

the Whiskey Creek News

www.whiskeycreeknews.net

Another Seabreeze Publication



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JUNE 2021

President's Message

Our community continues to grow, and we can see that in our backyard with home sales, new neighbors and the ever-increasing number of business relocating to Southwest Florida. The pandemic has changed the way most businesses operate as well as the quality of life they provide for their workforce which is not a bad thing at all. This continued growth and lifestyle shift has encouraged new venues and opportunities in our downtown which would not have been possible without the leadership of the city manager and City Council. If you have not been



downtown in a spell, you are missing out on the newly built Luminary Hotel and their amenities or the Sidney Berne Davis rooftop bar, Ford's Garage, IMAG's opening of the legendary Snack House Café, Oxbow riverfront restaurant, Art Walk, Music Walk, or Seed and Bean Market which is Florida's first cannabis café and all the improvements to the Edison Ford Winter Estates, just to name a few.

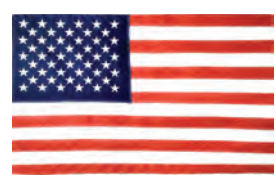
Summer is upon us and we get to enjoy those longer days and amazing sunsets. Summertime also means later afternoon walks with families and our furry friends and more kids playing in the neighborhood so please keep an eye out and drive a little slower and enjoy summer. This also means summer memberships and social memberships are available at the country club.

I always want to make sure we keep the neighbors up to date on happenings in our community coupled with WCCA Board votes and initiatives, which often triggers feedback, questions,

or concerns. All are welcome and appreciated. I would like to give a quick update on several items:

- Continuing the efforts to improve the entrances
 - *In process and we hope you have noticed*
 - Partnering with the country club on community events, community partnerships, membership programs
 - *Planning stages and agreed upon events are in process: all is going very well with our friends and partners at the club.*
 - *Respect for the club and golf course, is a recent issue concerning damage to the golf course. Unfortunately, this type of issue is starting to occur more frequently. Individuals on mopeds enter the club property and ride across numerous greens and fairways making "donut circles" and tearing grass. Please support the club in their efforts to stop these activities.*
 - Slow /Safety signs along Whiskey Creek Drive, professional DOT approved signs and locations
 - *Currently working with the county on proper sign locations and traffic counts, county has given us some updates that were not to our liking so we are continuing to work with the county to find a more acceptable solution.*
 - Continued discussion with Lee County regarding drainage ditches and speed bumps on high traffic streets in our neighborhood
 - *This is an open discussion, and we welcome and encourage your feedback on the Whiskey Creek/Tanglewood Facebook page <https://www.facebook.com/groups/1430022127286192> or by contacting the county staff, County Commission.*
 - *Working with Lee County on a maintenance schedule for our ditches and waterways*
 - *Speed bumps in high traffic side roads, not Whiskey Creek Drive, currently working with the county and DOT on traffic counts.*
 - *Waterways – starting discussion with the county and FGCU with the recent algae blooms for preventative measures*
- The WCCA Board for months has held our monthly meetings via Zoom out of an abundance of caution and will continue to do so until we feel it is appropriate to hold in-person meetings with residents attending. Please continue to visit the <http://www.whiskeycreeknews.net/directors.htm> home page for board meeting updates and information about our community.
- We continue to have one of the most desirable communities to live, play, retire or raise a family in and that is evident every day if you just look around our community. The WCCA Board is honored to serve the friends and families of Whiskey Creek. Stay safe, stay strong, and stay well.

Much respect,
Cole Peacock,
Board President, WCCA



Lyrics To National Anthem – The Star-Spangled Banner

Oh, say can you see by the dawn's early light
What so proudly we hailed at the twilight's last gleaming?
Whose broad stripes and bright stars thru the perilous fight,
O'er the ramparts we watched were so gallantly streaming?
And the rocket's red glare, the bombs bursting in air,
Gave proof through the night that our flag was still there.
Oh, say does that star-spangled banner yet wave
O'er the land of the free and the home of the brave?

On the shore, dimly seen through the mists of the deep,
Where the foe's haughty host in dread silence reposes,
What is that which the breeze, o'er the towering steep,
As it fitfully blows, half conceals, half discloses?
Now it catches the gleam of the morning's first beam,
In full glory reflected now shines in the stream:
'Tis the star-spangled banner! Oh long may it wave
O'er the land of the free and the home of the brave!

And where is that band who so vauntingly swore
That the havoc of war and the battle's confusion,
A home and a country should leave us no more!
Their blood has washed out their foul footsteps' pollution.
No refuge could save the hireling and slave
From the terror of flight, or the gloom of the grave:
And the star-spangled banner in triumph doth wave
O'er the land of the free and the home of the brave!

Oh! thus be it ever, when freemen shall stand
Between their loved home and the war's desolation!
Blest with victory and peace, may the heav'n rescued land
Praise the Power that hath made and preserved us a nation.
Then conquer we must, when our cause it is just,
And this be our motto: "In God is our trust."
And the star-spangled banner in triumph shall wave
O'er the land of the free and the home of the brave!

Yard Of The Month

Geraniums need a lot; pinching back, Miracle-Gro, water and attention were the instructions that Calvin (Cal) and Helen Knapp of 1460 Tredegar Drive proudly provided. I have to wonder if his cheerful nature is the primary fertilizer that causes these wonderful blooms to be so prolific. The Angola, Ind., couple arrived 43 years ago when Whiskey Creek was in its infancy and those years added to the sum of their 62 years of wedded bliss. Sadly, Helen passed 2½ years ago and his voice broke when describing her wonderful nature. You know, I really don't think it's his care of geraniums that graces his residence as much as it is his appreciation of the wonderful years spent with Helen in the neighborhood called Whiskey Creek. Stop in and take a peek; you certainly will depart with the wonder of having made a friend who's life is continually grateful and well spent!

Also, please check out Whiskey Creek's very own private Facebook page for additional community information, involvement and market areas! You'll

need to request membership to gain access! <https://www.facebook.com/groups/1430022127286192>

For those that would like to nominate other homes in our lovely Whiskey Creek, please send your nominations to WC.yardofthemonth@yahoo.com.



1460 Tredegar Drive

Security Report

By Michael Kuehn

We are still receiving complaints about parking in the bicycle lane along Whiskey Creek Drive. The bicycle lane is a **no parking zone** all the time. You may stop for a short period of time such as picking up or discharging passengers or making a delivery. Another question that has been raised recently is, "What does the bike lane line changing to a broken white line at intersections with a stop sign



Security Report on page 5

Consumer Alerts

Don't Open Your Door To Grandparent Scams

By Emily Wu, Attorney, Federal Trade Commission

When it comes to scammers, nothing is sacred – including the bond between grandparent and grandchild. Lately, grandparent scammers have gotten bolder: they might even come to your door to collect money, supposedly for your grandchild in distress.

These kinds of scams still start with a call from someone pretending to be your grandchild. They might speak softly or make an excuse for why they sound different. They'll say they're in trouble, need bail, or need money for some reason. The "grandkid" will also beg you to keep this a secret – maybe they're "under a gag order," or they don't want their parents to know. Sometimes, they might put another scammer on the line who pretends to be a lawyer



Word Scramble

Sweets

By Ellie Neal

- | | |
|-----------|-----------|
| Wsenobri | Sokeioc |
| Fyfat | Hlooccaet |
| Rgsau | Kace |
| Kslpsenir | Oplipoll |
| Gdndiup | Turf |
| Ugdef | Dnyac |

Word Scramble Solution on page 7

Sudoku Puzzle

			6		5			2
							9	
2							6	8
	4				1			
5			2					
9		7			4			2 3
	5							
	1			2				
		3		5 9				4

Sudoku Puzzle Solution on page 6

needing money to represent the grandchild in court.

But, instead of asking you to buy gift cards or wire money (both signs of a scam), the scammer tells you someone will come to your door to pick up cash. Once you hand it over, your money is gone. But you might get more calls to send money by wire transfer or through the mail.

To avoid these scams and protect your personal information:

- Take a breath and resist the pressure to pay. Get off the phone and call or text the person who (supposedly) called. If you can't reach them, check with a family member to

get the real story. Even though the scammer said not to.

- Don't give your address, personal information, or cash to anyone who contacts you. And anyone who asks you to pay by gift card or money transfer is a scammer. **Always.**

- Check your social media privacy settings and limit what you share publicly. Even if your settings are on private, be careful about what personal identifiers you put out on social media.

If you lost money to this kind of scam, it was a crime, so file a report with local law enforcement. And if you get any kind of scam call, report it at ReportFraud.ftc.gov.

Crossword Puzzle

Across

- Road or bridge fees
- Formally surrender
- Wanes
- Utilize
- Anagram of "rave"
- Satyr
- Hospitality to strangers (Ancient Greece)
- Church benches
- Buckeye State
- Nebulous
- Mobile phone
- Inn
- Stop
- Arid
- Ideal
- Toil
- Pensive
- Paroxysms of chest pain
- Hit
- Mosaic tile
- A medieval steel helmet
- Enema (archaic)
- To tax or access
- Grant
- Dishonor
- Close
- A 20th century art movement
- Ancient Peruvian
- Placed
- Leg bone
- Encounter
- Leer at
- Gives forth
- Existence
- Join

Down

- Cab
- Baking appliance
- Territory
- 53 in Roman numerals
- Gash
- Seat of government
- Flatter
- A rudimentary inner toe
- At one time (archaic)
- Self-centered
- An inferior black tea
- Sureties
- Filched

- Garden of decorative shrubs
- Charges
- Immediately
- Sea eagle
- Tatters
- Disembowel
- A bladed medieval weapon
- Anoint (archaic)
- Satisfactory
- Hawaiian strings
- Permits
- Mollify

- Whiskered
- Exhilarate
- Japanese cartoon art
- Segments of DNA
- Contests of speed
- Consumer of food
- Not fast
- Citrus fruit
- Nile bird
- Location
- Spar

Crossword Solution on page 6

1	2	3	4	5	6	7	8	9	10	11	12	13		
14														
17														
20														
25	26	27	28		29			30						
31					32			33			34	35	36	
37								38						
39							40		41					
45	46	47					48				49			
50											52	53	54	55
56														
59														
62														



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Catch The Action

June On The Water

By Capt. Bill Russell

As we kick off the summer season in Southwest Florida, it's a great time to load up the rods and reels, hit the water, and just have fun. Rather than get caught up with what species is in season, what is closed, what can I keep, and is it big enough, just go fishing.

We are lucky to have a lot of different fish, and of all sizes, that make our waters home through the summer. Some days I like to count just how many different species we catch, while not targeting any certain species. Children love this, large or small, every fish is cool for them to catch, different shapes and sizes make it even better.

We may catch everything from small fish that will fit in your hand to sharks large enough to demand respect. We may start by catching little fish like pinfish or ladyfish that will hopefully become bait for something larger. If we locate a bunch of birds dipping to the water, we expect feeding activity, this would be a great time to cast a small shiny spoon or lure in hopes of Spanish mackerel or any other hungry predators.

If you want live baitfish and have the ability and desire to throw a cast net, there should be plenty of bait around on the shallow grass flats. A good live well, plumbed with a pump to continuously exchange water, is necessary to keep bait alive and frisky. A lot of different fish species are feeding on the summer bait schools, even if you aren't netting bait, it's still a great place to fish.

If the mess and hassle of catching live bait isn't your thing, we have plenty of tackle shops and bait stores selling live shrimp and other goodies. Apart from mullet, I believe every fish in our coastal waters dine on shrimp. They are a great bait, buy more than you think you will need as you can go through them quickly.



And there are artificial baits, they require more work, but it is always a great feeling to fool a fish into eating a chunk of plastic, metal, or feathers. There are way too many different baits and lures to get into in this column. If you don't already have an assortment or favorite, hit up your local tackle shop. Small or family-owned tackle shops are a wealth of knowledge, I highly recommend them over the big box stores.

With the various baits, we want an assortment of rods and reels if we intend to fish for species of different sizes. If we have just one rod and reel, that's fine too; actually, it may be more fun and challenging. If the interest is there to hook into a shark with the hopes of landing it, then at least a couple feet of wire leader is necessary. No need to waste money on heavy wire or cable, single strand wire from 50 to 80 pounds is all you need, unless you are after really big fish with ultra-heavy tackle.

June is prime time to tangle with a big tarpon if you're up to the challenge. They will be roaming throughout the inshore waters, gulf passes, and a short distance off the beaches. If it's a fish dinner you're after, mangrove snapper is your best bet. Snapper will be caught in good numbers inshore and around nearshore reefs throughout the summer.

I challenge you to go fishing with no expectations, a day

where you relax, take in the beauty of nature, and just live in the moment. If you catch fish great, if not, that's fine too. Funny thing is, when we lower our expectations and relax, we are often rewarded with some of our best days of fishing. Give it a try!

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: www.fishpineisland.com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 26 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."



Do The Right Thing

Do you know a child who deserves to be honored as an outstanding citizen or student for his or her exemplary behavior, good citizenship, positive attitude or willingness to help others?

If so, the Lee County Sheriff's Office encourages you to nominate a child for recognition in our monthly Do the Right Thing program.

Nomination forms are available online at www.sheriffleefl.org. For more information, call Program Director John McGraw at 258-3295 or email jmcgraw@sheriffleefl.org.



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Membership

By Gordon Lytle

As of April 30, 485 members have joined or renewed their memberships in the Whiskey Creek Civic Association for the year 2021. Of these, 34 were newly enrolled. We are glad to welcome them to our community. The names of those who have joined since April 1 are listed below (except for those who requested that their names not be published).

Theresa L. Becerril
 Roberta J. Berger
 Mark A. and Susan W. Blust
 Ronda Bressler
 Brianne and Donald Carter III
 Cynthia Ann and Frank J. Chunderlik
 Donna M. Collins
 Mark A. and April L. Counts
 Judith A. Cromer
 Joseph P. and Sydney P. D'Alessandro
 Dan and Gisela de la Torre
 Alex Tyler Dessak
 Robert G. and Doris Eastwood
 Amy Susan and Ronald Paul English Jr.
 Edward and Lois Fistek
 Karen C. Goldberg
 Kenneth, Tamalynne and Mary Gomez
 Noah C. and Megan L. Grimes
 Gordon S. and Debra L. Haggard
 Gregory G. and Gretchen S. Hill
 Edward and Susan Holmes
 Kelly L. Horton
 Joseph E. and Donna J. Hughes
 Frances Argean Johnson
 Richard A. and Carol C. Kach
 Roland T. and Janice R. Kotcamp
 Aimee M. LaPlante
 Daniela Kelly and Claudio Lodes
 Kurt A. and Diane M. Ludwinski
 Teri A. and Heric J. Marker
 Thomas J. and Ruth A. Marquardt
 James and Christine M. McClellan
 Rachel Rebecca McCutcheon
 Donald M. and Michele J. McDaniel
 Eduardo and Olga V. Moas
 Michael and Nancy E. Novak
 Michael K. and Laura J. Owens
 Barbara J. Radziewicz
 Raymond A. Sarlo
 Robert K. Loflin and Michele Savage
 Michael Ray Schaper
 Julie Spivy
 Ronny S. and Marie Taschner
 Charles P. Touton
 Cathy Trent
 Terri Viles
 Rade Vujaklija

Real Estate Round-Up

Is This The Roaring Twenties Redux?

By Bob Oxnard, REALTOR®

When the COVID pandemic hit early last year, we heard dire predictions about the future of our health, our country, and the negative impact this disaster would have on our economy. Dealing with the pandemic polarized Americans. A recent poll discovered that there is one thing we do agree on ... we are a country divided.



We have now survived COVID for the most part. It looks like, as a country, we are poised to make an economic comeback that may rival the prosperity generated during the "Roaring Twenties" of the last century. There are similarities, yet a plethora of differences as well. Real estate is just one example to show that some people are spending freely to upgrade their home and neighborhood. Whiskey Creek has seen its share of increased prices and a dearth of inventory. We are enjoying the benefit of cheap and plentiful money in the hands of buyers who desire a better place to live and have the ability to invest in the security of a nice home in a desirable location.

On the other hand, there are those who are not as fortunate. COVID has changed the landscape for employment. Many, through no fault of their own, have lost the jobs for which they were trained and in which they spent years of gainful employment. Others find themselves in areas of high density or high rent that no longer provide enough resale value to let them vote with their feet by selling. We are again divided with household haves and have nots.

Housing is not the only market competing for consumer dollars in this new Roaring Twenties. My family has enjoyed camping most of our lives. In case

you didn't know it, the RV industry is going gangbusters. Bicycles are likewise in high demand. Good luck getting service on either one. International travel is not an easy option. Florida staycations are in vogue. Larger resorts may appeal to some, including spring breakers, but many of us are still wary of some of the traditional ways to take a vacation.

People are looking for ways to invest in the post-COVID recovery. If deciding between making an investment in stocks, bonds, gold, or real estate wasn't hard enough, now we have cryptocurrencies, renewable energy, and new technologies like self-driving cars vying for our resources. I recently heard advice to invest in necessities if you want to limit your down-side exposure.

Does "necessities" mean food, clothing, and shelter to you? And if shelter is a necessity, are second homes a necessity? I feel so sorry for our Canadian neighbors who also have homes here in paradise and were unable to enjoy them this past year. I look forward to welcoming them back with open arms later this year.

With all of the things dividing us, we should count our blessings and appreciate the things that unite us. We are the survivors. We made it through a once-in-a-century, worldwide pandemic. We all lost someone or something. But we all can be thankful for someone or something as well. We have a very desirable community and great neighbors in Whiskey Creek. We enjoy our homes. They are not only assets and necessities, but also are prestigious and appreciating in value.

Now that it is summer, we can also be thankful for less crowded roads, restaurants, beaches and entertainment. I look forward to seeing you on the golf course, or riding through the neighborhood on your bicycle or golf cart. Whiskey Creek Drive is great for walking and jogging. I love seeing neighbors waving to each other as they pass. It's like we are one big family ... 5,000 strong. Could it be any better than this?

If you have any questions or comments about real estate, please contact Bob Oxnard at whiskeycreeknews@yahoo.com.

Fort Myers Republican Women's Club

Florida District 78 Representative To Be Speaker

Jenna Persons-Mulicka, Florida District 78 Representative, will be the featured speaker at the Tuesday, June 15, Fort Myers Republican Women's Club luncheon. The club has resumed meeting at The Landings in South Fort Myers. Persons-Mulicka will provide an update as to what legislation passed and didn't pass during the 2021 Florida legislative session. A question-and-answer session will follow her prepared remarks.

The public is invited to attend the luncheon and the program being held at The Helm Club, The Landings, South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program. The luncheon cost is \$20. Reservations are required by Thursday, June 10, and may be made by contacting Tina Laurie, 489-4701, or emailing astout34@comcast.net or social.lady@yahoo.com.

Additional information about the club may be obtained by contacting Tina Laurie, 489-4701.

Whiskey Creek News

*The very popular Whiskey Creek Country Club Tuesday Summer League runs through Oct. 28. Registration: 5 to 5:30 p.m., Tee off 5:30 p.m., Player golfs nine holes, call (239) 481-3021 for details.

*Summer golf membership (golfing and full clubhouse privileges) available now through Sept. 30.

Pro Shop ... Need a gift? Some of the many new items for purchase are sunglasses, new logoed golf shirts and jackets, visors, hats, baseball-style caps, and assorted golf merchandise such as Tervis Tumblers, ball markers, golf gloves and golf balls. Also available are Whiskey Creek Country Club (WCCC) gift certificates!

Stop in and have a drink ... see a beautiful club with a lovely, relaxing view and friendly people ... located right in your neighborhood. Pick up a brochure and see what WCCC has to offer both you and your family for 2021!

Contact the club for more details at (239) 481-3021.

Minors (children under the age of 17) may not be on Whiskey Creek Country Club property unless playing golf and accompanied by an adult or seated in the clubhouse and accompanied by an adult.



I grew up with Bob Hope, Steve Jobs and Johnny Cash ... now there's No Jobs, No Cash and No Hope! Please don't let anything happen to Kevin Bacon!



The New Math:

\$1 = \$8

That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

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	Jessica Nolan	462-6885 weathersnolan@gmail.com

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Whiskey Creek Security is:

The Lee County Sheriff 477-1000

Whiskey Creek MSTBU Advisory Board

Members	Phone
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Roland Kotcamp, Lighting	482-7679
Steve Shoen, Irrigation	732-570-3321
Fitzroy Alexander, Landscaping	433-1836
Josh Malo, MSTBU Coordinator	533-2308

Don't Fall Short Of Your Vitamin D

By Mary Lou Williams, M. Ed.



About 90 percent of hip fractures involve falls. Therefore, prevention of falls is crucial for prevention of hip fractures. And vitamin D is crucial for prevention of falls. That is the conclusion of a study published by H. A. Bischoff and other researchers in the *Journal of Bone and Mineral Research* in February 2003. In this study 122 elderly women, whose average age was about 85, were divided into two groups. One group received 1,200 milligrams of calcium plus 800 international units of vitamin D. The other group received 1,200 milligrams of calcium alone for 12 weeks.

The calcium plus vitamin D treatment resulted in 49 percent reduction in the incidence of falls compared with the calcium treatment alone.

How Vitamin D Prevents Falls

How can vitamin D prevent falls? By increasing muscle strength. In this same study, muscle function improved significantly in the calcium plus vitamin D group compared with the calcium alone group. Many other studies support the connection between vitamin D and muscle function. Previous research has shown that vitamin D deficiency results in muscle weakness and impaired balance. Muscle weakness and impaired balance increase the risk of falls.

Muscle Weakness: A Risk Factor For Falls

Numerous studies attest to muscle weakness as a risk factor for falls. In a study published in the July 2004 issue of the *Journal of the American Geriatric Society*, a research team led by J. D. Moreland evaluated and summarized the evidence from 13 different studies of muscle weakness as a risk factor for falls in older adults. In these studies that met the highest standards for research methods employed, muscle weakness was found to be a consistent risk factor for falls among older adults, especially for recurrent falls. Muscle strength in older adults was evaluated through various criteria such as gait, body sway, ability to stand on one foot, ability to stand from a sitting position without using the arms, grip strength, quadriceps strength, leg extension strength, and ability to climb stairs.

Vitamin D Deficiency And Muscle Weakness

Vitamin D deficiency plays a role in sarcopenia, the loss of muscle mass and muscle strength with aging. A study, also published in the *Journal of the American*

Geriatric Society in February 1999 by Mowe and others, found that older people with reduced muscle function often had reduced serum concentrations of vitamin D. This finding was corroborated by a study published in December 2003 in the *Journal of Clinical Endocrinology and Metabolism*. Visser and other authors of the study found that low levels of vitamin D increased the risk of sarcopenia in older men and women: In men and women 65 years and older, those with low levels of vitamin D were more than twice as likely to experience sarcopenia as those with high levels of vitamin D. A review article by Janssen and others in the *American Journal of Clinical Nutrition*, April 2002, entitled "Vitamin D Deficiency, Muscle Function And Falls In Elderly People," reported that vitamin D deficiency affects predominantly the weight-bearing antigravity muscles of the lower limbs, which are necessary for postural balance and walking. The article also reported that low serum concentrations of vitamin D have been correlated with the occurrence of falls in elderly people.

More Vitamin D: More Muscle Strength

Conversely, high serum concentrations of vitamin D are associated with greater muscle function. In a study published in the *American Journal of Clinical Nutrition*, September 2004, Bischoff-Ferrari and other researchers found that in both active and inactive adults aged 60 and over, those with the highest concentrations of vitamin D had significantly better muscular function in the lower extremities than those with the lowest concentrations of vitamin D.

There is biochemical evidence for the connection of vitamin D and muscle function: Vitamin D receptors have been found in skeletal muscle cells both in animal models and in humans. (*American Journal of Clinical Nutrition*, April 2002)

How To Get Your Vitamin D

The best food sources of vitamin D are fish liver oils, the most familiar being cod liver oil. Fatty fish such as salmon, herring, mackerel, and sardines are also good sources. Vitamin D occurs in lesser amounts in butter, cream, and eggs. Vitamin D is also found in shrimp and the skin of poultry.

But the best source of vitamin D overall is the sun. Vitamin D is made in the skin, with the help of essential fatty acids, in the presence of sunlight. Exposure to sunlight for as little as 20 to 30 minutes a day should be enough vitamin D for our bodies. So, for your daily dose of vitamin D, take a walk on the sunny side of the street, but watch your step.

Security Report from page 1

indicate?" The broken line indicates that as the driver of a motor vehicle you may move into the lane to make a right-hand turn if you desire. You are not required to do this. You would probably be smarter to stay in the traffic lane, pull up to the stop sign, check for pedestrians and cyclists, and then make your turn. Cyclists are required to obey all the same traffic laws as a motor vehicle. This includes coming to a complete stop at a stop sign.

This month we had 18 traffic stops at a stop sign resulting in 17 warnings and one citation. We had one traffic stop on a golf cart driven by an underage driver from the 7-Eleven store. The parent was contacted and picked up the child. The cart was driven home by a qualified driver and two warnings were issued. There was an alarm call in the business park off Whiskey Creek Drive at College Parkway. The building was cleared and turned over to the keyholder. Two vehicles were found with the driver's door open. The owner was contacted, and the vehicles were secured. Once again juveniles were stopped from jumping off the bridge into the canal at the clubhouse. A suspicious person was located and cleared, a driver was assisted with a disabled vehicle and a hang-up 911 call was checked and cleared by the sheriff.

Whiskey Creek Country Club (WCCC) had vandalism occur on the golf course. Mopeds were being driven on the green, tearing up the turf. The sheriff was notified, and a report was written. If you see anything or anyone out of the ordinary on WCCC premises, please call the sheriff and report what you see.

Keep your outdoor lights on and your garage door down. Remove valuables from your vehicle and lock the doors on any vehicle left in the driveway. If everyone participates, we can have a safer neighborhood. If you see something, say something.

Did You Know?

Lee County was created in 1887 from Monroe County. Adjacent counties are Charlotte County (north), Glades County (northeast), Collier County (southeast) and Hendry County (east).

Puns For Educated Minds

Two fish swim into a concrete wall. One turns to the other and says "Dam!"

For Lexophiles

He had a photographic memory which was never developed!

They Ask Why I Like Retirement!

Question: Why do retirees count pennies?
Answer: They are the only ones who have the time.

Local Action Numbers

Emergency	911	Lee County Transit	533-8726
Sheriff	477-1000	Libraries	479-4636
Action Coordinator	533-9400	Page Field	936-1443
Animal Services	432-2083	Parks and Recreation	533-7275
Chamber of Commerce SW FL	278-1231	Poison Info Center	1-800-222-1222
Child Abuse	1-800-962-2873	Red Cross	278-3401
Code Enforcement	533-8895	School Transport	590-4000
Dead Animal Removal	949-6246	Social Security Administration	1-800-772-1213
Div. of Motor Vehicles	533-6000	Suicide Prevention Lifeline	1-800-273-8255
Elder Helpline	211	Supervisor of Elections	533-8683
Emergency Management	477-3600	Road & Canal Maintenance	694-3334
Health Dept.	332-9556	Tax Collector	533-6000
Fraud Line	477-1242	Utilities (Water & Sewer)	533-8181
Lee County D. O. T.	533-8580	Waste Management	334-1224



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Sudoku Puzzle Solution from page 2

1	9	8	4	6	7	5	3	2
6	7	5	8	3	2	4	9	1
2	3	4	9	1	5	7	6	8
3	4	2	6	7	1	9	8	5
5	8	1	2	9	3	6	7	4
9	6	7	5	8	4	1	2	3
8	5	9	3	4	6	2	1	7
4	1	6	7	2	8	3	5	9
7	2	3	1	5	9	8	4	6

Crossword Solution from page 2

T	O	L	L	S		C	E	D	E		E	B	B	S			
A	V	A	I	L		A	V	E	R		G	O	A	T			
X	E	N	I	A		P	E	W	S		O	H	I	O			
I	N	D	I	S	T	I	N	C	T		C	E	L	L			
						H	O	T	E	L		C	E	A	S	E	
S	E	R	E			P	A	R	A	G	O	N					
T	R	A	V	A	I	L		W	I	S	T	F	U	L			
A	N	G	I	N	A					S	T	R	I	K	E		
T	E	S	S	E	R	A		B	A	S	I	N	E	T			
						C	L	Y	S	T	E	R		C	E	S	S
A	G	R	E	E		S	H	A	M	E							
N	E	A	R			S	U	R	R	E	A	L	I	S	M		
I	N	C	A			L	A	I	D		T	I	B	I	A		
M	E	E	T			O	G	L	E		E	M	I	T	S		
E	S	S	E			W	E	L	D		R	E	S	E	T		

Study Shows Older Americans Are Coping Best During The Pandemic

If you think older Americans have struggled to cope through the pandemic, think again. According to new research by a financial service firm, they have actually been faring far better than their younger counterparts.

The Age Wave Study focused exclusively on how different generations have held up emotionally and financially in the months since the lockdowns began, and some of its findings are at least as startling as how quickly even 70-year-olds came to love Zoom.

“COVID-19’s impact forever changed the reality of many Americans, yet we’ve observed a resilience among U.S. retirees in contrast to younger generations,” says Ken Dychtwald, Ph.D., the founder and CEO of Age Wave, a leading research think tank on aging, retirement and longevity issues.

While acknowledging up front that the virus itself disproportionately struck aging adults, the five-generational sampling of 9,000 people, age 18 and over, reveals more than a few surprises. Among them:

- While 37 percent of Gen Zers, 27 percent of millennials, and 25 percent of Gen Xers say they’d suffered “mental health declines” since the virus hit, only 15 percent of baby boomers responded likewise.

- Faring the best were those 75 and over – the Silent Generation that followed the so-called “Greatest Generation” – with a mere 8 percent of those respondents reporting any mental health deterioration. That would seem to run counter, as does the results for boomers (age 56 to 74), to early warnings that prolonged social isolation made older adults especially vulnerable to depression, anxiety and cognitive decline.

- Nearly 68 million Americans have altered the timing of their retirement due to the pandemic, and 20 million have stopped making regular retirement savings contributions.

Dychtwald attributes the two older generations’ resilience to having “a greater perspective on life.”

“They’ve seen wars and other major disruptions before,” he says, “and they know that this, too, will pass. Younger generations feel like, ‘What happened to my life? I mean,

I was supposed to go to college, or I was starting a new job, and now everything has changed.”

Most retired boomers and Silent Gens also had monthly Social Security checks to fall back on. Which explains why – though the pandemic has significantly reduced the financial security of a quarter of Americans – younger generations were slammed the hardest: Nearly one-third of millennial and Gen Z respondents characterize the impact as “very or extremely negative,” compared to 16 percent of boomers and 6 percent of Silent Gens who admitted to similar hardship.

Looking for any silver lining that’s come out of the COVID-19 crisis?

Well, 67 percent of respondents did say it’s brought their families closer together.

“The pandemic has certainly thrown into sharp relief what matters most in our lives,” says Ken Cella, a client service group principal. “And important discussions have taken place about planning earlier for retirement, saving more for emergencies, and even talking through end-of-life plans and long-term care costs.”

And with the study also showing that an overwhelming percentage of retirees yearn for more ways to use their talents to benefit society, financial service firms believe it’s time to redefine retirement more “holistically” to encompass what it calls “the four pillars” of health, family, purpose and finance.

Successfully addressing most of those pillars admittedly takes more financial savvy than many of us have, though, especially given ever-rising costs. But a local financial advisor has the perspective, experience and empathy to help.



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Crime Prevention At The Workplace

With many of us returning to the workplace following a lengthy time away, I felt that this month’s “Safety and Security Tip” should remind everyone of the importance of workplace security.

Most, if not all of us, go to great lengths to secure our homes and our vehicles, but do little when it comes to addressing our safety and security while at work.

Be aware of who is entering your business. Delivery persons, random visitors and guests should be greeted and identified. No one should be granted full access and all visitors, with the obvious exception of retail locations, should be vetted. Never assume that “someone else” likely

knows who this person is. Outdoor security cameras allow advanced notice of visitors and often deter wrong-doers from entering.

Consider keeping purses, wallets and other valuables in a locked drawer. Many of us simply opt to leaving a purse or handbag on the floor, beneath a desk or hanging on a chair. If drawers do not have locking capability, consider purchasing and installing desk/cabinet locks. Most sell for under \$6 and are available at larger retailers and online.

Should you be stepping out of the office for a brief period, lock all doors. If restroom trips leave your facility unattended, consider locking doors until you return.

Ensure that rear doors and windows are secured at all times, especially if your facility backs up to a desolate, poorly-lit and/or an area with limited visibility.

Always have your local law enforcement agency’s nonemergency number available and, of course, dial 9-1-1 under emergency circumstances.

Be proactive ... be careful ... and be safe. If you see something, say something, make the call!



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Sidney & Berne Davis Art Center

Recaptured
Opens June 4 – 6 p.m., closes June 24 – 3 p.m.
Cost: General admission: \$1 entry donation



For thousands of years, waste was a term that didn't apply to our planet. What was discarded by one creature, was a resource for another, until humans came along. Now waste is a major problem for our survival and the survival of the planet. We have become very good at hiding it, so the problem seems not very impending.



The world generates at least 3.5 million tons of plastic and other solid waste a day, 10 times the amount as a century ago. The United States is the king of trash, producing a world-leading 250 million tons a year – roughly 4.4 pounds of trash per person per day.

This year's challenge for our annual juried exhibition was to focus on "recapturing" that waste and turning it into a desirable piece of art.

Glass bottles, plastic bags and other waste that would end up filling landfills or floating in the sea have, in the hands of some artists, become a form of sustainable art that highlights the degradation of the planet and surprises with its originality. The possibilities stretch as far as the imagination.

Today's society generates an enormous amount of waste. As a result, recycling has become an essential action to protect the environment. Within this area, two approaches have emerged, downcycling and upcycling. In the former, the destructive cycle is slowed down but the resulting objects

lose quality as a result of the process, while in the latter they acquire value thanks to the creative intervention.

Just like us, our waste also deserves a second chance and upcycling has led to the emergence of an artistic movement known as recycled art — upcycled art or upcycling art — that is currently inspiring many artists around the world with its critical message regarding excessive consumption and environmental pollution. This type of art seeks to transform waste such as paper, cardboard, wood, glass, plastics, metals and rubber into works of art. The concept, therefore, goes beyond the conventional recycling of materials by creating objects that exceed the economic, cultural and social value of the original product.

Cooking For The Arts – An Evening In Tokyo
Saturday, June 12 (Event date moved from March 20)
6 p.m., cocktails – 7 p.m., dinner

Cost: \$250 for two guests; table of eight \$1,000

Cooking for the Arts is SBDAC's signature interactive dinner experience! This fundraiser features the best in food, friends, and wine while supporting the arts. Cook your way through a four-course dinner while taking part in live and silent auctions. Proceeds benefit SBDAC's Arts Education Programs.



Save The Reef
Opens June 4 – 6 p.m., closes June 24 – 3 p.m.
Cost: General admission: \$1 entry donation

Save the reef, an international effort is presented by a team of artists who share an interest in educating the public about the need to conserve and preserve our fragile ocean environment.

We offer an interactive three-dimensional exhibit surrounding the attendees with texture and color. The art communicates messages intended to stimulate discussion and promote action needed to protect our environment for future generations.

Mangroves As Poetry
Tuesday, June 8 – 6 to 7:30 p.m.

Free to the public

An evening of poetry with Zan Lombardo in conjunction with the **Save The Reef** exhibit that will change what you thought you knew about mangroves.

Sidney & Berne Davis Art Center (SBDAC), 2301 First St., Fort Myers, FL 33901, (239) 333-1933, www.sbdac.com.



Montage Women's Club

The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County. We meet on the fourth Thursday of each month at The Hideaway Country Club, 5670 Trailwinds Drive, Fort Myers, FL 33907. Meetings begin at 11:30 a.m. with a short social period followed by sit-down lunch at noon and then an informative speaker program. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal residents. We welcome you to visit Montage for a luncheon.

Our next meeting takes place on Thursday, June 24. Our featured speaker will be Alexandria Edwards, marketing and public relations coordinator, Edison and Ford Estates. Edwards hopes to bring some items from their archives to

showcase as a part of her presentation. She will provide interesting bits of information about these two famous inventors and dear friends (Thomas Edison and Henry Ford).

The luncheon fee is \$25 per person and the planned regular menu will be broccoli and cheddar quiche served with roasted rosemary potatoes, petite house salad with green goddess dressing followed by a chocolate raspberry mousse. The vegan entrée option will be grilled cauliflower steaks followed by a fresh fruit cup.

If you would like to attend a Montage meeting, need further information, or would like to make a reservation, please call Rita Artwohl at (239) 703-7787. Reservations cutoff to attend this meeting is noon, Thursday, June 17.

Word Scramble Solution from page 2

Brownies	Sprinkles	Cookies	Lollipop
Taffy	Pudding	Chocolate	Fruit
Sugar	Fudge	Cake	Candy



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Poetry Corner

'Tis The SEASON...

By Judith Foley

I'm a little bit worried
And I've got a good reason
Cause, the calendar says
That it's "Hurricane Season".

From June 'til November
We keep a close eye
On those tropical storms
As we watch them pass by.

We try to prepare
Like the Boy Scouts do
We purchase canned food
And an opener, too!

We check all our shutters
To make sure they're tight
We buy lots of water
And candles for light.

Flashlights and batteries
Are really a must
Stock up on our meds
Make a plan we can trust.

Buy a stove or a grill
Propane would be great
Or charcoal works, too
Do it early...don't wait!

A portable radio
Or a mini-TV
To keep up on warnings
For the storms we might see.

We hope that the "Season"
Will be quiet this year
And we all will be spared
From the storms that we fear.

Cook's Corner

Cheesecake Cookies

Ingredients

- 1/3 cup butter, melted
- 1/4 cup sugar
- 1/3 cup brown sugar, firmly packed
- 1 egg
- 1 cup flour
- 1 tablespoon lemon juice
- 1/3 cup chopped nuts
- 1 tablespoon cream or milk
- 1 (8-ounce) package cream cheese
- 1 teaspoon vanilla

Directions

Mix brown sugar, nuts, and flour together in a large bowl. Stir in melted butter and mix with your hands until crumbly. Remove 1 cup of the mixture to be used as topping later. Place remainder in an 8-inch square pan and press firmly. Bake at 350 degrees Fahrenheit for 12 to 15 minutes.

Beat cream cheese with sugar until smooth. Beat in egg, lemon juice, milk and vanilla. Pour mixture into baked crust. Top with reserved crumbs. Return to a 350 degree Fahrenheit oven and bake for about 25 minutes. Cool thoroughly and then cut into 2-inch squares. Makes 16 cookies. These can be baked the day before, covered with plastic wrap and refrigerated.

Lee County Library System

Lakes Library

15290 Bass Road, Fort Myers, FL 33919
(239) 479-4636

Upcoming Virtual Events And Programs

Sunday

Intermediate ESOL and Digital Literacy, 11 a.m. to 1 p.m.

Wednesday, June 2

Storytime Anytime, all day

Tuesday

*Intermediate ESOL and Digital Literacy, 11 a.m. to 1 p.m.

Wednesday

* Storytime Anytime! June 9, 16, 23, 30, New video each Wednesday

* Virtual Book Discussion For Adults, June 30, 10 to 11:30 a.m.

Thursday

* Citizen Classes, 9 to 11 a.m.

* Virtual Craft Club For Adults, 2 to 3 p.m.

Friday

* Basic ESOL and Digital Literacy, 6 to 8 p.m. (6/11, 6/18, 6/25)

Saturday

*Citizenship Classes, 9 to 11 a.m. (6/12, 6/19, 6/26)

Continental Women's Club

Please join us on Thursday, June 3 at 11:30 a.m. when our program will include musician Richard Watts. He will entertain with the distinctive sound of his accordion music and stories of his interesting life.

Continental Women's Club meetings are held on the first Thursday of each month at 11:30 a.m. at The Hideaway Country Club, 5670 Trailwinds Drive, Fort Myers 33907. Tables are "socially distanced" and masks are required. The cost to attend the luncheon is \$24. Please call Liz Paul at (239) 691-7561 for additional information.

Liz Paul

U.S. Coast Guard Auxiliary Offers One Day Boating Safety Class

Who: U.S. Coast Guard Auxiliary

What: Safe Boating Class

When: Saturday, June 19 from 9 a.m. until 4 p.m.

Where: 15660 Pine Ridge Road, Fort Myers, FL 33908

U.S. Coast Guard Auxiliary is offering the one day, "About Boating Safety" class. This beginner boating class will give the novice recreational boater the knowledge needed to obtain the FWC safety certification. Anyone born on or after Jan. 1, 1988 who operates a vessel powered by 10 horsepower or more must pass an approved boater safety course and be issued with a boating safety education identification card. This ID card must be in his/her possession along with photographic identification.

Recreational boating is fun and enjoyable, and we are fortunate that we have enough resources to accommodate the wide variety of pleasure boating demands. However, our waterways can become crowded at times and be a place of chaos and confusion. While being a marvelous source of recreation, boating, to the unprepared, can be a risky sport. Not knowing or obeying the navigation rules or the nautical "rules of the road," drinking alcohol or taking drugs while operating a boat, or choosing not to wear your life jacket, are all examples of human error or a lack of proper judgement.

The About Boating Safety Class will be held Saturday, June 19 from 9 a.m. until 4 p.m. in South Fort Myers at the Pine Ridge Community Center (next to the Iona McGregor Fire Station No. 75) at 15660 Pine Ridge Road, Fort Myers.

The presenters are trained professionals of the United States Coast Guard Auxiliary who facilitate the sharing of experiences and relate courseware to our local area. Gerald Durham, the Flotilla Commander of Flotilla 91 stated, "People are very busy today, and this one class can fit easily into most everyone's calendar. Unlike online classes, this program offers student interaction, shared perspectives, collaboration and local area knowledge." The cost is \$45 per person and includes study material. Advance registration is required, by phone (239) 690-6780, option 1 or online at <http://www.aux91fmb.org/safeboating/> – the class fills up quickly so register today.



The United States Coast Guard Auxiliary is the lead agency protecting America's seaward frontier in recreational boating safety. Our vessels and aircraft deploy across all the United States they aid or save countless boaters every year. Every day the auxiliary saves hundreds of thousands in property and saves countless lives.

The Coast Guard Auxiliary is the uniformed civilian component of the U.S. Coast Guard and supports the Coast Guard in nearly all mission areas. The auxiliary was created by Congress in 1939. For more information, please visit www.cgaux.org.

Please visit our website www.aux91fmb.org for future boating safety classes.

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A Sign On A Maternity Room Door

"Push, Push, Push."

Observations

I hope they give us two weeks' notice before sending us back out to the real world. I think we'll all need time to become ourselves again. And by "ourselves" I mean lose 10 pounds, cut our hair, and learn to get dressed in street clothes.



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