

the Whiskey Creek News

www.whiskeycreeknews.net

Another Seabreeze Publication



VOL. 37 NO. 7

www.seabreezecomunications.com

JULY 2022

Neighbor's Letter

Happy summer to all! As shared in the June newsletter, members of the Whiskey Creek Civic Association Board (WCCA) will be rotating and writing the president's letter so that our community can get to know their Board members. My name is Jim McCabe – I'm currently the vice president of the Board, and I've been on the WCCA Board since February of 2017. My family moved to our home in Whiskey Creek in October of 2014. I'm a local Realtor (yes, there's a few of us on the Board!) and my wife Lauren is a financial advisor. Our daughter Payton graduated from Cypress Lake



High School in 2021 (go Panthers!) and our son Jonah just completed kindergarten at Tanglewood Elementary (we LOVE our neighborhood school; golf cart drop-off is awesome!) When we moved into Whiskey Creek, we were excited to be a part of a neighborhood, but we had no idea just how AMAZING this community is! Our neighborhood is one of THE most desirable communities here in Southwest Florida, and it's not just because of location. Being a part of a "true" neighborhood has been a real blessing for our family and we've developed wonderful friendships with many of our Whiskey Creek neighbors. Since being on the Board in 2017 I've seen so much change in the community – we're welcoming lots of younger families and it's exciting for our son to have friends just down the street.

We've enjoyed taking part in so many community activities that are coordinated by the Civic Associations in our Whiskey Creek/Tanglewood 'hood. The Board has played

a part in making the Fall Festival a HUGE success, although Sally Gins should get most of the credit. She and her husband Wyler have done an amazing job in making that event one of the biggest and best here in the community. There's also the Christmas Golf Cart & Bike Parade that has grown by leaps and bounds in just two short years – Santa even takes a break from toy making to ride in the parade!

In addition to these established community events, the Board is also helping to organize cul-de-sac/block parties and other community events. We are always looking for energetic neighborhood volunteers with fresh ideas that would like to help organize and be a part of these events. If you have interest in helping in your community, please reach out to ANY Board member – we'd be happy to have you involved in these events.

Neighbor's Letter on page 5

Yard Of The Month

Nestled in the wonderful shade of Wyldewood Lakes lies the colorful attention of coleus and crotons of the home of Beth O'Brien and Pam Pfalzer. Residing at 5872 Wild Olive Drive, these two have affectionally colored their centrally located home with lush Florida floral comprised of dracaenas, ficus and ferns. Not looking back at their North "Philly" roots and employment tenure of EMT/firefighter and professor of nursing/nurse practitioner, respectfully, these two have found more than tranquility under the shade of oak and staghorn. They are exemplary Whiskey Creek neighbors willing to provide the secret to wonderful bushy coleus just by offering your greeting and making their acquaintance!

A very special recognition goes out to the Wyldewood Lakes Landscaping Committee for your volunteered efforts in creating a wonderful entry into that area you call "home." Your individual efforts are appreciated for the beauty that you maintain!



5872 Wild Olive Drive

If you have family or friends that you'd like to share details of our beloved Whiskey Creek community (or show off your hard earned recognition!), the web page for their review is <http://www.whiskeycreeknews.net>.

Whiskey Creek Village Green Ditch Project

The common ditch that runs between all 14 sections of Whiskey Creek Village Green has been a problem to maintain. Since some sections maintain their part of the ditch and others do not, it causes a maintenance problem for all residents. Periodic maintenance of the ditch is necessary to maintain the flow of water and eliminate possible health hazards.

To simplify the maintenance issue, some of us have approached Lee County to get involved in maintaining the ditch for us, through the establishment of an MSTBU.

This is like the current MSTBU, to maintain the entryways, boulevard and street lighting in Whiskey Creek.

The county is willing to assist us with the project and has advised us concerning the process calculating the cost and feasibility of the project. This process consists of two steps. The first step is a petition signed by 50 percent plus one owners, asking the county to perform a feasibility study. The cost of this study is \$500, which is being paid for by section six. Once the study is completed and the cost of the maintenance is determined, then a second petition will be circulated to the residents, with the same requirements of the first petition, for the MSTBU to move forward. If there are enough signatures at that point, the county assumes the maintenance of the ditch.

If you are an owner in any of the 14 sections of Whiskey Creek and have not had the opportunity to sign the feasibility petition, please contact Steve Mock at steve@safeguardmpg.com.

Also, please check out Whiskey Creek's very own private Facebook page for additional community information, involvement and market areas! You'll need to request membership to gain access! <https://www.facebook.com/groups/1430022127286192>

For those that would like to nominate other homes in our lovely Whiskey Creek, please send your nominations to WC.yardofthemonth@yahoo.com.

Whiskey Creek Ditch

My name is Seaby Bess and my wife Betti and I have lived in section one for five years. The ditch subject has been talked about long before we moved here. We are looking for volunteers at 8 a.m. on July 16, to address the small area of the ditch that is the problem. We are looking for able-bodied people with shovels and garbage bags in the area between section five and six (map below). We will meet at the cul-de sac at the end of Boyton Lane and I don't think it will take long to do with the right amount of hands. If you are interested please email me, captseaby@at-your-command.com or call me at (630) 327-9772. There is strength in numbers.



Whiskey Creek News

PRSR STD
US POSTAGE
PAID
FT MYERS FL
PERMIT 751

Montage Women's Club



The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County. We meet on the fourth Thursday of each month at The Landings Yacht, Golf, and Tennis Club (community entry off McGregor Boulevard between Cypress Lake Drive and College Parkway). Meetings begin at 11:30 a.m. with a short social period followed by lunch at noon and normally an informative speaker program. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal residents. We welcome you to visit Montage for a luncheon.

Our next meeting will be held on Thursday, July 28, and our speaker will be Jessica Goodall from Eva's Closet. Jessica has a master's degree in social work from Florida Gulf Coast University (FGCU). Jessica founded Eva's Closet & Foundation in early 2016 which provides essential items and financial assistance at no cost to children and families in need in Southwest Florida as well as case management and referral services. Eva's

Closet aids, on average, 1,000 individuals each month. Jessica was awarded the FGCU Alumni of Distinction in 2019 and was recognized by *Gulfshore Business* for the under 40 Award.

Luncheon fee is \$28 per person and the planned menu will be grilled chicken breast salad with pecans and vinaigrette dressing, rolls and butter, and chef's choice of dessert. The optional plant-

based/vegan menu will be quinoa bowl with roasted vegetables, and fresh fruit for dessert.

If you would like to attend a Montage meeting, need further information, or would like to make a reservation, please call Rita Artwohl at (239) 703-7787. Reservations cutoff to attend this meeting is noon, Thursday, July 21.

Word Scramble

Water Fun

By Ellie Neal

Veid	Slhspa
Misw	Latfo
Gbnait Tisu	Klesorn
Rsscunnee	Reesicxe
Lwoet	

Word Scramble Solution on page 7

Sudoku Puzzle

1			8	4			7	
4			5		1			
							1	
2	6							7
				7				6
	8					5		3
	6					2	3	
8		9	2		6	4		
	1			5	9			8

Sudoku Puzzle Solution on page 7

Seabreeze Communications
For Advertising Rates
Please Visit Our Website
seabreezecommunications.com
Or Call **239.278.4222**

Seabreeze Communications Group does not endorse any advertising as it relates to the communities. Inserted advertising is not screened by Seabreeze Communications Group.

Seabreeze Communications GROUP
Production Director J. Reid
Sales Department
Al Ullio • Margo Williams • Joe Yapello
• Bonnie Yapello • Becky Pruitt
Director Of Mailing Operations Selina Koehler
Production Manager Lee Nostrant

All rights reserved. Reproduction or utilization of these contents in any form by any electronic, mechanical, or other means, including xerography and photocopying is forbidden without the written permission of the Publisher.
The Publisher is not responsible or liable for misinformation or misprints herein contained and reserves the right to accept or reject all copy deemed unsuitable for publication.

(239) 278-4222 • Fax (239) 278-5583
5630 Halifax Avenue • Fort Myers, FL 33912
Ft. Myers • Bonita • Estero • The Palm Beaches • Boca Raton
www.seabreezecommunications.com

Crossword Puzzle

Across

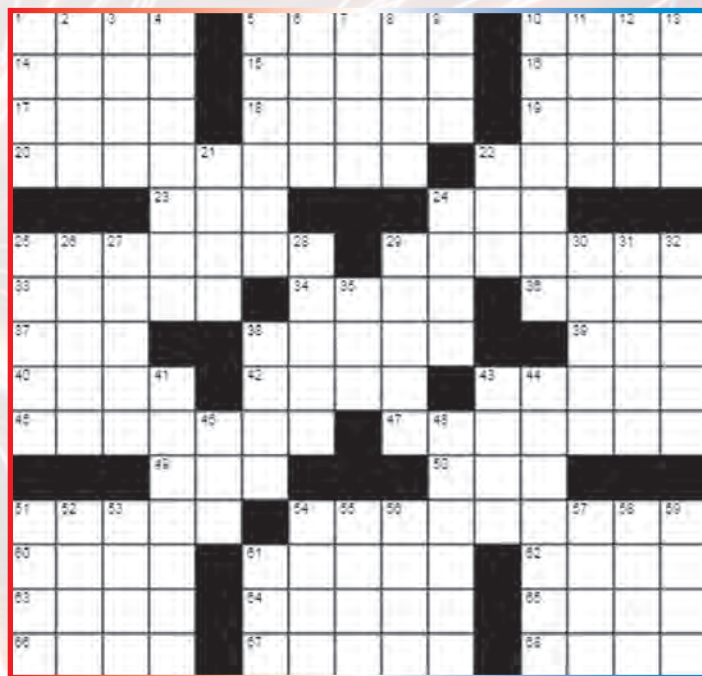
- Letter opener
- Give a false impression of
- Hunk
- Ancient Greek coin
- Orchestra section
- Jealous wife of myth
- Island of Hawaii
- Papal garment
- Son of Judah
- Fluke
- Move to and fro
- Phooey!
- Acapulco gold
- Slander
- Building
- Pipsqueak
- A bit
- Run away
- Stockholm flier
- Dumas dueler
- Out of sorts
- Tolkien tree creatures
- Student's hurdle
- Oil source
- Declares positively
- Republic in South America
- Author Fleming
- Atmosphere
- Blurred
- Statute
- Baseball family name
- Tactless
- Ancient theaters
- Are you ___ out?
- Easy ___
- Montana neighbor
- Gammy
- Bikini blast
- Long ago

Down

- Smoke deposit
- Girder type
- Architect Mies van der ___
- Doze
- Thin soups
- Architect Saarinen
- Be in front
- Goofing off
- Nationality suffix
- Exhibitionist
- Filmmaker Riefenstahl
- Irish island group
- Firecracker sound
- Over 50 organization
- Hindu title
- Lyric poems
- Bewildered
- Graceful birds
- Nuisances
- Adlai's running mate
- Chew the scenery

- Greek epic poem
- Big fiddle?
- Conger catcher
- Cries of surprise
- Envelope notation
- Convulsion
- Clubs, e.g.
- Accord
- Narrow beam of light
- Prestige
- Fall short
- Radius neighbor
- Move rapidly
- Formerly, formerly
- Back of the neck
- Warts and all
- Other name for taro
- In the neighborhood
- Grasp
- Noise made by a sheep

Crossword Solution on page 6



Broward Factory Service
6240 Arc Way • Fort Myers, FL 33966
(239) 482-1303



Service Centers Nationwide

License Numbers: CAC056774 • CAC057400 • CFC056867 • CFC1430745 • ES0000336

NEVER PAY ANOTHER EXPENSIVE REPAIR BILL!

A/C Tune up
 x1 \$129.00 x2 \$189.00
 2nd A/C \$79.00 3rd A/C \$79.00

Water Heater Tune up
 x1 \$119.00 x2 \$149.00
 2nd W/H \$60.00

Silver \$349*

- Labor
- All Functional Parts
- All Trip Charges
- Unlimited Service Calls
- Air Conditioner (up to 5 tons)
- Wall Thermostat
- Heating (Gas or Electric)
- Ice Water Dispenser
- Ice Maker
- Refrigerator
- Dishwasher
- Garbage Disposal
- Water Heater
- Oven/Range
- Microwave

- Refrigerant Levels
- Compressor and Fan Amps
- Condenser Coil (rinse if necessary)
- Contactor Points
- Capacitors
- Seals of Caps and Valves
- Thermostat Operation
- Blower Amps
- Heating System
- Evaporator Coil
- Blower Wheel
- Electrical Connections and Wires
- Temperature Splits
- Float Switch Operation
- Filter (change or wash customer to supply filter)
- Clean Equipment Exterior
- Brush Out Electrical Cabinet
- Flush and Vacuum Drain Line and Pan
- Lubricate All Moving Parts
- Overall Performance

- Flush Water Heater Tank
- Inspect T and P Valve
- All Plumbing Connections
- All Electrical Connections
- Thermostats
- Elements
- Gas Valve
- Burner
- Manifold
- For Leaks
- Inspect Expansion Tank



Scan to apply online and for terms/conditions.

From The Desk Of Sheriff Carmine Marceno

The Importance Of Southwest Florida Crime Stoppers

I have never regarded law enforcement as a service done *for* the community, but rather a service done *with* the community. I often say, "See something, say something, make the call!"



It is this relationship with our constituents that makes Lee County one of the safest counties in the state.

Regardless of the size of your law enforcement agency or the material resources available, officers can never be in all places at all times. It is often the information provided by residents, guests and visitors that lead to the arrest and the successful prosecution of criminals.

The Lee County Sheriff's Office (LCSO) and our local law enforcement agencies are extremely fortunate to have the Southwest Florida Crime Stoppers program as a source of confidential information involving criminal activity. A 501(c)(3), nonprofit organization, Crime Stoppers pays rewards of up to \$3,000 for information leading to an arrest or to the recovery of stolen property. While Southwest Florida Crime Stoppers only serves Lee, Charlotte, Collier, Glades and Hendry counties, the Crime Stopper program is operational worldwide, has provided information that has led to over 812,000 arrests, has cleared over 1,160,000 cases and has helped recover over a billion dollars worth of stolen property ... all within the United States alone! Crime Stoppers USA has paid nearly \$118 million in rewards!

Despite assurances that the identity of "tipsters" remains anonymous, some residents remain concerned about sharing this type of information. In a recent conversation with a constituent, I was asked about the assured confidentiality. It prompted me to share this Q and A interview recently done with Trish Routte, Southwest Crime Stoppers coordinator. I am hopeful that her responses place tipsters at ease and lead to further community participation and an increase in information sharing regarding criminal activity.

Question: Some residents are genuinely concerned about confidentiality and might be hesitant to take a chance submitting information. With caller ID and other electronic means of identification, how can one be certain that their identity is protected? How are Southwest Florida Crime Stoppers received?

Trish Routte: "Anonymity is the single most important aspect of the Crime Stoppers program. People need to know that when

they reach out to us that their identity will never, ever be known. We don't have caller ID, nor the ability to trace an IP address from a computer. In fact, our calls are routed through a call center in Canada to further ensure that phone records can never be subject to subpoena. When tipsters reach out to us, whether it's via the hotline, the website or the mobile app, they are given a code number, which is how we identify them from beginning to end. Once we receive the information, we immediately pass the tip along to the appropriate law enforcement agency for investigation. Tips are disseminated to law enforcement 24 hours a day, as we have personnel working round the clock, seven days a week. If a tip ends up leading to an arrest, we pay out rewards the following Wednesday in cash, again using that code number that was given to the tipster in the very beginning. In 41 years of existence, not once has the identity of a tipster been known."

Question: Should a tipster's information be incredibly valuable, is there any way that they would/could be subpoenaed or even asked to speak, in person, with a law enforcement officer?

Trish Routte: "It's absolutely not possible. At no point in time do we ever know the identity of the tipster, therefore there is no way that law enforcement, attorneys or anyone could ever know. Even when tipsters inadvertently blurt out their name or connection to the crime or suspect, we never take that information down. Every single tip is sanitized of any identifying information, down to whether the caller is a male or female. There have definitely been times when law enforcement has tried to get the tipsters information, but every single time they're given the same answer - we just don't know. By not having that information, we can assure tipsters that their names will never show up in a police report and they will never be subpoenaed to testify in court."

Question: All Southwest Florida Crime Stoppers materials indicate that there is a potential reward for submitted information. How are reward amounts determined? How does a person obtain a reward without revealing their identity?

Trish Routte: "We do pay out rewards for information that leads to an arrest or the seizure of drugs or stolen property. Our rewards are up to \$3,000; the maximum reward would be for a homicide (and we've paid out on quite a few). We determine the reward amounts based on a points system that takes into account the seriousness of the crime, the number of crimes committed, a suspect's criminal history, the number of arrests, as well as the value of drugs seized or property recovered. We also place extra emphasis (and value) on tips that lead to the closure of cases involving the elderly or young children. Last year, we paid out just over \$150,000 in rewards. It's also important to know that not a single penny of tax dollars goes to fund Crime Stoppers. We are funded through 'bad guys'

money!' When a criminal is sentenced, they have to pay a \$20 fine, of which about \$16 comes back to Crime Stoppers in the form of a grant administered through the State of Florida. Those funds are used to keep the program running and to pay out rewards. So we are essentially using bad guys' money to put more bad guys behind bars! It's a win-win!"

Should you have information to share, there are a number of ways in which you can do so:

- Tips can be submitted by calling 1 (800) 780-TIPS (8477). Operators, including Spanish-speaking operators, are available 24/7.

- Tips can be submitted online at www.southwestfloridacrimestoppers.com.

- Tips can also be submitted using the P3 Tips mobile app.

Consumer Alert —

Shutting Down Tech Support Scams

With technology, it's easier than ever to connect with others and people are just a click or call away. Nobody knows that better than scammers - who might try to contact you about a supposed virus or malware they've "found" on your device. So, remember - if someone unexpectedly calls or messages you, claiming your computer's security is at risk, it's a scam.

It's alarming to get this kind of random notification, especially if it sounds serious and looks legitimate. Scammers often pretend they're tech support from a well-known company, like Microsoft or Apple. They expect you to open an email, text, or pop-up if you see a familiar name. They may also try calling you, hoping you'll react to an "urgent problem" with your computer. That's how they get your personal information or money to "fix" it. They want you to pay for tech support you don't need, to fix a problem that doesn't exist.

Here's What To Do

If you get an unexpected call from someone saying there's a problem with your computer, hang up. It's a scam.

Don't click any links in an unexpected message or email. And never call phone numbers left in voicemails, emails, texts, or social media messages.

Don't give your personal or financial information in response to an unexpected request. Legitimate organizations won't call or message asking for your Social Security, credit card, or bank account number, or your password.

Update your computer's security software. If you suspect a computer problem, run a security scan to find and remove malware. And turn on automatic updates so your security software can keep up with the latest protections against security threats.

You might know these calls, messages, and pop-ups are fakes - but you probably know someone who doesn't. Please share this information with your friends and family and pass it on to your community. And report scams to the FTC at ReportFraud.ftc.gov.

Got an urgent message about a virus on your computer? Don't click on any links or call a phone number.

ftc.gov/passiton



McGREGOR DENTAL WANTS YOUR SMILE!

NEW PATIENT SMILE SPECIAL
Cleaning, Oral Exam
& B.W. X-Rays
\$225.00 Value
NOW \$79.00

JEFFREY BOURNE D.D.S.
WILLIAM SHORACK D.D.S.
• 20 Years in Ft. Myers/Sanibel
• Emergencies Always Welcome
• State of the Art Dentistry

239.590.9919
15271 McGregor Blvd.
(Across from Gulf Harbour CC)

WE CATER TO COWARDS!



The patient and any other person responsible for payment has a right to refuse to pay, cancel payment or be reimbursed for another service, exam or treatment that is performed as a result of and within 72 hours of responding to the ad for the free, discounted fee, or reduced fee service, exam, or treatment. Cannot be combined with any other discount.



Pier One YACHT SALES® **Pier One YACHT CHARTERS**



COME VISIT OUR LOCATION AT THE FORT MYERS YACHT BASIN

Helping Residents Buy & Sell Their Boats of Any Size Since 2004

Let Our Multiple Locations Make Selling Your Boat Easy!

Fort Myers Yacht Basin
(239) 332-7998

Fishermen's Village
(941) 639-7777

Burnt Store Marina
(941) 637-7788

Palm Harbour Marina
(941) 697-7777

St. Petersburg Municipal Marina
(727) 317-5678

Boat & Motor Superstore
(727) 942-7767

Palm Bay Marina
(321) 723-0851

Pier One Yacht Charters
(888) 208-0070

www.pieroneyachtsales.com



www.pieroneyachtcharters.com

Real Estate Round-Up

By Bob Oxnard, REALTOR®

Have Home Buyers Been Waiting For This?

Whiskey Creek home prices are high; 30 percent higher than a year ago. July is typically a time when Realtors try to take some time off. Buyers and sellers are less active. Snowbirds have returned to the north. The contracts that are written for homes in July will close in August or September. Some real estate professionals call September Deadtember referring to the dearth of closings.

As with any business, there are things that should be worked on to improve the business. The Japanese



term "Kaizen" refers to the philosophy of continuous improvement of working practices and efficiency. Owners are well advised to work "on" the business when they are not working "in" the business. Summer is the time to do the things that are difficult when Realtors are busy with showings, contracts, financing, inspections, closings, and the day-to-day real estate happenings. It is a time when Realtors work on their strategic and short-term business plans, continuing education, and revising marketing materials.

This is also a time when other people and professionals have the time to make improvements in their own lives. For some, that will mean making that move to the place they would like to live when they retire. For others, they will make the move to a home in Southwest Florida before they retire, knowing they can wind down their professional lives while living in paradise some of the time.

Some savvy buyers look forward to the summer when things slow down to make their purchases. The pace is less frantic. Multiple offers are not common. Homes tend to sit on the market longer before receiving an offer. Although we are still in a seller's market, summertime helps level the playing field.

I know a business executive who owned a seasonal home here in Fort Myers for a few years before he and his family moved here permanently. They bought in the

summer and chose Whiskey Creek for their year-round home for many of the same reasons many of us choose to reside here, including location, reputation, resale value, prestige, and convenience. This executive later moved to a larger Whiskey Creek home, again in the summer. His family size had decreased from four children to empty nesters. He transitioned to a new career and now works from home. Having a home office and plenty of room for company and returning kids and their families was important to both.

After living in Whiskey Creek, it was an easy decision for them to move up while staying in this prestigious community. Friends in the neighborhood and at the Whiskey Creek Country Club were also important to them. The man's wife was emphatic that they stay in Whiskey Creek. I know this because I have been married to her for over 50 years.

There is an old saying, "When mama ain't happy, ain't nobody happy." Fran and I are both happy living here! Enjoy your summer.

If you have any questions or comments about real estate, please contact Bob Oxnard at whiskeycreeknews@yahoo.com.

Cook's Corner

French Onion Soup

¾ cup unsalted butter
6 Spanish yellow onions
3 garlic cloves
2 bay leaves
3 fresh thyme sprigs
Kosher salt and freshly ground pepper
4 ½ tablespoons of all-purpose flour
2 ¾ quarts of beef broth
1 baguette, sliced
¾ pound of grated Gruyere cheese

Melt the butter in a large pot over medium heat. Add the onions, garlic, bay leaves, thyme, salt, and pepper and cook until the onions are soft and caramelized, about 20 minutes. Discard the bay leaves and thyme sprigs. Dust the onions with the flour and stir them. Turn the heat down to medium low so the flour does not burn and cook for 10 minutes. Now add the beef broth, bring the soup back to a simmer, and cook for 10 minutes. Season with salt and pepper to taste.

When you are ready to eat, preheat the broiler. Arrange the baguette slices on a baking sheet in a single layer. Sprinkle the slices with the Gruyere and broil until bubbly and golden brown, 3 to 5 minutes. Ladle the soup in bowls and float several of the Gruyere croutons on top.

Security Report

By Michael Kuehn

As we transition from our short spring to our very long summer, pedestrian traffic increases along Whiskey Creek Drive. The temperatures force some of the people into the early morning or late evening hours when it is dark. Be safe! Wear bright clothing with reflective strips. Use small flashing lights that can be purchased at local pharmacies or dollar stores and can be clipped on clothing. Lights at front and rear are required on a bicycle after dark.



This month we had our regular patrols only 77 percent of the time due to personnel availability. There were seven traffic stops for stop sign violations with warnings issued. There were two traffic stops for speeding with citations issued. The deputy responded to a hangup 911 call and found everything okay at the location. The deputy was dispatched to juveniles shooting a pellet gun into a canal. The boys were located and educated and dispersed to their homes. The deputy was also dispatched to a disturbance at the condos behind the 7-Eleven. Keep your outside lights on and garage doors down. Lock all vehicles left in the driveway and remove all valuables and garage door openers from them.

Membership

By Gordon Lytle

As of May 31, 524 members have joined or renewed their memberships in the Whiskey Creek Civic Association for the year 2022. Of these, 21 were newly enrolled. We are glad to welcome them to our community. The names of those who have joined since May 1 are listed below (except for those who requested that their names not be published).

Karen M. Baughman
Mark A. and Susan W. Blust
Harry S. and Frankie L. Bricker
Dan and Gisela de la Torre
Kyle and Jennifer DeCicco
Richard Doug and Kimberley J. Denny
Robert G. and Doris Eastwood
Mischelle M. Endsley
Kelly L. Horton
Joel and Melissa N. Mitchell
Nancy Rader and Michael C. Motz
Anthony Petrucci
Dr. Edward W. Scoppettuolo, Jr.
Marilyn Adkins Spring
James G. Thomas

Whiskey Creek Civic Association

2021 Board of Directors

President	Cole Peacock	462-5805 colepeacock@comcast.net
Vice President	Jim McCabe	313-1056
Secretary	Kyle DeCicco	810-3729
Treasurer	Karen Tice	936-1475
	Wylar Gins	220-1036
	Seth Hartt	seth@boat-trailers.com
	Jessica Nolan	462-6885 weathersnolan@gmail.com
	Paul Copeland	464-8726 pcpoland@mcgriff.com
	Melissa Metzger	851-1561 msmetzger1119@gmail.com

Committees

Deed Restrictions Chair	Seth Hartt seth@boat-trailers.com	
Membership	Gordon Lytle	936-1475
Yard Committee Chair	Mark Franzer mfranzer@yahoo.com	

Whiskey Creek News

Editor	Jan Kotcamp whiskeycreeknews@yahoo.com	482-7679
Co-Editor	Elizabeth Chasse bettychasse@hotmail.com	603-973-2552
Website	Karen Tice karentice@earthlink.net	936-1475

Whiskey Creek News is now Mailed.

Articles for *The Whiskey Creek News* must be submitted to the editor by the fourth of the month.

Whiskey Creek Security is:

The Lee County Sheriff 477-1000

Whiskey Creek MSTBU Advisory Board

Members	Phone
Michael Kuehn, Security	454-6246
Roland Kotcamp, Lighting	482-7679
Steve Shoen, Irrigation	732-570-3321
Fitzroy Alexander, Landscaping	433-1836
Josh Malo, MSTBU Coordinator	533-2308

A Crystal Clear Pool Is A Call Away!



239-321-9492

Mike Stine
Owner/Operator
swimprospoolandspa@yahoo.com

**Swim Pros
Pool and Spa**

Commercial and Residential
Licensed & Insured

↔ *New selection of* ↔

Antiques, Waterford, Swarovski Crystal Lamps, Pictures

Sid Dickens Authorized Dealer

Vintage Peddler

Classic Furniture & Consignment

437-9117

Horizon Plaza

One mile south of Gladiolus

16050 S. Tamiami Trail, #106 • Ft. Myers, FL 33908

Just North of The Forest

Hours: Mon. - Fri. 11-4 • Sat. 10-4



How To Eat To Lower High Blood Pressure

By Mary Lou Williams, M. Ed.

What kind of diet would lower high blood pressure? A diet low in sugar and salt and high in potassium.

Potassium has the opposite effect of sugar upon the biochemistry of the body. Sugar increases secretion of insulin. Potassium lowers secretion of insulin. Sugar causes retention of sodium by the kidneys, thus raising blood pressure. Potassium causes excretion of sodium by the kidneys, thus lowering blood pressure. Sugar constricts the smooth muscle cells surrounding the arteries, thus increasing resistance to blood flow and raising blood pressure. Potassium relaxes the smooth muscle cells of the arteries, thus decreasing resistance to blood flow and lowering blood pressure. Sugar raises triglyceride and cholesterol levels and increases cholesterol deposits in the arteries. Potassium lowers cholesterol levels and decreases cholesterol deposits in the arteries.

Evidence In Support Of A High Potassium Diet

Given these effects of potassium, we would expect people with hypertension to have low levels of body potassium. Numerous studies have confirmed that this is indeed the case. The question then arises: Could increasing potassium levels by eating a diet rich in potassium lower blood pressure in people with hypertension? Two studies were done to answer this question. The first was an Australian study done in 1982, and the second was a study done in Italy in 1991. They had almost identical results:



Increasing dietary potassium in hypertensive subjects by increasing consumption of natural, unprocessed foods (legumes, fruits and vegetables) high in potassium allowed a more than 50 percent reduction in anti-hypertensive drug dosage in four out of five patients. One out of three developed normal blood pressure even when all drugs were discontinued. The investigators concluded: "Increasing dietary potassium intake from foods is a feasible and effective measure to reduce anti-hypertensive drug treatment." Please note: Stopping some kinds of hypertensive medicines suddenly can be lethal. Adjustment of medication should be done only under a doctor's supervision.

High Potassium Foods

What foods are high in potassium and low in sodium? Fresh fruits, fresh vegetables, whole grains, legumes, fresh chicken, fish, meat – in fact, almost any food that has not had its naturally high potassium to sodium ratio diminished by commercial processing. Virtually all fresh fruits are excellent sources of potassium – not only the famous banana, but apples, oranges, lemons, grapefruits, grapes, pears, peaches, apricots, pineapples, mangoes, plums, melons, etc.

Fresh vegetables vie with fresh fruits as sources of potassium. They include potatoes, peas, beans, corn, lettuces, spinach, peppers, mushrooms, garlic, onions, broccoli, cauliflower, asparagus, Brussels sprouts, zucchini and any other vegetable you can think of. All legumes have a high potassium to sodium ratio. These include pinto, red, black, navy, garbanzo (chickpea), and kidney beans as well as lentils and split peas. Natural

grains such as brown rice, wild rice, bulgur wheat, rolled oats and barley also have a high potassium to sodium ratio.

Foods To Avoid

The foods to be avoided are commercially processed food. One of the processes used in canning is to put vegetables into a salt solution to separate the ripe ones, which float, from the unripe ones, which sink. Canned whole tomatoes and some canned or frozen fruits may be bathed in a solution of sodium hydroxide to remove their peel. The canning process usually involves boiling the food, which leaches out the potassium. The tasteless result is then flavored with sodium chloride.

Although most fresh meats have a reasonably high ratio of potassium to sodium, processed meats, including hot dogs, pork sausage, bacon, smoked ham, canned meats, and cold cuts such as bologna and salami, have very low potassium to sodium ratios. With respect to processed meats, in February 2002, a Harvard study appeared in the journal, *Diabetes Care* that said the risk of diabetes is sharply boosted by a diet heavy in processed meats like hot dogs, bacon, and cold cuts.

Most of the vegetable oils sold in supermarkets have been extracted with harsh chemicals at high temperatures, bleached, and otherwise altered. (Extra-virgin olive oil, because it is so easily extracted is a healthy exception.)

Particularly avoid hydrogenated fats such as margarine and solid vegetable shortening. They contain trans fatty acids, which have been linked to risk of diabetes, obesity and immune dysfunction.

Shop around the perimeter of the supermarket, where you will find fresh food. Avoid the center of the store, where you will find the processed food – in cans, bottles, jars, boxes, packages and bags. A good rule of thumb – the closer the food is to the way it came out of the ground, the better it is for you.

Whiskey Creek Country Club News

Golfers are having a wonderful time playing in the summer league. You don't need to be a member to play in the league. Come and try out the golf course on Tuesday night. Sign in at 5 p.m. and enjoy playing fun golf with friends. Call the clubhouse for information.

Are you wondering what to give the golfer in your life ... then stop in at WCCC and choose from the large assortment of men's and ladies' logoed golf shirts, golf hats and visors. Whiskey Creek also sells sunglasses, playing

cards, koozies, notepaper and more. Maybe a Whiskey Creek gift certificate might make the perfect gift!

Stop in to see everything!

Golf and social memberships are always available.

Come and enjoy a lovely lunch Tuesday to Saturday and brunch on Sunday! On Tuesday night 5 to 7 p.m., enjoy the dinner of the day. Call ahead to see what is on the next Tuesday night menu. Stop in for a drink at the bar!

Contact the club for more details, (239) 481-3021.

Lee County Library System

Lakes Library
15290 Bass Road, Fort
Myers, FL 33919
(239) 533-4000



Wednesday
Online Storytime, All Day
Online Writers Workshop, July 20, 2 to 3 p.m.
Online Book Discussion for Adults, July 27, 10 to 11:30 a.m.

Thursday
Book Discussion: *The Eagle's Claw* by Jeff Shaara, July 7, 2 to 3 p.m.
Download Drop-In, July 21, 11 a.m. to 12 p.m.
Sea Lab, July 14, 10 to 11 a.m.
Tee Jellyfish Lanterns, July 14, 2 to 3 p.m.
Teen Map Making Here Be Monsters, July 21, 2 to 3 p.m.
Fin-tastic Shark Fun, July 21, 10 to 11 a.m.
Oceanography Down Under, July 28, 10 a.m.
Teen Role Playing Games: One Shot Adventures, July 28, 2 to 3 p.m.

Friday
Saturday
All-Abilities Kids Storytime, July 16, 10 to 10:30 a.m.
Teen Leadership, July 16, 2 to 4 p.m.

Lakes Library Hours:

Monday to Wednesday, 9 a.m. to 8 p.m.
Thursday, 9 a.m. to 6 p.m.
Friday, 9 a.m. to 5 p.m.
Saturday, 9 a.m. to 5 p.m.
Sunday, Closed

Upcoming Virtual Events And Programs For July

Monday
English Café, July 11, 18, and 25, 6 to 7:30 p.m.
Preschool Shark Storytime, July 18, 10:30 to 11:30 a.m.
Preschool Under the Sea Storytime, July 25, 10:30 to 11:30 a.m.

Tuesday

Neighbor's Letter from page 1

And speaking of community events: In celebration of Independence Day, be sure to join us on July 4th at 9 a.m. at the corner of Tanglewood Parkway and Manchester Boulevard for the Kids' Bike Parade. ALL are welcome to attend – decorate bikes, wagons, etc., to take part in the parade. Iona Fire Department will be on scene to start the parade and judge the decorating contest! Please come out to watch this fun parade and cheer for the kids taking part in this great neighborhood tradition. Also, please celebrate the July 4th holiday safely and courteously. Please be conscious of your neighbors and their pets while celebrating with fireworks, sparklers and other items, and try to celebrate ON the 4th not the 3rd and the 5th of July ☺. Let's all be sure to remember the reasons for our celebration – this great country and our freedoms – and most importantly thank a veteran because they gave the ultimate sacrifice.

Be well and God bless the U.S.A.

Sincerely,
Jim McCabe,

Your Neighbor and WCCA Board Vice President

Signs

Silence is golden unless you have kids, then silence is just plain suspicious!

Did You Know?

There are an average of 271 sunny days per year in the Fort Myers area.

Puns For Educated Minds

When the past, present and future go camping they always argue. It's intense, tense in tents!

The Right People

Make All The Difference.

With over 35 years in the title insurance business, Doug Stevens provides the complete customer closing experience.

When you work with Stewart Title, you get more than our industry expertise; you get the breadth of our experience, too.

We specialize in helping For Sale By Owners!

Contact me today and see what we can do for you!

Stewart Title Company serving all of SW Florida
12800 University Drive Suite 360, Fort Myers, FL 33907
(239) 489-2324 main (239) 872-2570 mobile
doug.stevens@stewart.com stewart.com/fort-myers

Whiskey Creek Resident



Douglas Stevens Jr.
Branch Manager

stewart
TIT F
Real partners. Real possibilities.™

Are You Having Trouble Controlling the Way You Eat?

Call: (239) 338-5948

Email: faswfla@gmail.com

fa FOOD ADDICTS in recovery anonymous
www.foodaddicts.org

Alliance For The Arts

The Chechens By Phillip Christian Smith
Aug. 5 To 7 And 12 To 14 – 7:30 p.m.
Aug. 5 – 2 p.m.

Beautifully written, *The Chechens* is an intense, funny and vital production. Set in modern day Grozny, the capital of Russia's Chechen Republic, rumors are going around that "certain people" are being rounded up and held in a camp on the East edge of town. Can one family protect their little brother who may or may not be the next target? Will they turn him in? Will they go so far as to honor-kill him? What prevails in the end – religion, politics or love?



This play is the winner of the Janet and Bruce Bunch New Play Contest Award.

This play stars Reuben Garcia, Miguel Cintron, Sharon Isern, Hollis Galman and Madelaine Weymouth.

Please note: If you are joining us for onsite programming,

we ask that you adhere to signage and procedures posted on our campus. Face masks are required at all times and you are advised to keep 6 feet (2 meters) between you and others. The Alliance has an air purification system that uses ionization and UV light to reduce virus particles, allergens and bacteriophage. We can't wait to see you back at our theatre!

Summer Concert Series

- July 7** – Entertainers '60s and '70s
- July 21** – Swing Street At The Hop Dance Party
- Aug. 4** – Swing Street Rockin' Beach Party
- Sept. 1** – Entertainers Summer Closer

Enjoy an indoor concert with your friends as you tap your toes to some fabulous music – in partnership with Naples Big Band. The Naples Big Band entertains the public with dynamic

Big Band performances in styles spanning the swing era to the modern day.

Kick off the summer with the music that shaped America! From swing and dixie to country, rock and pop, The Entertainers will supply the groove ... you bring the moves!

Seating for this concert series is first-come, first-served.

Alliance For The Arts, 10091 McGregor Blvd., Fort Myers, FL 33919, (239) 939-2787, artinlee.org.



Chronic Pain Self-Management Workshops

Learn How To Better Manage Your Chronic Pain

Would you like to learn how to better manage chronic pain conditions such as arthritis, fibromyalgia, back pain, headaches and more?

Lee Health's "It's All About You, Chronic Pain Self-Management Program" is a program offering a research-based chronic pain self-management program for the community. The workshop is free and meets weekly for six weeks.

Information presented in the virtual workshop can help you become empowered to improve your quality of life. Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy eating. Participants will also receive a copy of

the book *Living a Healthy Life with Chronic Pain*.

The sessions will be held on Wednesday beginning July 13, 1 to 3 p.m. (virtual session)

Please call (239) 424-3121 for more information.

About Lee Health

Since the opening of the first hospital in 1916, Lee Health has been a health care leader in Southwest Florida, constantly evolving to meet the needs of the community. A nonprofit, integrated health care services organization, Lee Health is committed to the well-being of every individual served, focused on healthy living and maintaining good health. Staffed by caring people, inspiring health, services are conveniently located throughout the community in four acute care hospitals, two specialty hospitals, outpatient centers, walk-in medical centers, primary care and specialty physician practices and other services across the continuum of care. Learn more at www.LeeHealth.org.

Crossword Solution from page 2



JOIN US THIS SUNDAY!
10am Worship Service
In Person or Online

Faith United Methodist Church
 15690 McGregor Blvd.
 Fort Myers, FL 33908

MyFaithUM.com ♦ Loving God & Loving People ♦ 239.482.2030

CARDIOLOGY CONSULTANTS
Of Southwest Florida

Your Neighborhood Cardiologists

Eliot Hoffman MD

Richard Daum MD

- *Accepting New Patients*
- *NO ADDITIONAL FACILITY FEES
- *Independent Cardiology Practice
- *Participating in most insurance plans
- *Experienced Board Certified Cardiologists
- *Nuclear cardiac stress testing, echocardiography, holter monitoring, treadmill stress testing, cardiac clearance
- *Pacemaker, ICD implantation and generator changes
- *Prompt appointments

Conveniently located on Daniels Pkwy in the Parker Commons Complex
 13411 Parker Commons Blvd, Suite 101 Fort Myers FL 33912
www.cardiologyconsultants-swf.com
239-415-4900

THE VEIN CENTER
AT CARDIOLOGY CONSULTANTS of Southwest Florida

Eliot B. Hoffman, MD, FACC

Offering Comprehensive Vein Care

- *Do you have tired, fatigued legs, swelling, burning, restless leg syndrome, varicose veins?
- *Comprehensive diagnosis and treatment of venous disorders
- *Laser ablation, ambulatory phlebectomy
- *Offering the most advanced laser system available
- *Emphasis on the treatment of varicose veins
- *Accepting most insurance and Medicare plans
- *Independent practice
- *NO ADDITIONAL FACILITY FEES

Call for an appointment:
(239) 415-4900
 13411 Parker Commons Blvd, Ste 101 Ft Myers FL 33912
www.veinlasercenter.com

General and Cosmetic Dentistry
Your Neighborhood Dentist Keeping You Smiling & Safe For Over 30 Years

Robert E. Hendry II
DMD, PA

The Aesthetic Dental Centre

13650 Metropolis Avenue Suite 108
 Fort Myers, FL 33912
www.AestheticDentalCentre.com
Call 239-768-5600

Creating Beautiful, Healthy Smiles

Catch The Action

July On The Water

By Capt. Bill Russell

This is the month summer weather settles in bringing hot humid days, often with little wind until early afternoon as a sea breeze kicks in, followed with thunderstorms. It's a good month for fishing, especially offshore with additional species in season. Most anglers opt for an early start to take advantage of calm seas, avoiding the mid-afternoon heat and storms.

For those looking to bring home fish dinner, mangrove snapper is the best bet through the summer. No need to make a long run offshore, as snapper are plentiful throughout the inshore and nearshore waters. Look for snapper under docks, bridges, piers, or about any type of structure. Many anglers do very well from shore without the expense of a boat. From a boat fish under deeper mangrove shorelines, oyster bars, sand potholes,



and rock ledges or structure in and near the gulf passes. Mangrove snapper are one of our tastier fish and fight hard for their size and make a great summer target. They are often leader and hook shy; if the water is clear, it's often necessary to lighten the tackle. Inshore, I generally go with 2 feet or more of 12- to 20-pound fluorocarbon leader and a 1/0 circle hook.

Calm summer mornings give good opportunities to run offshore and target grouper and other species. American red snapper season is open in gulf waters for recreational anglers through the month of July for those willing to spend the fuel money for a long run offshore. Gag and red grouper seasons are both open, expect the larger fish to be in deeper water. Seventy feet is a good starting point, but you may need to run well past 100 feet for larger fish. If you run out a little deeper, you may find red snapper and grouper around the same depths. To get updated grouper, snapper, and fishing regulations go to www.myfwc.com or download the Fish Rules app.

Closer in, within sight of land, reefs and wrecks can be productive with everything from snapper to goliath grouper. Anchoring up current of structure with a fresh chum bag is preferred. A variety of baits is a good idea as well as an arsenal of rods rigged and ready for light to heavy action.

Keep an eye open for speedsters such as bonito, Spanish mackerel, and possibly king mackerel harassing bait schools in depths from 20 to 90 feet. Small spoons or Tuna Jets in various colors can bring instant hookups when trolled around feeding activity. Watch for birds and surface commotion to locate the fish. If you have a live well full of baitfish, a little chumming may quickly get the action started. Artificial reefs are a natural attractant for baitfish followed by predators.

Catch and release snook fishing is at its peak through the summer. Large females are up and down the coast surrounded by smaller males as they complete their mating rituals. Possibly the best fishing happens in the surf along the gulf beaches. Snook will swim parallel to the beach, often just a few feet from shore in search of their next meal. This offers great sight fishing possibilities for both conventional and fly anglers.

Sharks are another summertime favorite. Varieties of species both large and small are common catches both inshore and off. While they are a nuisance for some, many anglers target them for their fighting ability. Sharks play an important role in our ecosystem; please make every effort to quickly release them unharmed. Every kid loves to catch a shark of any size. Now is a good time, just make sure and do it safely for both the angler and the shark.

Keep up to date with fishing regulations and seasons in the area you fish, as they change often. You can visit www.myfwc.com for all current state and federal regulations.

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: www.fishpineisland.com, email: gcl2fish@live.com.



Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 26 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."

Word Scramble Solution from page 2

- | | | |
|--------------|---------|----------|
| Swim | Dive | Splash |
| Bathing suit | Goggles | Float |
| Sunscreen | Heat | Snorkel |
| Towel | Pool | Exercise |

Sudoku Puzzle Solution from page 2

1	2	3	9	8	4	6	7	5
4	9	7	5	6	1	3	8	2
6	8	5	7	2	3	9	1	4
2	3	6	8	9	5	1	4	7
9	5	1	3	4	7	8	2	6
7	4	8	6	1	2	5	9	3
5	6	4	1	7	8	2	3	9
8	7	9	2	3	6	4	5	1
3	1	2	4	5	9	7	6	8

amavida

Resort Retirement Community

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE

2 BEDROOM FLOORPLANS STARTING AT

\$4,885

WE HAVE LIMITED AVAILABILITY
AND THE SUMMER SPECIALS
WON'T LAST LONG.

239.237.0501

amavidaliving.com

Quadrum Senior Living Community

AL#13261

SPLASH INTO OUR SUMMER SPECIALS

NO
LARGE
ENTRY
FEES!

Poetry Corner

Florida "Critters"

By Judith Foley

I think it is healthy
For fears to be shared
And I saw something lately
That had me REAL scared!

It wasn't a lizard
Or a gecko at play
They don't really scare me
Though I keep them at bay.

A Palmetto bug?
They still give me a chill
They're so big and so fast
Chasing them is a thrill!

A frog you might say?
Whether off white or green
I'm not crazy about
The ones that I've seen.

But the creature that scared me
And made me yell "EEK"
Was a tiny, black snake
In my driveway last week.

Now he wasn't much bigger
Than an over-sized worm
But the way that he moved
Made ME wiggle and squirm.

I know they're not harmful
They eat bugs and such
But that small bit of news
Doesn't comfort me much.

And I know people call them
The old "Farmers Friend"
If they'd stay on the farm
Then our quarrel would end.

So I took an old broom
Swept him under a leaf
As he slid through the grass
I was filled with relief!

Cause I don't mind most critters
On the land or in lakes
But I don't mind revealing
That I really HATE snakes!!!

Plan To Be A Hero: Give Blood This Summer And Beyond

As many people make warm weather plans, the U.S. Department of Health and Human Services encourages Americans to schedule another important appointment – a blood donation.



The United States is experiencing a severe blood supply shortage and summer is a time when supplies tend to drop even further. But the demand always continues, so it's important to give often.

Every two seconds someone in the United States needs blood or blood products. Blood donations help cancer patients, accident and burn victims, transplant recipients, individuals suffering from rare and chronic conditions and others survive.

Generally, donors must be aged 17 or older, or 16 with parental consent, weigh at least 110 pounds, be in good health, feel well, and not be taking antibiotics.

Common questions include:

What Happens During The Donation?

Donating blood is safe and simple. Whether you choose to give through a mobile blood drive or at a donation center, the process is similar.

- **Registration:** You sign in, show your identification, and read some information.

- **Health history and health check:** You fill out a questionnaire about your health, travel, and lifestyle to confirm your eligibility. Someone will check your temperature, blood pressure, iron levels, and pulse.

- **The donation:** While you're comfortably seated, your arm will be cleaned and sterilized. After blood is drawn from your arm, you get a bandage.

- **Refreshment and recovery:** You can then enjoy a light snack and drink while waiting 10 to 15 minutes before you leave and resume your daily activities.

Depending on the type of donation, the appointment can take anywhere from 1 to 2.5 hours.

Are Certain Blood Types Needed?

Blood banks need a diverse supply of blood, and the need for each blood type changes daily. Plus, blood types vary and can be more or less common in certain racial and ethnic groups. When a wide range of people donate, more lives are saved.

Can I Give Blood If I Had COVID-19?

It depends. If you tested positive for COVID-19, but did not have symptoms, you're eligible to donate blood 14 days after the positive test result. If you tested positive and had symptoms, then you must wait to donate until you are symptom-free for at least 14 days. If you were hospitalized, you may have received a treatment that requires you to defer your donation. For example, if you received a blood transfusion or convalescent plasma, you cannot donate for one year.

Can I Give Blood If I Got A COVID-19 Vaccine?

Yes. If you had an inactivated or RNA-based COVID-19 vaccine from AstraZeneca, Janssen/Johnson & Johnson, Moderna, Novavax, or Pfizer, you can donate blood if you are feeling well.

If you got a live attenuated COVID-19 vaccine or do not know what type of COVID-19 vaccine you received, you must wait two weeks before giving blood.

At your appointment, you'll be asked for the manufacturer name, so bring your vaccination card with you.

Who Are You Going To Call?

Florida is a wonderful place to live. We make new friends, and family loves to visit. Your neighbors may have met your children and even grandchildren. But do they know their full names and have their contact information?



Please consider sharing your next of kin information with at least two of your neighbors. Should something unfortunate happen to you, your neighbors are likely to be the first to notice first responders at your home. They could put the police in touch with the proper family members. Conversely, provide your family

with your neighbors' contact information should they want someone to just "pop in" for a wellness check when they haven't heard from you in a while but are hesitant to call the police for this.

You may think this is common sense, but I've already experienced having to do Google searches for old obituaries to find family related to an unexpectedly deceased neighbor – twice! Then, further searches are needed to find telephone numbers, which isn't easy these days.

So, do yourself and your family a favor and ensure your communication network is in place and give everyone a little more peace of mind.

Continental Women's Club

The Continental Women's Club will hold its monthly luncheon meeting on Thursday, July 7 at 11:30 a.m. at The Hideaway Country Club.

Our program this month will feature Doug MacGregor. Doug has been a cartoonist for over 40 years and is also a graphic designer, freelance artist and children's book author and illustrator. He currently works in the arts in healthcare field for Lee Health. Please join us for his entertaining presentation.

Continental Women's Club meetings are held on the first Thursday of each month at 11:30 a.m. at The Hideaway Country Club, 5670 Trailwinds Drive, Fort Myers 33907. The cost to attend the luncheon is \$24. Please call Liz Paul at (239) 691-7561 for additional information or to make a reservation.

Liz Paul



I ordered a chicken and an egg from Amazon ...
I will let you know!

For Lexophiles

Question: What do you call a dinosaur with an extensive vocabulary?

Answer: A Thesaurus

Local Action Numbers

Emergency	911	Lee County Transit	533-8726
Sheriff	477-1000	Libraries	479-4636
Action Coordinator	533-9400	Page Field	936-1443
Animal Services	432-2083	Parks and Recreation	533-7275
Chamber of Commerce SW FL	278-1231	Poison Info Center	1-800-222-1222
Child Abuse	1-800-962-2873	Red Cross	278-3401
Code Enforcement	533-8895	School Transport	590-4000
Dead Animal Removal	949-6246	Social Security Administration	1-800-772-1213
Div. of Motor Vehicles	533-6000	Suicide Prevention Lifeline	1-800-273-8255
Elder Helpline	211	Supervisor of Elections	533-8683
Emergency Management	477-3600	Road & Canal Maintenance	694-3334
Health Dept.	332-9556	Tax Collector	533-6000
Fraud Line	477-1242	Utilities (Water & Sewer)	533-8181
Lee County D. O. T.	533-8580	Waste Management	334-1224

Computer Problems? We do it all through the Internet... Fast...Easy...Secure!

If We Can't Fix It - It's FREE

- Virus / Spyware Removal
- Wireless Setups
- Networking / Internet Share
- Computer Tune-ups / Cleaning
- Custom Built PC's & Notebooks
- Data Recovery
- Troubleshooting
- All Certified Technicians
- Low Rates & Fast Service



NATCO-INC.COM

or call 1-571-642-2801

LCD Screen Repair • Custom Notebooks • Multimedia Applications
Intel IPD dealer • Microsoft OEM System Builder