank our senior staff, ensemble of artists, volunteers, and loyal patrons and donors for sticking by us as we weathered this storm. Because of our staff's tireless work and our patrons' unwavering support, we will emerge stronger than ever, and I am deeply grateful."

Longenhagen continued, "You'll recognize many of these titles from our postponed 2020/21 season, but there are some impactful changes and outstanding additions. As we emerge from almost two years of isolation and virtual interactions, we wanted to offer you stories about hope, human connection, and renewal. Florida Rep's signature wide variety remains intact, but we've coalesced around themes that lift us up and offer an escape. We cannot wait to see you inside the theatre soon!"

The 2021/22 season opens in the ArtStage Studio Theatre Sept. 28 with, *Let's Fall in Love: A World-Premiere Cabaret Event* saluting Nat King Cole and a host of singers from the 1940s, '50s, and '60s who made the era a golden age of American music. Chicago-based performer, Evan Tyrone Martin, stars in the concert that pays homage not only to Cole, but to Tony Bennett, Sammy Davis Jr., Bing Crosby, and more.

The Historic Arcade Theatre opens Oct. 26 with the thrilling ghost story, *The Woman in Black* adapted by Stephen Mallatrat from the novel by Susan Hill. The season continues with an unprecedented co-production between Florida Rep and its Education Department's Conservatory Program. Young artists from across Southwest Florida will join a professional cast of Florida Rep ensemble members and guest artists in the classic American musical, *West Side Story*, which opens Nov. 23.

Florida Rep begins the new year with two uplifting stories about love, new beginnings, and friendship: a brand-new comedy *Morning After Grace* by Carey Crim, and the Pulitzer Prize-winning classic, *Driving Miss Daisy* by Alfred Uhry.

Morning After Grace is an unconventional new comedy set in a Gulf coast retirement community that tackles love, loss, growing older with style, and opens Jan. 4, 2022 in the Arcade Theatre. Set in post-World War II Atlanta, *Driving Miss Daisy* tells a timeless story about an unlikely friendship that lasts a lifetime. The modern classic begins performances in the ArtStage Studio on Jan. 18.

Into the Breeches by George Brant opens to previews Feb. 8 in the Arcade Theatre. This brand-new comedy is a patriotic and heartwarming story of coming together in a crisis and follows a theatre troupe during World War II. The men are overseas, and for the ladies of the company, the show must go on! They decide not to cancel their production of Shakespeare's *Henry V*, and step into all the roles – forging new bonds of sisterhood in the process.

The most exciting addition to the new season is a reimagined remounting of the theatre's shuttered 2020 production of *A Doll's House, Part 2* by Lucas Hnath. The electrifying and razor-sharp sequel to Ibsen's 1879

masterpiece was one day away from its first audience when the theatre closed its doors in 2020. Though it was offered for virtual streaming – and garnered a sterling review in *The Wall Street Journal* – Florida Rep wants the important new play to be experienced as it was intended – with a **live** audience!

The same cast and creative team are assembled for the 2022 staging of *A Doll's House, Part 2*, but it's not a direct remount. The new production is slated to run in the intimate ArtStage Studio Theatre, which means audiences will be in the center of the action as Nora Helmer confronts her past, her ex-husband, her now-grown daughter, and their long-suffering housekeeper. This time when the sparks fly, audiences will have a front-row seat.

The Arcade lineup comes to a sensational end with the original rock 'n' roll musical, *Buddy: The Buddy Holly Story* by Alan Janes. Opening March 15, the musical shows audiences how Buddy Holly became the musical legend he is today.

The final offering in the 2021/22 season is Audrey Cefaly's new romantic comedy, *Maytag Virgin*, opening April 12 in the ArtStage Studio. One of the hottest plays in America right now, *Maytag Virgin* is an old-fashioned southern romance about two people who thought they'd never find love again. This captivating and often hilarious love story has the perfect message to conclude a season built on renewal, redemption, and connection.

In addition to its nine-show subscription series, Florida Rep's Eighth Annual PlayLab Festival of New Works is in the planning stages for a May 2022 return to in-person readings, and the Education Department Conservatory will soon announce dates for productions of *Bulletproof Backpack*, Green Day's *American Idiot*, and a site-specific *Lord of the Flies* experience. Information on PlayLab and Educational programming will be available at FloridaRep.org.

Subscriptions and single tickets are on sale now for new and returning subscribers and single ticket buyers. Packages start as low as \$224 for six plays and offer the best seats and the most significant savings. The theatre offers a variety of packages for nine, eight, seven, and six shows that give patrons the option to lock into seats or the flexibility to reserve as the season progresses.

Single tickets start at \$59/\$55 for regular performances and \$39/\$35 for previews, but tickets are priced dynamically and the value increases with demand. The theatre recommends the Flex Pass for single ticket buyers who want to lock into lower prices for the whole season.

Single tickets are on sale now at www.FloridaRep.org along with subscription order forms and more information about each production. To order tickets or a subscription over the phone call the box office at (239) 332-4488. Box office hours are Monday through Friday, 10 a.m. to 1 p.m.

New for the 2021/22 season, all evening performances in both venues start at 7 p.m., with the exception of opening nights (first Fridays) which begin at the later 8 p.m. curtain time. Popular matinee performances on Wednesday (Arcade), Thursday (ArtStage), selected Saturdays, and Sunday begin at 2 p.m. Florida Rep's **free** parking opens two hours before every performance.

Florida Repertory Theatre performs in the Historic Arcade Theatre and the ArtStage Studio Theatre on Bay Street between Jackson and Hendry with free parking in the Fort Myers River District.

Visit Florida Rep online at www.FloridaRep.org, and by following the company on Facebook, Twitter, Instagram, and YouTube.

Florida Repertory Theatre, 2267 Bay Street, Fort Myers, FL 33901, (239) 332-4488, www.FloridaRep.org.

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