

# the Whiskey Creek News

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Another Seabreeze Publication



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SEPTEMBER 2019

## President's Column

By Kate Gooderham

### Whiskey Creek Civic Association's Moonshot

When the Whiskey Creek Civic Association learned that the majority of the deed restrictions were no longer in effect, because of a legal change, we took action. We held public meetings, we investigated methods of making the changes we wanted, we lobbied, we hired a lobbyist and an attorney, we got legislation passed, we prepared model deed restrictions, and then we asked each of the original units in Whiskey Creek to appoint at least three people to move forward with updated deed restrictions. The people of Whiskey Creek took on the challenge. We are almost there. Each week another set of restrictions goes to Tallahassee for review.

As a reminder, the finalized packet for each unit must be



sent to the state for approval and then must be recorded in the county records. This whole process must be completed by Dec. 31. We set Sept. 1 as a due date for submittal to give the state adequate review time and also allow time for the recording in the county records.

I want to thank each of the unit leaders for stepping up for their community. I want to thank each of you who care enough about our community to sign your commitment to the deed restriction. The Whiskey Creek Civic Association did all we could to make it possible, but it was the collective community that made it done!

I also want to thank Dennis Rodgers who has shepherded these restrictions through the process. He guided us through every step, which has been a multi-year process. Our community owes him more thanks than we will ever be able to give him. We are so lucky to have a brilliant man who has been so committed to getting this done.

I will provide the completed list of recorded units and their leaders in a later column.

## Mark Your Calendar



### Thursday, Sept. 5

Continental Women's Club will hold their luncheon meeting at 11:30 a.m. at The Hideaway Country Club. The speaker is Mark Loren of Mark Loren Designs. The cost of the luncheon is \$24. Call (239) 691-7561 for reservations.

### Monday, Sept. 9

Lee Republican Women Federated will hold their Lunch Meeting at 11:15 a.m. at The Marina at Edison Ford which is located adjacent to the Edison and Ford Winter Estates. The speakers are the mayors in Lee County. Participating are Mayor Anita Cereceda, Fort Myers Beach; Mayor Bill Ribble, City of Estero; Mayor Peter Simmons, City of Bonita; Mayor Randy Henderson, City of Fort Myers; Mayor Joe Covello, City of Cape Coral; and Mayor Kevin Ruane, City of Sanibel. Luncheon cost is \$22. Call (270) 210-1284 before Sept. 5 at noon for reservations.

### Wednesday, Sept. 11

**Whiskey Creek Civic Association will hold their September meeting at Whiskey Creek Country Club at 7 p.m. All are welcome!**

**Robert W. Hunter, certified audioprosthologist will be speaking on hearing, hearing loss, etc.**

### Thursday, Sept. 13

The Fort Myers Republican Women's Club will hold their luncheon at The Helm Club, The Landings, South Fort Myers. Social hour begins at 11:15 a.m. with luncheon to follow. Luncheon cost is \$20. Reservations are required by Thursday, Sept. 13. Contact Tina Laurie at 489-4701.

### Save The Date

### Monday, Nov. 11

**Whiskey Creek Fall Mah Jongg Tournament to be held at Whiskey Creek Country Club. Details to follow in the next few months.**

### Whiskey Creek Civic Association

#### 2018 Board of Directors

President	Kate Gooderham	489-2616
Vice President	Dennis Rodgers	
Secretary	Jeanne McCafferty	481-8460
Treasurer	Karen Tice	936-1475
	Sandra Wall	839-8466
	Bernie Lamach	590-0395
	Jim McCabe	313-1056
	Wylar Gins	220-1036

#### Committees

Deed Restrictions Chair	Dennis Rodgers	
	ecomantoo@comcast.net	
Membership	Gordon Lytle	936-1475
Yard Committee Chair	Mark Franzer	
	mfranzer@yahoo.com	
Newspaper Distribution Chair	Susan Kohler	
	susanehr@aol.com	410-7275

#### Whiskey Creek News

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	whiskeycreeknews@yahoo.com	
Co-Editor	Elizabeth Chasse	603-973-2552

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Articles for *The Whiskey Creek News* must be submitted to the editor by the fifth of the month, typed and double-spaced appreciated.

Whiskey Creek Security is:

**The Lee County Sheriff 477-1000**

#### Whiskey Creek MSTBU Advisory Board

Members	Phone
Bernie Lamach, Chairman	590-0395
Carl Schnurbusch, Security	481-6584
Roland Kotcamp, Lighting	482-7679
Steve Shoen, Irrigation	732-570-3321
Pam Geiger, Landscaping	989-245-2782
Tim Gard, MSTBU Coordinator	533-2308

## Yard Of The Month

Tammy and Tom Cox reside in this beautiful home at 1549 Sautern. Their pristine yard contains breathtaking flowering shrubs. With their artistic yard greeting me, Tom, a mining company owner, then gestured with pride to his wife's art studio as well as her exceptional talent displayed throughout their home. As this short interview concluded with indebted mentions of a home choice, neighbors and security; Tom's smile gratefully resonated from the anonymous nomination!

For those that would like to nominate other homes in our lovely Whiskey Creek, please send your nominations to [WC.yardofthemonth@yahoo.com](mailto:WC.yardofthemonth@yahoo.com).



1549 Sautern

## Security Patrol

By Bernie Lamach

This month, I will be temporarily substituting for Carl Schnurbusch as he is recovering from an auto accident.

During July we had two calls for alarms, both checked OK. There were nine traffic stops, of which three were stop sign violations, three for speeding and one for careless driving. There were three home calls for complaints and they were corrected, also one assist with an arrest for a bike theft.

Please be sure to call the normal sheriff's office phone at 477-1000 for complaints, and dial 911 for immediate action or problems. We are very fortunate to have this additional coverage by the sheriff's patrols.

# Word Scramble

## School Items

By Ellie Neal

Denralca Rppae Lhake Colkc  
 Rtpoeumc Cnepli Keds Pslreat  
 Oboks Sosiscsr Rrsae Snep

Word Scramble Solution on page 6

# Sudoku Puzzle

1			4					
	7		1	3				5
	9					1	2	3
	2	8	3					9
	4	9	5		7	2	1	
5					4	7	3	
9	1	6						7
	3			6	5		8	
					1			2

Sudoku Puzzle Solution on page 6

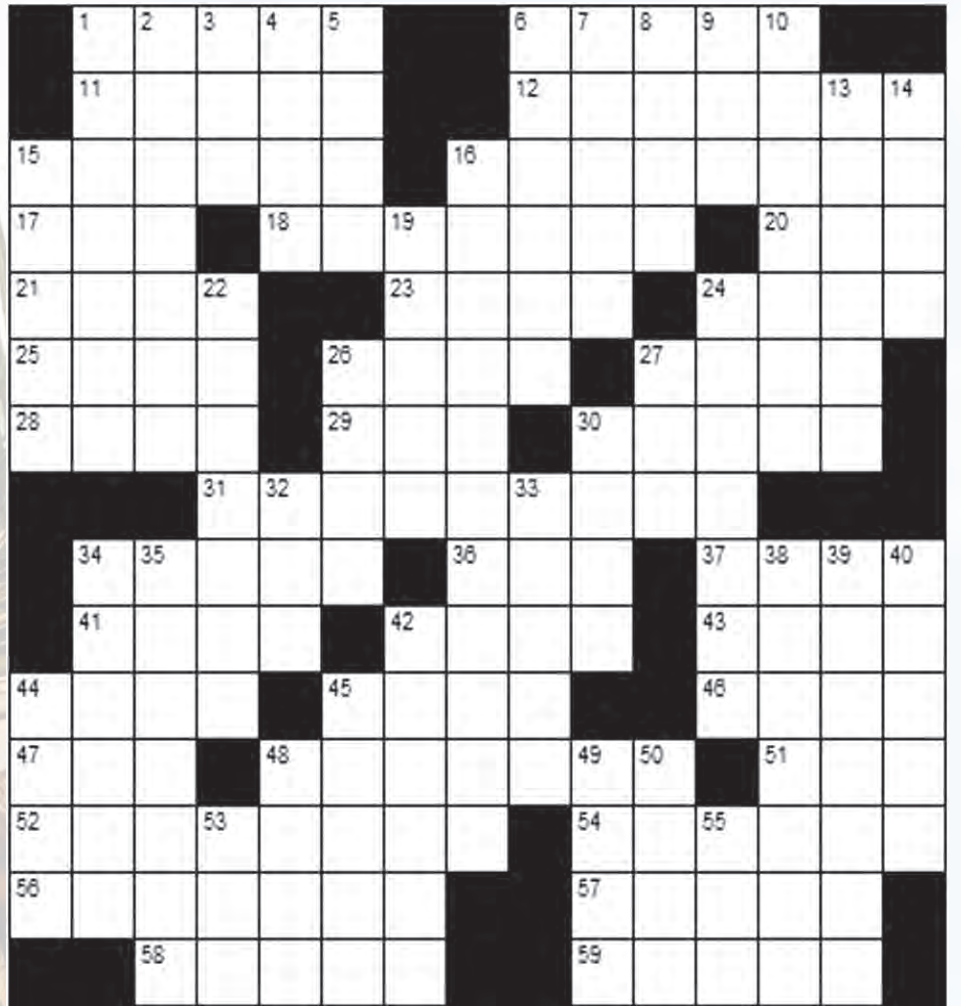
# Crossword Puzzle

## Across

1. A light informal meal
6. Roman cloaks
11. Claw
12. Voter
15. Relinquish
16. Tranquilizer
17. Arrive (abbreviation)
18. Cleaning device
20. Nourished
21. Teller of untruths
23. Always
24. Hairdo
25. Bristle
26. Tall woody plant
27. Senile
28. Biblical garden
29. Ancient unit of measure
30. Rhinoceros
31. A sweetened delicacy
34. Killed
36. Center of a storm
37. Circle fragments
41. Agreement
42. Extend credit
43. Container weight
44. Instant
45. \_\_\_ fide
46. Pitcher
47. Big fuss
48. Slide
51. Witch
52. He communicates via thoughts
54. Overnight bag
56. Ancient Roman galley
57. Avoid
58. More recent
59. Stitched

## Down

1. Celebrated
2. Provide commentary
3. Beer
4. Sprockets



5. Be cognizant of
6. A Native American tent
7. Not younger
8. Equipment
9. Play a role
10. Rigidify
13. Exaggerate
14. Start over
15. Not true
16. 17th
19. Creepy
22. Plunder
24. Excite
26. Not now
27. "Eureka!"
30. Marsh plant
32. Drollness
33. Tropical Asian starlings
34. Arachnid
35. Ointment ingredient
38. Untanned hide
39. Wrinkled
40. Twilled fabric
42. Hang around
44. Light bulb unit
45. Hold responsible
48. Gush
49. Nights before
50. Rant
53. Before, poetically
55. Legislation

Crossword Solution on page 6



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# ECHO's Annual Get Into Gardening Event

With an eye towards providing "more affordable foods for their families..." President and CEO David Erickson announces ECHO's annual **Get Into Gardening** event.

The event – for both new and experienced gardeners – is scheduled for **Saturday, Oct. 5** between **9 a.m. and 3 p.m.** and will take place at **ECHO's Global Nursery and Bookstore, 17391 Durrance Road, North Fort Myers.**

Free of charge workshops will be provided as well as guided tours of ECHO's Global Demonstration Farm and

a viewing of their Tropical Fruit Nursery. ECHO staff and volunteers hope to provide attendees with simple techniques useful for growing food.

Contact (239) 543-3246 for further questions.

### Workshops

- Gardening in Southwest Florida
- Container Gardening
- Backyard Beekeeping
- Tropical Fruit Grafting

- Growing Tips for the Home Gardener
  - The Basics of Building with Bamboo
- ### Guided Tours
- 9:30 a.m.
  - 10:30 a.m.
  - 11:30 a.m.
  - 12:30 p.m.



# Tunnel To Towers 5K Run And Walk

## Run And Walk To Honor Our Bravest

Join us **Saturday, Sept. 14 at 8 a.m. at Lakes Regional Park, 7330 Gladiolus Drive, Fort Myers.** Follow the footsteps of 9/11 hero, firefighter Stephen Siller, to ensure that we never forget and honor the sacrifices of our first responders and military heroes.

### What Is A Tunnel To Towers 5K Run And Walk?

The Tunnel to Towers 5K Run and Walk Series was created to honor the heroic life and death of Stephen Siller, a New York

City firefighter (FDNY) who lost his life on Sept. 11, 2001 after strapping on his gear and running through the Brooklyn Battery Tunnel to the Twin Towers.

Honor all of those who lost their lives on Sept. 11, 2001 and support our first responders and military who make extraordinary sacrifices in the line of duty! For more information on the Stephen Siller Tunnel to Towers Foundation, please visit [www.tunnel2towers.org](http://www.tunnel2towers.org).



Tickets are \$30 for adults (registration price will increase before the event), \$30 for first responders and military registration (registration price will never increase. Thank you for your service! Please bring identification to the event), \$20 for youth registration (ages 15 to 17), \$12 youth registration (ages 16 and under).

Registration will open from 7:15 to 7:50 a.m. on the day of the race at Lakes Regional Park. Online registration ([www.eventbrite.com](http://www.eventbrite.com)) will close on Sept. 13 at 7 p.m. T-shirts are only guaranteed to the first 300 participants of either the walk or the run. **Sign up early as we will run out.**

For more information contact [fortmyers@tunnel2towers.org](mailto:fortmyers@tunnel2towers.org).

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## Membership

By Gordon Lytle

As of Aug. 1, 608 families have joined or renewed their memberships in the Whiskey Creek Civic Association for the year 2019. Of these, 55 families were newly enrolled. We are glad to welcome these to our community. The names of those who have joined since July 1 are listed below (except for those who requested that their names not be published).

Kenneth and Carol A. Armstrong  
 Karol Marulanda and Ryan Boland  
 John Richard and Jennifer Brady  
 Mark and Arlene D. Burius  
 Christopher P. Casey  
 Bryan and Cathy Christle  
 Joel Mitchell and Melissa N. Cofta  
 Brent and Phyllis Cooley  
 Gregory Robel and Kimberly Cummings  
 Kyle and Jennifer Decicco  
 Alex Tyler Dessak  
 Pasqua Odorico and Ciro DiRosa  
 Dalton and Julie M. Drake  
 Jane Pearson and Margaret DuFala  
 George L. and Judy J. Ennis  
 John Parcels and Barbara A. Farrell  
 Mark and Jane Fischer  
 Rob and Janine Friscoe  
 Robert E. and Deborah M. Gainey  
 Christopher Moles and Vetra Genaro  
 Paul J. and Amelia A. Giordano  
 Janis Hopkins-Mangini  
 Richard J. and Julie A. Keating  
 Christian S. and Riane Elizabeth King  
 Rodney A. and Diane M. Larson  
 David D. and Ronna D. Lepper  
 Kurt A. and Diane M. Ludwinski  
 Steven L. McDermott  
 Kevin J. and Kelly Anne McMahon  
 John Mitsopoulos  
 Cynthia Yasher and Julienne Moc  
 Meredith and Eddie Murray  
 Michael Nealy, Sr.  
 Jean M. OBrien  
 Dawn J. F. Parker  
 Brenda Rogers  
 Raymond P. and Sarah Sarracino  
 John R. and Brenda J. Schnorbach  
 Marsha and Daniel Sheriff  
 Daniel L. Skaggs  
 Michelle J. Sorokoty  
 Andrea Steinweg  
 Diane L. Potter and Sydney B. Stewart  
 James P. and Joleen Studinski  
 Rade Vujaklija  
 Matthew C. Walk  
 Sally J. and Joseph P. Walker  
 Alan and Alba C. Williams

## Real Estate Round-Up

### How Many Homes Sell In Whiskey Creek In A Year?

By Bob Oxnard, Realtor®,  
 GRI, CRS

For those who want a quick answer they can skip the rest of this article, I will make it short. **In Whiskey Creek during the past five years, 247 of the 887 single-family homes changed hands.** This means an average of 5.6 percent of single-family homes sell each year. As of late July, there were only 19 single-family homes active or pending sale. The list price of these homes averaged \$368,000 which is \$184 price per square foot (ppsf) at just over 2,010 square feet under air.

A total of 25 single-family Whiskey Creek homes sold in the first half of 2019 with an average sale price of \$344,000 and a price per square foot of \$169. It is interesting to me that these homes sold closer to original list price (95.09 percent) than the average for the past five years (94.14 percent.) Average sale prices are up from 2018, but are down a little from 2017. One caveat; these statistics include higher priced waterfront homes, some with gulf-access.

**One might expect the duplex villas to sell at a faster pace** since most of Whiskey Creek Village Green



is a 55-plus age restricted community. Although not age restricted, Wyldewood Lakes Condo Association villas also have mostly older (55-plus) owners. In the past five years, 44 percent of these 495 units in Whiskey Creek and Wyldewood Lakes have sold, averaging 40 to 50 per year. Statistics for the first half of 2019 show 23 sales of villas averaging \$187,000, 1,532 square feet under air and \$119 price per square foot. Sale prices have increased 15 percent since 2015.

**Sales have remained very consistent for the past five years.** It tells me that Whiskey Creek continues to withstand the test of time and remain a desirable community. The effort of you and your neighbors this year to renew our expired deed restrictions is both an indication of civic pride as well as a commitment to ensure we live in a community that protects property owners and future home values.

Like many of you, Fran and I enjoyed traveling this summer. We took an extended road trip to the Pennsylvania Mountains for a combination wedding and family reunion. All of our four children and nine grandchildren (including Bobby and his three kids from Alaska) were together for a week of comradery and relaxation. It was an idyllic vacation with perfect weather, but I will have to admit that returning to our home in Whiskey Creek was like icing on the cake. Fran sighed as we pulled in, **"I hope we don't have to leave home again anytime soon!"**

*If you have any questions or comments about real estate, please contact Bob Oxnard at whiskeycreeknews@yahoo.com.*

## Golf Tournament Raises \$23,476 For Family Haven Foundation

### Charity Also Announces First Grant Recipient At Inaugural Fundraising Event

**Family Haven Foundation** hosted their inaugural golf tournament at The Club at Renaissance recently. Over 70 golfers competed in the event, which was followed by a post tournament barbeque at **Bucket's Wings & More**. All told, the event raised over **\$23,000** for the new foundation, whose stated purpose is assisting caregivers of children with unfit parents due to addiction.

"We are thrilled with the money we were able to raise today," says Family Haven Foundation President Tina Tusack. "Today was a great building block for our foundation. I want to personally thank all those who contributed including the golfers, those who bid on auction items, the volunteers, and the businesses who contributed with prizes."

The first recipients of the grant from Family Haven Foundation were also announced during the post-tournament party – **the Kelley family**. Eugene and Vicki Kelley have been raising their twin great-grandsons for the past two years, providing the boys

with a stable environment and a normal childhood to grow up in and thrive. The grant the Kelley family received will go to the boys' education needs.

"This grant allows our boys an educational opportunity we thought was only a dream," says Vicki. "To attend this school will change these children's lives forever, giving them the best chance to become confident, independent, productive citizens in the future."

"The most rewarding part of the event was getting to introduce the Kelley family to everyone who participated today," continues Tusack. "We have been so laser focused on fundraising, it is nice to see the end result of the hard work everyone has put into this. We are all looking forward to helping more families like the Kelleys in the future."

The winning team of the four-man scramble tournament was made up of Mike Williams, Garret Holiday, Dallas Elam, and Vinny Ganji of Fort Myers with a winning score of 57. A plaque featuring the group will be displayed at Bucket's Wings & More.

Those interested in making a donation can do so through the Family Haven Foundation website at <http://www.familyhavenfoundation.com>. The website also details the application process for those who wish to receive financial assistance. For all media inquiries, please contact Tina Tusack at [tinatusack@comcast.net](mailto:tinatusack@comcast.net).

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## Annual Whiskey Creek Fall Mah Jongg Tournament

It is time to say good-bye to the hot, wet summer again, so come and play in our annual November Mah Jongg Tournament!

- The date for this event is Monday, Nov. 11.
- The place is the Whiskey Creek Country Club, 1449 Whiskey Creek Drive, Fort Myers 33919.
- The time is 11 a.m. for registration, noon for the start of the tournament.

This year we will have a greater variety of food along with raffles, and door prizes.

We are having our "relaxed" section again. Some of the "relaxed" players may want to try their skills in the regular tournament.

The regular tournament consists of four 55-minute rounds in which you play four games in each round. The relaxed tournament consists of four 55-minute rounds in which you play three games in each round. The cost is \$27.

For more information contact Terry Kiernan at (239) 272-4979 or [Terry230@comcast.net](mailto:Terry230@comcast.net).

To register, fill in the form along with your **check made out to Whiskey Creek Country Club**.

Mail check to: Terry Kiernan, 4565 Watercolor Way, Fort Myers, FL 33966

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAILADDRESS: \_\_\_\_\_

Can you bring a Mah Jongg set? Yes \_\_\_ No \_\_\_

Regular Tournament \_\_\_ Relaxed Tournament \_\_\_

Would you be willing to be "position A": scorekeeper for your table? Yes \_\_\_ No \_\_\_

There will be directions on how to score.

# LeeGROWS – Lee Government Resource And Orientation Workshop Series

The program consists of five one-day classes running consecutively on Wednesdays. Classes run all day and you will experience a variety of classroom and educational tours.

It's our hope that you take this opportunity to get an understanding of what happens behind the scenes of Lee County government. In doing so, you will hear from speakers and take tours from about 40 departments and agencies, including the Lee County Sheriff's Office, Medical Examiner, Property Appraiser, Clerk of Courts, Tax Collector and Supervisor of Elections.

There are approximately 165 taxing authorities in Lee County, including 20 independent fire districts, five city governments and the school board. LeeGROWS examines the Lee County Board of County Commissioners and the offices it funds.

Phone: (239) 533-2221; email: LeeGROWS@leegov.com.

Parking and lunches are included at no charge.

## Fall Session – Registration Will Open Summer 2019

236 - Sept. 4, 11, 18, 25, Oct. 2 **Open**  
237 - Oct. 16, 23, 30, Nov. 6, 13 **Open**

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## Fort Myers Republican Women's Club

### Dedicated To Political Awareness

#### Chauncey Goss To Be Speaker At Monthly Republican Women's Luncheon

Chauncey Goss, Board chairman, South Florida Water Management District, will be the featured speaker at the Sept. 17 luncheon meeting of the Fort Myers Republican Women's Club. Goss was appointed to the Board in March 2019 and will serve until March 2023. The district is a regional governmental agency that manages the water resources in the southern half of the state, covering 16 counties.

Goss will discuss the key initiative of restoration of the Everglades – the largest environmental restoration project in the nation's history. As a longtime resident of Southwest Florida, Goss first became involved with water quality issues when he worked as the executive director of the Gasparilla Island Conservation and Improvement Association on Boca Grande in the early 1990s.

Goss is the founder and managing partner of Goss

Practical Solutions – a firm that provides federal fiscal policy analysis and budget forecasting. Prior to starting the firm, Goss served as deputy staff director and director of budget review for the House Budget Committee under Paul Ryan.

Before working on Capitol Hill, Goss worked for the executive office of the president in the Office of Management and Budget's National Security Division where he was instrumental in ensuring the Department of Defense and intelligence community were properly resourced. Prior to that, he worked as a strategic planner under contract to the Air Force, Navy and intelligence community.

The public is invited to attend the luncheon and the program being held at The Helm Club, The Landings, South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program. The luncheon cost is \$20. Reservations are required by Thursday, Sept. 13, and may be made by contacting Tina Laurie, 489-4701.

Additional information about the club may be obtained by contacting Tina Laurie, 489-4701.

## Alzheimer's Disease And The Study Of Twins

By Mary Lou Williams, M. Ed.

Evidence for the influence of environment in the development of Alzheimer's comes from studies of identical twins. Dr. Bill Beckwith, a noted memory expert in Naples, Fla., told me the story of one of his patients, a terrified woman in her 60s. She had come to him for assessment of her mental capacity because her identical twin was in a nursing home with Alzheimer's disease. He found that she had an excellent memory and excellent mental skills.

### A Study Of Twins

The study of identical twins would be the perfect population to discover the degree to which Alzheimer's disease is determined by genetics because genetics is completely controlled for in this population. Fortunately, studies with twins have been done. The Swedish Twins Registry was established in the early 1960s and includes data on more than 15,000 fraternal and identical twins. A study using data from this registry was published by Margaret Gatz and other researchers in the April 2005 issue of *Neurobiological Aging*. This study is entitled, "Complete Ascertainment Of Dementia In The Swedish Twin Registry: The Harmony Study." This study found that the "concordance rate" for Alzheimer's disease among identical twins – meaning both twins either have dementia or both do not – ran about 60 percent. The concordance rate was 32 percent for fraternal twins of the same sex and 24 percent for fraternal twins of the opposite sex. The authors concluded that the results of the study mean that about 60 percent of Alzheimer's can be attributed to genes, but 40 percent can be traced to environment.

However, it could be argued that even more than 40 percent of Alzheimer's disease can be attributed to environment because twins usually share the same environment, at least during the formative years of their lives. Therefore, part of the concordance rate for Alzheimer's among identical twins could be the result of their shared environment as well as their shared genetics.



### Josephine And Una

On the front page of *The New York Times* of Aug. 31, 2006, there appeared the second in a series of articles on the science of aging. The article began with the story of identical twin sisters, Josephine and Una, who were 92 years old.

Josephine was straight backed, firm of jaw and vibrantly healthy. She lived alone in an immaculate brick ranch house. She still drove. She worked part-time in a hospital gift shop and belonged to four bridge groups.

Una was incontinent; she had had a hip replacement; she had a degenerative disorder that destroyed most of her vision; she also had dementia.

They were always different. Josephine worked her way through college, earned a master's degree in education and pursued a career as a high school teacher.

Una was not much of a student. She failed a grade in high school and barely graduated.

Josephine had always been active. She was a self-described tomboy growing up and played tennis until she was 85.

Una was the "frilly" type.

Although both sisters married and had children, they lived different lives.

The article did not go into the lifestyles of the two sisters. However, the difference in their fates can only be explained by a difference in their environments, which includes lifestyle, since their genetics were identical. Their lifestyles probably were different since they were so different in their interests and personalities.

Since sporadic, or late onset, Alzheimer's disease is not completely genetic, but influenced by environmental factors, its onset can be modified by finding out what the environmental risk factors for Alzheimer's disease are and avoiding them where possible. These risk factors will be the subject of subsequent articles.

Mary Lou Williams, M. Ed., is writer and researcher in the field of nutrition. She welcomes inquiries. She can be reached at (239) 267-6480.

## Cook's Corner

### Pat Conroy's Crab Cakes

By Sam Hoffer

Pat Conroy was one of the great writers of our time, but many don't realize that he wrote a cookbook – *The Pat Conroy Cookbook, Recipes of My Life*. His crab cakes are the best I've ever eaten and I believe his legacy to the food



world. I learned three things from Pat about crab cakes: the fat must be sizzling hot when you add the cakes, cook the cakes for only two minutes on each side, and turn them only once – that's Pat's secret, pure and simple.

#### Ingredients

1 pound best quality lump crabmeat, picked over and cleaned, all shell fragments removed

1 egg white, lightly beaten until just foamy but not stiff

1 tablespoon flour

2 tablespoons finely chopped scallions, white part only

1 teaspoon freshly ground black pepper

Several sprinkles of hot sauce to taste

Very small dash of Worcestershire sauce (Don't overpower the delicate flavor of the crabmeat.)

Pinch of Old Bay crab boil seasoning

2 teaspoons kosher salt (divided)

3 tablespoons unsalted butter

2 teaspoons peanut oil (Don't use olive oil, it will overpower the taste of the crab.)

Lemon wedges

#### Directions:

Place the cleaned crabmeat in a medium mixing bowl. Pour the foamy egg white over the crabmeat slowly, stopping occasionally to mix it through. When the crabmeat has absorbed the egg white and feels slightly sticky to the touch (about 30 seconds or so), dust the flour over the crabmeat, then sprinkle the chopped scallions, black pepper, hot sauce, Worcestershire sauce, Old Bay, and a scant teaspoon of salt evenly over the top of the crabmeat.

With clean hands lift the crabmeat from the bottom of the bowl, turning over very gently with your hands to mix the ingredients, taking care not to overhandle the crab. Separate into 8 equal portions and gently roll each between the flattened palms of your hands to form loose balls. Flatten slightly and transfer to a plate. Sprinkle both sides with the remaining teaspoon or less of salt, cover gently with wax paper, and (very important) refrigerate the cakes for at least one hour before cooking.

Line a baking sheet large enough to hold 8 crab cooked cakes with paper towels and set aside. Melt half of the butter and oil together in a heavy, 10-inch nonstick skillet, until the mixture is foamy and begins to brown. Cooking the crab cakes in two batches, carefully place 4 of the crab cakes in the hot fat and fry until a crust forms, turning only once, about 2 minutes per side.

Remove the crab cakes and drain on the prepared pan. Cover loosely with aluminum foil to keep warm while you make the second batch. To prepare the pan for the second batch, carefully pour off the cooking fat from the first batch and discard, wipe out the pan, and return to the heat. Prepare the second batch of crab cakes using the remaining butter and oil. Serve hot with lemon wedges. We serve them over baby arugula, but watercress or baby greens are equally good.



## Continental Women's Club

By Liz Paul

Join us on Thursday, Sept. 5, when our guest speaker will be Mark Loren of Mark Loren Designs. Also, save the date for our Annual Game Day Fundraiser on Monday, Oct. 28. It will be a fun day of bridge, Mah Jongg, euchre, bunco, Scrabble, and more, including lunch.

Continental Women's Club monthly meetings are held on the first Thursday of each month at 11:30 a.m. at The Hideaway Country Club, 5670 Trailwinds Drive, Fort Myers 33907. The cost to attend the luncheon is \$24. Please call (239) 691-7561 for additional information on lunch and our game day.

# International Coastal Cleanup

**Save The Date: Saturday, Sept. 21**

Keep Lee County Beautiful would like to thank all of the volunteers and supporters who made this event possible in 2018. Without you we would not have been able to make such an impact on our local environment. Our volunteers jumped right in at numerous sites and collected thousands of pounds of litter. Getting all of this gathered before it can make its way out into the Gulf is a significant accomplishment and we are so thankful to everyone involved that played a part in getting this done.



In 2019 many volunteers will be needed to help in this international cleanup effort to rid Florida's coastlines of litter, pollution and debris. The sites throughout Lee County are coordinated each year by Keep Lee County Beautiful Inc. for collection and documentation of beach litter. This is a global effort and we will be looking for volunteers to assist us again in the 2019 International Coastal Cleanup. This event is scheduled to take place on Saturday, Sept. 21.

### Environmental And Economic Hazards

Marine life can easily be entangled in fishing line, nets, and six-pack rings. Fish, birds and turtles mistake trash like Styrofoam, plastics, and cigarette butts for food, which may eventually lead to starvation.

Marine debris weakens coastal economies by sapping dollars from the tourism and seafood industries. Tourism in Lee County contributed \$2 billion to the regional economy last year, and we'd like to keep it that way.

### Cleaning Beaches

Keep Lee County Beautiful, supported by the Ocean Conservancy and Florida Fish & Wildlife, organizes coastal cleanups in the fall to remove debris along our shoreline. In the last five years, our Coastal Cleanup program has brought together more than 11,000 volunteers to remove over 90,000 pounds of trash from Lee County waterways.



### International Coastal Cleanup

Keep Lee County Beautiful is the Lee County coordinator for Ocean Conservancy's annual International Coastal Cleanup (ICC), the largest volunteer effort of its kind. Every September for 31 years, ICC has motivated over nine million people from around the world to pick up over 144 million pounds of trash from nearly 300,000 miles of shoreline.

### Get Involved!

If you'd like to be a site coordinator for a Lee County coastal cleanup, email Mike Thomas at [mike@klcb.org](mailto:mike@klcb.org) to stake your claim. If you know of other sites in need of help, please let us know.

### Corporate Sponsorships And Cleanups

Keep Lee County Beautiful is seeking corporate partners who will help support our fall coastal cleanup program, either financially or through in-kind gifts of needed supplies. With your support, Keep Lee County Beautiful can coordinate a corporate cleanup for your organization. To learn more, please email Mike Thomas at [mike@klcb.org](mailto:mike@klcb.org).

Visit our website at [www.klcb.org](http://www.klcb.org) for more information.



### Word Scramble Solution from page 2

Calendar	Paper	Chalk	Clock
Computer	Pencil	Desk	Stapler
Books	Scissors	Eraser	Pens

### Sudoku Puzzle Solution from page 2

1	8	3	4	5	2	6	9	7
6	7	2	1	3	9	8	5	4
4	9	5	6	7	8	1	2	3
7	2	8	3	1	6	5	4	9
3	4	9	5	8	7	2	1	6
5	6	1	2	9	4	7	3	8
9	1	6	8	2	3	4	7	5
2	3	4	7	6	5	9	8	1
8	5	7	9	4	1	3	6	2

### Crossword Solution from page 2

	S	N	A	C	K			T	O	G	A	S			
	T	A	L	O	N			E	L	E	C	T	O	R	
F	O	R	E	G	O			S	E	D	A	T	I	V	E
A	R	R		S	W	E	E	P	E	R		F	E	D	
L	I	A	R			E	V	E	R		A	F	R	O	
S	E	T	A		T	R	E	E		A	G	E	D		
E	D	E	N		H	I	N		R	H	I	N	O		
				S	W	E	E	T	M	E	A	T			
	S	L	A	I	N		E	Y	E		A	R	C	S	
	P	A	C	T		L	E	N	D		T	A	R	E	
W	I	N	K		B	O	N	A			E	W	E	R	
A	D	O		S	L	I	T	H	E	R		H	A	G	
T	E	L	E	P	A	T	H		V	A	L	I	S	E	
T	R	I	R	E	M	E			E	V	A	D	E		
		N	E	W	E	R			S	E	W	E	D		

## Lakes Regional Library – September 2019

15290 Bass Road, Fort Myers  
(239) 533-4000

Sept. 4, 11, 18, 25 4 p.m. Afterschool Crew: Animals

\*\*\*\*\*

### Monday

Sept. 9, 16, 23, 30 9 a.m. Baby Rhyme Time  
Sept. 9, 16, 23, 30 11 a.m. Toddler Tales  
Sept. 9, 16, 23, 30 6 p.m. English Cafe

### Thursday

Sept. 12 10:30 a.m. Farm Fun  
Sept. 19 10:30 a.m. Homeschool Exploration: Fins, Feathers, And Fur

### Tuesday

Sept. 10, 24 2 p.m. Coloring For Adults  
Sept. 10, 17 6 p.m. Become A Reading Buddy  
Sept. 24 6 p.m. Dot Day Crafts

### Friday

Sept. 26 2 p.m. Zentangle Continued  
Sept. 26 4 p.m. Osmomania

### Wednesday

Sept. 4, 11, 18, 25 10 a.m. Family Storytime  
Sept. 4, 11, 18, 25 11 a.m. Preschool Storytime  
Sept. 11 2 p.m. Book Discussion Of *The Immortalists* By Chloe Benjamin  
Sept. 18 2 p.m. Download Drop-In  
Sept. 25 2 p.m. Mindfulness And Meditation

### Saturday

Sept. 14 2 p.m. Kids Read Down Fines  
Sept. 21 10 a.m. Special Needs Storytime  
2 p.m. Make An Impact: Earn Volunteer Service Hours At Your Library

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[restorelee.org](http://restorelee.org) | 239-652-0388 | [@HabitatReStoreLee](https://www.facebook.com/HabitatReStoreLee)

# Catch The Action

## September Begins A Change Of Seasons

By Capt. Bill Russell

As we roll into September the end of summer is in sight as we gradually break away from hot muggy days and transition to the cooler days of autumn. This is great news for anglers fishing around Southwest Florida. Days become less humid with a slight drop in temperature, a welcomed relief after the hot days of August. Don't get me wrong, it will still be hot on many days, but it will become much more tolerable as the month progresses.

The summer thunderstorm pattern begins to fade away opening the door to spend longer periods of the day on the water. Also, with less rain, the clarity of inshore waters will improve along with salinity levels. September is a very active month in the tropics, so we need to keep our fingers crossed that hurricanes and tropical storms keep away.

Just as anglers enjoy the change of seasons, fish also respond, as they become more active resulting in improved fishing. With a drop in water temperature you can expect them to exert more energy and feed more consistently throughout the day. Of course, it's fishing, there are days when you can't buy a bite no matter what, but chances for success are tipped in your favor as the water cools.

Offshore, as the water temperatures drop look for fish to move closer to shore in shallower depths. There are recent reports of good grouper and snapper catches in depths beginning at 70 feet. Artificial reefs that dot our coast, along with hard bottom and ledges in 30- to 70-foot depths should give anglers good opportunities for a variety of fish.

For the inshore angler, it's a month to get excited about. The beginning of autumn is always a great time to fish for the big four (snook, tarpon, redfish and sea trout) inshore species. As the shallower inshore water cools game fish will become more active, look for explosive strikes on top water lures with all four feeding much more aggressively.

Tarpon are not in the huge pre-spawn schools of



spring, but there are plenty around. Now until the first real cold front (most likely in October), presents us with our best redfish fishing of the year. Large fish will gather in schools of up to several hundred and on the right day can give you a fishing experience you will never forget. Look for them moving along the shallow edges of bars as they push a wall of water and crashing any baitfish in their path. Try to get well ahead of the moving fish to intercept their path, if you don't spook them make a long cast ahead of the lead fish and hang on. Most are way oversized but they sure are a blast to catch.

Larger sea trout begin moving back into shallower water to feed; this is a great time to work a top water plug across your favorite trout flats. Plenty of sea trout will be caught under the endless schools of baitfish, look for birds and surface activity. It's been a great summer for baitfish, as they have been more than abundant and it's a great sign for the near future.

Snook will casually leave the beaches and Gulf passes and transition back inshore on the flats around oyster bars, shorelines, and other structure or holes. This can be one of the best months for snook fishing as they will be active and foraging on a variety of baits.

Snook, sea trout, and redfish remain catch and release only from the Pasco-Hernando county line up around Tampa south to Gordan Pass in Collier County, basically blanketing most of Southwest Florida. This emergency closure was due to the devastating fish kills we experienced a year ago and the hope is, no harvest will allow the stocks to rebuild quicker. You can still enjoy some great catch and release fishing of all three species, they just need to be released as quickly as possible.

Other fish including mackerel, sharks, snapper, jack crevalle, bluefish, pompano, permit, tripletail, and cobia to name a few are all on the list of what we may expect to catch or have a chance at in the upcoming month. With a variety of hungry fish and weather that's more enjoyable, get on the water and see what you can catch!

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: [www.fishpineisland.com](http://www.fishpineisland.com), email: [gcl2fish@live.com](mailto:gcl2fish@live.com).

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 23 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."



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**August 22 - September 28**

*Once*

From the very first note, *Once* pulls you in and doesn't let you go. Featuring magical songs from the critically acclaimed film, including the Oscar-winning *Falling Slowly*, this gorgeous and uplifting show strikes an unforgettable chord. Set in Dublin, an Irish musician ready to give up on his career is drawn to a Czech immigrant that helps encourage him to keep writing and performing. Through their shared love of music, an unexpected friendship and collaboration quickly evolves into a powerful, but complicated, love story. *Once* won eight Tony Awards and the 2013 Grammy Award for Best Musical Theater Album.

**October 3 - November 16**

**FINDING NEVERLAND**

Based on the Academy Award-winning film of the same name, *Finding Neverland* tells the incredible true story behind the creation of one of the world's most beloved characters: Peter Pan. Playwright J.M. Barrie struggles to find inspiration for his next work until he meets a beautiful widowed mother and her four young sons. Spellbound by the boys' enchanting make-believe adventures, he sets out to write a play that will astound London theatergoers. With a lot of faith and a little bit of pixie dust, Barrie shares his journey to Neverland, where nothing is impossible and the wonder of youth lasts forever.

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# Did You Know?

The Whiskey Creek News September issue is now on our website: whiskeycreeknews.net.



**Question:** Know why a room full of married people looks so empty?  
**Answer:** There's not a single person in it.

## What Love Means To 4- To 8-Year-Old Kids...

"Love is what makes you smile when you're tired."

# Poetry Corner

## FOWL PLAY

A BIRD THAT STOOD SO FAR SO HIGH  
 A SILHOUETTE PATTERNED WITHIN THE SKY  
 A FLUTTER FLAPPED WITH WINGS THEY SPREAD\  
 AND GLIDED DOWN ON STAND IT FED  
  
 FLUTTERING AND CHIRPING WITH NO DISMAY  
 IT STOOD ARRAY AND WANTED TO PLAY  
 IT WIGGLED AND SHIVERED IN THE POND SO COOL  
 AND TOOK OFF ON FLIGHT AND WANDERED AFOUL

Charles Pietro

## THIS WEATHER'S NOT BAD....

By Judith Foley

I said to myself  
 Just a few days ago  
 This weather's not bad  
 As summers here go

I actually thought  
 I was taking it well  
 Then I woke up one day  
 To the tropical spell.

The "heat index" number  
 Was really sky high  
 I dislike that term  
 And I'll let you know why.

It's a compound number  
 We don't need to know  
 It makes it seem hotter  
 Then we know to be so.

We crank up the air  
 And we head to the pool  
 Wear tank tops and shorts  
 Anything to stay cool.

We drink lots of water  
 We groan and we grouse  
 We don't cook too much  
 Cause it heats up the house.

In the back of our minds  
 We know it won't last  
 It won't be too long  
 Before summer has passed.

And then comes the fall  
 When weather is great  
 I'll just mop my brow  
 While I patiently wait.

# Do The Right Thing

Do you know a child who deserves to be honored as an outstanding citizen or student for his or her exemplary behavior, good citizenship, positive attitude or willingness to help others?



If so, the Lee County Sheriff's Office encourages you to

nominate a child for recognition in our monthly Do the Right Thing program.

Nomination forms are available online at [www.sheriffleefl.org](http://www.sheriffleefl.org). For more information, call Program Director John McGraw at 258-3295 or email [jmcgraw@sheriffleefl.org](mailto:jmcgraw@sheriffleefl.org).

# Lee Republican Women Federated — September Lunch Meeting

Monday, Sept. 9

• Pinchers – The Marina at Edison Ford, 2360 W. First St., Fort Myers. Located adjacent to the Edison & Ford Winter Estates in the Fort Myers Downtown River District  
 • 11:15 a.m. social, lunch and program to follow  
 • \$22

September's Program Will Be:

All mayors from Lee County will participate to discuss important issues facing our county. Participants will be:  
 Mayor Anita Cereceda, Fort Myers Beach

Mayor Bill Ribble, City of Estero  
 Mayor Peter Simmons, City of Bonita  
 Mayor Randy Henderson, City of Fort Myers  
 Mayor Joe Coviello, City of Cape Coral  
 Mayor Kevin Ruane, City of Sanibel

• R.S.V.P. <http://www.leerepublicanwomen.com> or to Wren Morefield at (270) 210-1284 or [wrenspet@hotmail.com](mailto:wrenspet@hotmail.com) before Thursday, Sept. 5 at noon.

Gail M. Langner

## Local Action Numbers

Emergency	911	Lee County Transit	533-8726
Sheriff	477-1000	Libraries	479-4636
Action Coordinator	533-9400	Page Field	936-1443
Animal Services	432-2083	Parks and Recreation	533-7275
Chamber of Commerce SW FL	278-1231	Poison Info Center	1-800-222-1222
Child Abuse	1-800-962-2873	Red Cross	278-3401
Code Enforcement	533-8895	School Transport	590-4000
Dead Animal Removal	949-6246	Social Security Administration	1-800-772-1213
Div. of Motor Vehicles	533-6000	Suicide prevention Lifeline	800-273-8255
Elder Helpline	211	Supervisor of Elections	533-8683
Emergency Management	477-3600	Road & Canal Maintenance	694-3334
Health Dept.	332-9556	Tax Collector	533-6000
Fraud Line	477-1242	Utilities (Water & Sewer)	533-8181
Lee County D. O. T.	533-8580	Waste Management	334-1224

# Whiskey Creek Country Club News Calendar

**New WCCC Annual Golf Membership: Monthly Payment Plan:**

**Only Available To New Club Members.**

\*One initial payment of \$700. Single golfer/\$1,000.

Two golfers household due upon application acceptance.

\*Monthly dues \$180. Single golfer/\$300. Two golfers household will be charged to your credit card on 20th of each month.

\*Additional fees for golf cart rental, F & B charges will also be charged to the credit card. All fees are plus tax.

\*Annual trail fees and cart storage fees are due in full at the beginning of each year.

\*Unlimited golf, rental cart or walk free – par 60 executive course.

\*Challenging but user-friendly golf tees for inexperienced and higher handicap senior players.

\*No minimum food and beverage spending requirement but usage of the club's restaurant and bar is encouraged.

\*Visit the updated website at [www.Whiskeycreekcc.com](http://www.Whiskeycreekcc.com).

**Whiskey Creek Country Club Activities:**

**Monday:** Pairs Nine Hole Golf 3 p.m.

**Tuesday:** Women's 18 Hole Golf League 8:30 a.m.  
 Bridge (Women's) 12:15 p.m.  
 Dinner 5 to 7 p.m.

Summer Golf League Men and Women 5 p.m.  
 Card and Games 6 p.m.

**Wednesday:** Men's 18 Hole League 8 a.m.  
 Bridge (Men's) 12:30 p.m.  
 Euchre 12:45 p.m.

**Thursday:** Mah Jongg 12 p.m.  
 Stableford 4:30 p.m.

**Friday:** Men's Nine Hole Golf 8:15 a.m.  
 Women's Nine Hole Golf 8:30 a.m.  
 Women's Bridge 10:15 a.m.  
 Dinner 5 to 7 p.m.

Hand and Foot 6 p.m.  
**Saturday:** Early Bird Men and Women Golf 7:15 a.m.

**Sunday** Breakfast 9:30 a.m. to 1:30 p.m.

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