

the Whiskey Creek News

www.whiskeycreeknews.net

Another Seabreeze Publication



VOL. 39 NO. 7

www.seabreezecomunications.com

JULY 2024

President's Message

Greetings Whiskey Creek Community,

Summer is here, which means school is out, and we will have pool parties and barbecues with friends all summer. During the summer months, stay extra vigilant while driving and keep an eye out for children on their bikes, skateboards, scooters, or running from house to house.



June 1 marked the beginning of hurricane season, so it's crucial to ensure the preparedness of your home and your hurricane plan to safeguard our community and loved ones. The state is helping with costs by implementing the Hurricane Sales Tax Holiday from June 1 to 14 and again from Aug. 24 to Sept. 6. You can visit <https://www.leegov.com/hurricane> for preparedness plans, evacuation routes, shelter locations, and more to get properly prepared for hurricane season.

Our board meetings are on hiatus until September, but our commitment to fostering community engagement remains unwavering. Stay connected and involved – your voice matters in shaping our neighborhood. We encourage you to visit the Whiskey Creek Facebook page to learn about

upcoming community events. Your valuable insights drive the WCCA's ongoing commitment to better serving you. For those unable to attend, utilize the resources available on our website to stay informed and engaged.

The Whiskey Creek Country Club will continue to offer new summer food and drink specials, summer golf specials and events. From a chill and affordable happy hour to tasty brunches and dinners, the club serves as a central hub for social interaction and relaxation, a great spot to hang out with friends and neighbors.

There has been an announcement of the membership campaign in the community newspaper last month and again this month. We will keep the community updated as we aim to reach our goal of 100 percent participation. Your \$125 yearly membership helps pay for community events, maintenance and community upgrades. Visit <https://whiskeycreeknews.net/membership/> to learn more about the use of funds and become a member or renew your membership.

Whiskey Creek continues to be a popular destination for residents of all walks of life, each contributing to the rich tapestry of our community. Whether you're here to settle down, unwind, or raise a family, your presence is vital to our collective vision. Here's to a summer filled with good vibes, safety and strength!

Warm regards,
Cole Peacock,

Board President, Whiskey Creek Civic Association

Yard Of The Month

By Mark L. Franzer

1405 Whiskey Creek Drive harbors a long-term resident, Linda Fountain, whose initial desire was to remodel as a step towards waterfront property. Falling in love with Whiskey Creek wasn't on the radar, however the memory of taking her children trick-or-treating for the "big" candy bars from memories long ago



1405 Whiskey Creek Drive

fostered. Throughout the years of the USPS tenure and raising her children, she planted her roots deep. Her children followed her path, settling locally along with her sister. In the discussion of her favorite reasons for her choice to remain, the benefit of Whiskey Creek's proximity to life's necessities and favored neighbors rang loudly. Aside from her manicured front yard, a nice note regarding a favored ylang-ylang tree was shared. This species is known for its fragrance utilized in perfumes and

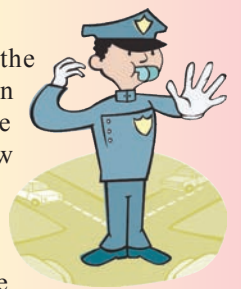
essential oils. It's a beautiful home and a wonderful appeal for any community resident to enjoy. Being on Whiskey Creek Drive itself, it is an easy expedition to enjoy the home of a tenant so grateful for the wonder of our special community!

Yard Of The Month on page 5

Security Report

By Michael Kuehn

Has anyone noticed that all the traffic control lights that have been missing since *Hurricane Ian* have finally been replaced and are now working? If you noticed, it was probably because you were sitting in your car on Whiskey Creek Drive waiting for the light to change to allow you to enter or cross College Parkway. In the traffic engineer's mind, his first responsibility is to move traffic to and from the Cape Coral Bridge. As you sit there watching empty lanes on College in front of you, you realize that they are doing their job very well. Everywhere I went in South Fort Myers the traffic control lights have been replaced, however, many of the street name signs are still missing. One thing that has not changed is the speed of the traffic on College Parkway. It is still generally faster than the posted limits. Allow yourself extra space and time when pulling into or turning across oncoming traffic.



This month we had 13 traffic stops with warnings issued on all of them. The deputy stopped three juveniles who were fishing from the posted **no fishing** area at the weir north of the country club parking lot. After explaining the law to them, he let them go with a warning. The deputy responded to a home alarm that was false. The deputy was sent to check a 911 hang-up. The caller stated that it was a mistake. While on patrol the deputy observed people acting suspiciously around a building on Corporate Park Circle. The men stated that they were leasing the building and demonstrated that they had keys that would lock and unlock the doors. The deputy left the scene after filing an incident report including the IDs of people involved. There was a traffic stop at a stop sign involving two golf carts. The drivers of both carts were given a warning. The deputy assisted an LCSO traffic unit with a crash investigation on Beechwood Trail. As always keep your outside lights on and overhead garage doors down. Lock all vehicles left in the driveway and remove all valuables and garage door openers from them.

STAY SAFE

Whiskey Creek News

PRSR STD
US POSTAGE
PAID
FT MYERS FL
PERMIT 751

Andy & Lindsay
RIGGENBACH
REALTORS
Your Trusted Neighborhood Realtors®

Proud neighbor and sponsor of
the Whiskey Creek Neighborhood
Newsletter!

Not just your Realtor, we also offer design services!

Lindsay@CaineLuxuryTeam.com | Andy@CaineLuxuryTeam.com
239.826.3084 | 239.287.4283

caine Luxury Team | kw KELLERWILLIAMS



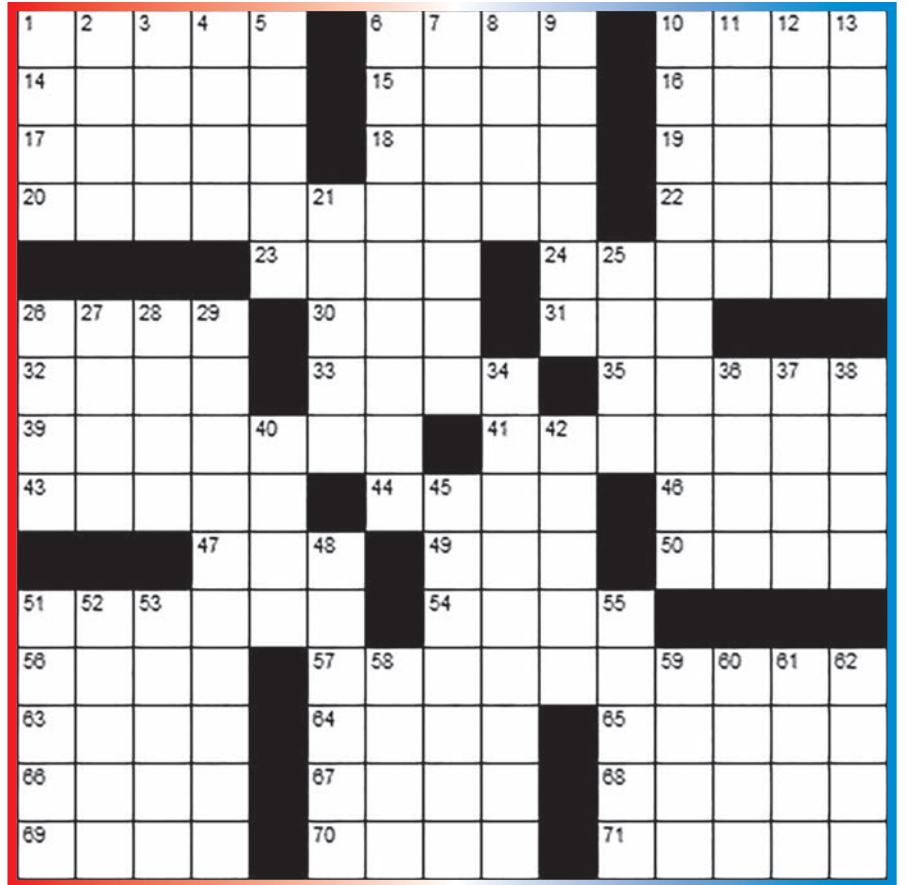
Crossword Puzzle

Across

- 1. Eruption
- 6. Snakes
- 10. No charge
- 14. Hermit
- 15. Expresses relief
- 16. Certain something
- 17. Suffering
- 18. Minute opening
- 19. Thin strip
- 20. Hyperthermia
- 22. French for "head"
- 23. Gait faster than a walk
- 24. Jail
- 26. Arithmetic
- 30. Avenue (abbrev.)
- 31. Unhappy
- 32. Decorative case
- 33. Automobiles
- 35. Golden king (mythology)
- 39. Mutt
- 41. Take up the cause
- 43. A city in Nebraska
- 44. Chair
- 46. Module
- 47. 54 in Roman numerals
- 49. Air hero
- 50. Oceans
- 51. Overrun
- 54. Horse color
- 56. Observed
- 57. Neutral
- 63. Animal fat
- 64. Anagram of "seek"
- 65. Desire
- 66. Celtic language
- 67. Formerly (archaic)
- 68. Safe place
- 69. Russian emperor
- 70. Rodents
- 71. File

Down

- 1. Dull
- 2. Opera house box
- 3. Dwarf buffalo



- 4. Dispatched
- 5. Secret meeting
- 6. Blessings
- 7. Marksman
- 8. Benefit
- 9. Brooms
- 10. Detail-oriented
- 11. Dominates
- 12. Muse of poetry
- 13. Consumed
- 21. Small amount
- 25. Wheelchair access
- 26. Office message
- 27. "Smallest" particle
- 28. Albacore or bluefin
- 29. Highland native
- 34. Seashores
- 36. A ridge of sand
- 37. Largest continent
- 38. Adjusts
- 40. Incursion
- 42. Pilfer
- 45. Heartfelt
- 48. Superficiality
- 51. A small island
- 52. Approaches
- 53. Contrariwise
- 55. Specialty
- 58. Gumbo ingredient
- 59. Unit of fat
- 60. Pew area
- 61. At any point
- 62. Declare untrue

Crossword Solution on page 7

Word Scramble

Sports

By *Ellie Neal* Goxnbi Ckrat & deifl
 Lrgtwiens Syagmtinsc Ngiidv
 Fglo Ycarher Oaidnbmnt
 Eltba Nsietn Gmsnimiw

Word Scramble Solution on page 7

Sudoku Puzzle

	6							
			1	4				
3	8						5	
8	4						9	7
		7						2
	9							
		4		3	2		6	
					6			
2			4	1			8	

Sudoku Puzzle Solution on page 7

Seabreeze Communications
 For Advertising Rates
 Please Visit Our Website
seabreezecomunications.com
 Or Call **239.278.4222**

Seabreeze Communications, Inc. does not endorse any advertising as it relates to the communities. Advertising is not screened by Seabreeze Communications, Inc.

Seabreeze

COMMUNICATIONS

Production Directors Stephen Miller • Elizabeth Miller

Sales Department
 Margo Williams • Joe Yapello • Bonnie Yapello
 Becky Pruitt • Miranda Ledbeter

Mailing Operations
 Director Selina Koehler

Production Manager Lee Nostrant

Production Department
 Elaine Donholt • Ruth Nekoranec • Katie Heystek
 Dianne Strout • Karen Kalisz • Michelle Feeney

All rights reserved. Reproduction or utilization of these contents in any form by any electronic, mechanical, or other means, including xerography and photocopying is forbidden without the written permission of the Publisher.
 The Publisher is not responsible or liable for misinformation or misprints herein contained and reserves the right to accept or reject all copy deemed unsuitable for publication.

(239) 278-4222 • Fax (239) 278-5583
 5630 Halifax Avenue * Fort Myers, FL 33912

Fort Myers • Cape Coral • Bonita • Estero • The Palm Beaches • Boca Raton

www.seabreezecomunications.com

Montage Women's Club

The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County. We meet on the fourth Thursday of each month at The Landings Yacht, Golf and Tennis Club (community entry off McGregor Boulevard between Cypress Lake Drive and College Parkway). Meetings begin at 11:30 a.m. with a short social period followed by lunch at noon followed by an informative speaker program and a short business meeting. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal residents. We welcome you to visit Montage for a luncheon.



Our next meeting will be held on Thursday, July 25, and our guest speaker will be Leslie O'Halloran, community outreach and development supervisor for the Children's Network of Southwest Florida, a private, nonprofit lead agency that administers the Child Welfare System in Lee, Collier, Charlotte, Hendry and Glade counties.

Luncheon fee is \$28 and the planned regular menu entree will be Quiche Lorraine with petite garden salad and balsamic vinaigrette. The plant-based/vegan option entree will be Southwestern stuffed tomato, black bean cake with pico de gallo, grilled tofu with cilantro lime sauce.

If you would like to attend a Montage meeting, need further information, or would like to make a reservation, please call Rita Artwohl at (239) 703-7787. Reservations cutoff to attend this meeting is noon, Thursday, July 18.

MERHIGE

INVESTMENT ASSOCIATES

of Chlumsky Wealth Management Group

Since 1984, providing personalized service, guidance and portfolio strategies for:

PRESERVATION OF CAPITAL

INVESTMENT INCOME

GROWTH OF CAPITAL

If you would like a second opinion from experienced professionals regarding your current investment portfolio, or an opinion concerning developing a new one, please feel free to contact us for more information or to schedule a no-cost, no-obligation consultation.

Investment products and services are offered through Wells Fargo Advisors Financial Network, LLC (WFAFN), Member SIPC. Any other referenced entity is separate from WFAFN. CAR-0823-00230

Scott S. Merhige
*Managing Director -
 Investment Officer*

7370 College Parkway
 Suite 100
 Fort Myers, FL 33907

239-479-7924
 scott.merhige@wfafinet.com
 chlumskywmg.com

Bondurant FAMILY TEAM

KINGFISHER REAL ESTATE



Indulge in Southwest Florida Lifestyle Living!



\$1,690,000

1428 ALBATROSS RD SANIBEL

Spectacular newer construction home in The Dunes. Impact doors & windows, & metal roof. Inside, you'll find elegant finishes throughout designed to entertain the senses. This is luxury island living!



\$995,000

1426 SANDERLING CIR SANIBEL

Sunset skies, pool & spa. Cul-de-sac location in The Dunes. Loved for decades by the original owners, and ready for you to make your own. One of Sanibel's favorite communities complete with deeded beach access.



SOLD!

\$935,000

12430 MCGREGOR PLAMS DR FT MYERS

12ft 4in ASL - NO FLOOD DAMAGE. Brazilian wood decking, solar heated screened pool, historic brick deck. Gourmet kitchen, large primary suite, over-sized garage & workshop area. Lovely community amenities.



\$699,000

1501 MIDDLE GULF DR C406 SANIBEL

Sanibel Island's premier Gulf front resort community - Sundial! 1 Bed, 1 Bath top floor unit offering gorgeous views over the sugary white sand and sparkling Gulf water. In unit washer & dryer, offered furnished.



\$639,000

NEW! 1446 SANDPIPER CT SANIBEL

Nestled on a tranquil cul-de-sac in the sought after community of The Dunes Golf & Tennis Club. Enjoy lush landscaping and panoramic lake & wildlife views. This duplex offers impact windows and many new updates & features!



\$475,000

SEA SHELLS OF SANIBEL #40

Easy on/off island & convenient to beach & other island activities. Spectacular views of the Dunes golf course & lakes. Mitigated & ready for custom finishes. AC & ductwork have been replaced. 2011 metal roof.

2024 YEAR-TO-DATE ACTIVITY

SOLD

- 12430 MCGREGOR PALMS DR FORT MYERS
- 1341 MIDDLE GULF DRIVE #1A SANIBEL
- 1377 SAND CASTLE RD SANIBEL
- 657 CARDIUM ST SANIBEL
- 863 RABBIT RD SANIBEL

REPRESENTED BUYERS AND/OR SELLERS

Helping Sellers & Buyers in Southwest Florida

John Bondurant

Realtor®

Avid Community Member
IPTPA Certified Pickleball Instructor

239-822-2627

John@GoKingfisher.com

Kingfisher Real Estate, Inc. 2402 Palm Ridge Road • Sanibel Florida 33957



Real Estate Round-Up

By Bob Oxnard, REALTOR®

Would A Home Equity Loan Help You?

If you are having difficulty getting a home equity loan lately, you are not alone. Home equity loans by banks have plunged by half from \$700 billion in 2007 to \$350 billion today, according to Meredith Whitney, the one-time "Oracle of Wall Street" who predicted the Great Financial Crisis. During the same



17-year period, home prices have increased by 70 percent.

However, there may be help on the horizon. Mortgage giant Freddie Mac recently asked its regulators for approval to enter the secondary mortgage market. Freddie Mac buys mortgages, pools them together and sells them to investors as mortgage-backed securities. If they entered the secondary mortgage market, it would give banks and other lenders a way to move home equity loans off their books, freeing up capital to make more loans. Some experts think this could provide a \$1 trillion stimulus to the U.S. housing market in a brief period. It would give homeowners easier access to borrow money against the equity in their homes for things like additions, remodeling, medical bills, or even cars, investments or vacations.

This huge economic stimulus could come as soon as this year. If approved, other mortgage giants Fannie Mae and Ginnie Mae could join the bandwagon creating an even bigger opportunity for consumer spending and economic growth. Best of all, this stimulus would come without an increase in government spending.

Whitney called this potential expansion of the ability to get home equity loans a rare opportunity to create a "win-win scenario" for the government, Wall Street and the U.S. consumer."

Senior citizens on a fixed income are particularly hard-hit. A lady recently asked this writer about getting a reverse mortgage to ease some of the financial hardships she faces as she ages. She has a small, manageable current mortgage with a favorable interest rate. A reverse mortgage, while solving her problem, could be overkill; expensive and burdensome. A second mortgage might be just the ticket to ease her mind and budget in her golden years.

For more information on mortgage and home financing options, contact your lender or a mortgage specialist. Your financial advisor or Realtor might also recommend someone to help.

If you have any questions or comments about this article or other real estate issues, please contact Bob Oxnard at whiskeycreeknews@yahoo.com.

Cook's Corner

From *Lincoln Heritage Trail Cookbook*

Salmon Mousse

1 envelope unflavored gelatin
2 tablespoons lemon juice
1 small onion, diced
½ cup boiling water
½ cup mayonnaise
½ teaspoon paprika
1 teaspoon dried dill weed
1 1-pound can pink salmon, drained
1 cup heavy cream
Parsley for garnish

Place gelatin, lemon juice, onion and boiling water in blender and blend on high until the onion is pureed. Add mayonnaise, paprika, dill and salmon and blend again. Add cream, one-half cup at a time and blend until very smooth. Pour into a 1-quart mold and chill overnight. To unmold, dip the bottom and sides of the mold into warm water and invert onto a serving plate. Decorate with parsley. Serve with assorted crackers. Makes 8 servings.

Note: This is easy, tasty and different from the usual appetizers.

Swedish Ham Meatballs

Meatballs

1 pound ground ham
8 ounces lean ground pork
8 ounces lean ground beef
1 cup rolled oats
1 cup milk
2 eggs, beaten

Combine ham, pork, beef, oats, milk and eggs in a bowl. Using wet hands, shape in 1½-inch balls. Place meatballs in a 9x13-inch open baking dish. Cover meatballs with sauce. Bake at 325 degrees for 2 hours. Rotate meatballs every half hour. Yields 3 dozen.

Sauce

1 cup packed brown sugar
1 teaspoon dry mustard
½ cup cider vinegar
½ cup water

Mix brown sugar and mustard in a small bowl; add vinegar and water. Mix well.

Fort Myers Republican Women's Club

The Fort Myers Republican Women's Club will be meeting on Tuesday, July 16 in the Helm Club's Main Deck at The Landings Yacht, Golf & Tennis Club. Featured will be county commissioner candidates for District 3 and other candidates as they reply. Visit our website www.fmrwc.com for more information. Beginning with a social hour at 11:15 a.m., the meeting and lunch will start at noon with the program shortly afterwards. Please make your reservation no later than July 12. A reminder, after that you will be responsible for the cost of your reservation if you are unable to attend. Make your lunch payment for \$20 to FMRWC ... checks or cash, no credit card.

Contact Diane Kinser, recording secretary/membership/reservations: Social.lady@Yahoo.com or text (630) 327-3546.

Whiskey Creek Country Club News

Whiskey Creek held a lovely Father's Day brunch and is now planning a wonderful Fourth of July golfing event with a delicious dinner to follow. If you haven't had a chance to see Whiskey Creek Country Club or eat at the club ... give it a try this summer.

Dinner is served on Tuesday and Friday from 5 to 8 p.m. The bar is open daily until the club is closed where you can meet with friends, family and neighbors or meet

new neighbors while enjoying a cool refreshing beverage!

Need a gift? Why not look in the Whiskey Creek Pro Shop and see the items available to purchase.

There are so many new fun things to participate in at Whiskey Creek Country Club. Become a social member and enjoy the many card games, mah-jongg and events.

Contact the club for more details at (239) 481-3021.

Continental Women's Club

The Continental Women's Club will hold its monthly luncheon meeting on Thursday, Aug. 1 at 11:30 a.m. at The Hideaway Country Club.

Our August event will feature a presentation by Marc Collins, executive director, Uncommon Friends Foundation. Their mission – to inspire future leaders toward excellence of character, a spirit of innovation and a sense of purpose. You are invited to attend and find out more about this wonderful organization.

Continental Women's Club is a social, cultural and philanthropic organization established in 1975, and membership is open to women living in Lee County. We have

many special events and interest groups within our club that you can participate in for social and educational purposes throughout the month and year. In addition, we contribute to many local charities and award two scholarships each year to senior high school girls who plan on furthering their education.

Meetings are held on the first Thursday of each month at 11:30 a.m. at The Hideaway Country Club, 5670 Trailwinds Drive, Fort Myers 33907. The cost to attend the luncheon is \$25. Reservation deadline for Aug. 1 is Tuesday, July 23. Please call Liz Paul at (239) 691-7561 for additional information, meal selection and to make a reservation.

Whiskey Creek Civic Association

2023 Board of Directors

President	Cole Peacock	462-5805 colepeacock@comcast.net
Vice President	Jim McCabe	313-1056
Secretary	Kyle DeCicco	810-3729
Treasurer	Melissa Metzger	851-1561 msetzger1119@gmail.com
	Wylar Gins	220-1036
	Seth Hartt	seth@boat-trailers.com
	Jessica Nolan	462-6885 weathersnolan@gmail.com
	Paul Copeland	464-8726 pcopeland@mcgriff.com

Committees

Deed Restrictions Chair	Seth Hartt seth@boat-trailers.com
Membership	Sally Gins 954-801-7914
Yard Committee Chair	Mark Franzer mfranzer@yahoo.com

Whiskey Creek News

Editor	Jan Kotcamp	482-7679 whiskeycreeknews@yahoo.com
--------	-------------	--

Whiskey Creek News is now Mailed.

Articles for *The Whiskey Creek News* must be submitted to the editor by the **fourth of the month.**

Whiskey Creek Security is:

The Lee County Sheriff 477-1000

Whiskey Creek MSTBU Advisory Board

Members	Phone
Robert E. Beville, Chairman Irrigation	454-1413
Peter J. Boldrin, Secretary Walls	275-0491
Roland T. Kotcamp, Lighting	482-7679
Fitzroy A. Alexander, Landscaping	433-1836
Michael J. Kuehn, Sheriff Detail	454-6246
Josh Malo, MSTBU Coordinator	533-2308

Local Action Numbers

Emergency	911	Lee County Transit	533-8726
Sheriff	477-1000	Libraries	479-4636
Action Coordinator	533-9400	Page Field	936-1443
Animal Services	432-2083	Parks and Recreation	533-7275
Chamber of Commerce SW FL	278-1231	Poison Info Center	1-800-222-1222
Child Abuse	1-800-962-2873	Red Cross	278-3401
Code Enforcement	533-8895	School Transport	590-4000
Dead Animal Removal	949-6246	Social Security Administration	1-800-772-1213
Div. of Motor Vehicles	533-6000	Suicide Prevention Lifeline	1-800-273-8255
Elder Helpline	211	Supervisor of Elections	533-8683
Emergency Management	477-3600	Road & Canal Maintenance	694-3334
Health Dept.	332-9556	Tax Collector	533-6000
Fraud Line	477-1242	Utilities (Water & Sewer)	533-8181
Lee County D. O. T.	533-8580	Waste Management	334-1224

The Psychology Of Permanent Weight Loss

By Mary Lou Williams, M. Ed.

The dream of people who attempt to lose weight is that their weight loss will be quick and permanent. The reality is that the vast majority of people who lose weight regain all the weight they've lost and then some (estimates are as high as 98 percent over a five-year period).



The only way weight loss can be permanent is if it results from permanent changes in eating habits. It cannot come about by going on a diet until weight is lost and then going off the diet and resuming the habits that caused the overweight in the first place. Permanent weight loss occurs not by going on a diet, but by exchanging the unhealthy habits of a lifetime for new healthy habits of a lifetime.

The Goal Must Be Learning New Habits

In the process of losing weight, the goal must not be weight loss but learning new habits of eating. Weight loss will then be a side effect of these new habits of eating. And the new habits of eating that result in the weight loss will be the same habits of eating that maintain that weight loss. In other words, embarking on weight loss is embarking on a new way of eating for a lifetime. A new habit takes 30 to 90 days to develop and a year or longer to become second nature. New habits are not formed overnight.

Weight loss, therefore, must be slow in order to be permanent because establishment of new habits upon which permanent weight loss depends is by its nature a slow process.

Putting Life On Hold: The Most Detrimental Behavior

For this reason, the single most detrimental behavior that sabotages permanent weight loss is putting life on hold

until, "I lose this weight." There are many ways in which we put our lives on hold:

1. By not taking an interest in our appearance. "What's the use? At this weight I'll never look good no matter what I do. So why bother? Why bother wasting money on new clothes that fit better and are more flattering when I'll never wear them again anyway once I lose this weight ... in a couple of months?"

2. By avoiding certain places and events – the beach, a reunion, social gatherings, joining clubs and organizations.

3. By postponing plans and goals – embarking on a new career, starting a business, finding a mate, social and career networking.

4. By avoiding any new and unfamiliar situation for fear of rejection.

Postponing life is counterproductive to permanent weight loss because it causes impatience and a desire to lose weight as fast as possible to get back to the business of living. Although we might put life on hold, life goes on without us. We're missing the party. Life is too precious to lose even one minute of it.

But weight loss, as we've seen, must be slow in order to be permanent. How can we reconcile the desire to lose weight with the desire to live life? The answer is by living life as we are losing weight.

Learning Self-Acceptance

Life is a learning experience. That is why we are here. To be successful, the process of losing weight must not only be a learning experience in new habits of eating, but a learning experience in new habits of thinking. By living life to the fullest as we go through our weight loss process, we have the opportunity to learn self-acceptance, at whatever stage of life we are in, and to learn that others

accept us when we accept ourselves, a lesson we can learn only by experience. By postponing living until we "lose this weight," we deprive ourselves of this experience and the valuable lessons we can learn from it.

By not postponing life, we learn to value ourselves beyond our superficial selves and to value others beyond their superficial selves as well. Oprah Winfrey is a role model in this regard. She accepts herself at whatever weight she is, and so does her audience.

By not shutting down and contracting our lives, weight loss is a time of adventure and creativity. It is not only an adventure in learning new ways of eating – new foods, new recipes, new menus – it is an adventure in learning about ourselves through our relationships with others. It is an opportunity for spiritual and emotional as well as physical transformation.

Yard Of The Month from page 1

If you have family or friends that you'd like to share details of our beloved Whiskey Creek community (or show off your hard-earned recognition!), the web page for their review is <http://www.whiskeycreeknews.net>.

Also, please check out Whiskey Creek's very own private Facebook page for additional community information, involvement and market areas! You'll need to request membership to gain access! <https://www.facebook.com/groups/1430022127286192>

For those who would like to nominate other homes in our lovely Whiskey Creek, please send your nominations to WC.yardofthemonth@yahoo.com.

Lakes Regional Library

15290 Bass Road
Fort Myers, FL 33919
Telephone: (239) 533-4000



Children

Preschool Coloring Fun
Professor Universe: Battle of the Body
Kids Safari Adventure
Kids Read Down Fines
Preschool Bear Hunt
Baby Summer Fun
All-Abilities Kids Storytime
Kids Camping Fun

Teens

Teens Paint and Plant
Teen Nature Resin Bookmarks
Kids Read Down Fines
Teen Nature Print Coasters

Adults

English Café
Download Drop-in
Book Discussion
The Mysterious Case of Rudolf Diesel by Douglas Brunt
BARD Drop-in Session
Call the library for adult, teen and children online events.

10:30 a.m., Monday, July 8

10 a.m., Thursday, July 18

10 a.m., Thursday, July 11

2 p.m., Saturday, July 13

10:30 a.m., Monday, July 15

10 a.m., Wednesday, July 17

10 a.m., Saturday, July 20

10 a.m., Thursday, July 25

2 p.m., Thursday, July 11

2 p.m., Thursday, July 18

2 p.m., Saturday, July 13

2 p.m., Thursday, July 25

6 p.m., Monday, July 8, 15, 22, 29

11 a.m., Thursday, July 18

2 p.m., Thursday, July 11

11 a.m., Thursday, July 25

Fourth Of July Events In Southwest Florida

2024 Fort Myers Beach – Fourth Of July Festivities

The Fourth of July parade and fireworks are back for the first time since *Hurricane Ian*! Come celebrate our great nation and town pride as the Fort Myers Beach Fourth of July parade makes it way down Estero Boulevard with its colorful floats and costumed participants! The parade starts at Bay Oaks Recreation Center at 10 a.m. and continues down the boulevard to Times Square. Don't miss this Fort Myers Beach tradition! Be aware that Estero Boulevard will be closed from 9 a.m. until noon for the parade.

The Fort Myers Beach Fourth of July fireworks show begins at approximately 9 p.m. at Times Square. You can bring a beach chair and enjoy the show as the beautiful fireworks light up the night sky! Starting at 8:30 p.m. the Matanzas Pass Bridge will be closed until approximately 11 p.m. Consider taking the Beach Trolley to Fort Myers

Beach to enjoy Independence Day! Paid parking is available in the Times Square area. You can also park at one of the Town's beach accesses. The accesses are in various states of repair post *Hurricane Ian*.

Cape Coral – Red White And Boom

The City of Cape Coral Parks and Recreation Department is proud to bring you the largest single-day event in Southwest Florida. Thursday, July 4 from 5 to 10 p.m. "Red, White, and Boom" is a **free** event for attendees.

Join us for Southwest Florida's best fireworks display, national entertainment and fun for the whole family!

The event takes place on Cape Coral Parkway at the foot of Cape Coral Bridge.

To ensure everyone's safety, please remember, no pets (service animals okay), no fireworks and no outside alcohol will be allowed. Lawn chairs are highly encouraged! For more information, go to capeboom.com.

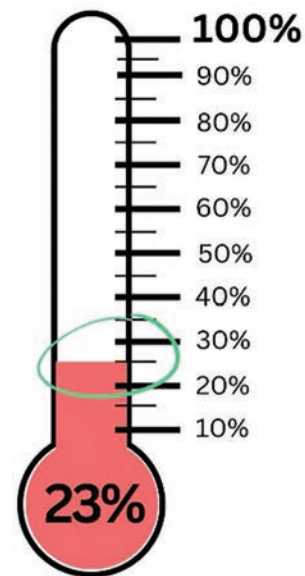
Whiskey Creek Civic Association Membership

By Sally Gins

As of May 31, 23 percent of households, condos and townhomes in Whiskey Creek have joined as members of the Civic Association for the year 2024. The names of our newest members are listed below. Thank you for your contribution! *If you have questions regarding your membership status, please email wccaacct@gmail.com.

Thank you to our newest members:

Mark and Arlene Burias
Joseph and Janet Byer
Bryan and Cathy Christle
Ivan and Claudia Cuna
Bobbie D'Alessandro
Thomas and Hedy Essley
Gregory and Gretchen Hill
Dylan and Jennifer Hissam
Mat and Keri Mason
David and Donna Michie
John and Patricia Mudgett
Donald and Lena Pryor
Mark Scarlato
Ryan and Natalie Van Horn



Puns

When you are down by the sea and an eel bites your knee, "That's a Moray!"

Signs

If you are waiting for a sign ... this is it!

For Lexophiles

If you take your laptop computer for a run you could jog your memory!

What's Blooming At Edison And Ford Winter Estates?

By Karen M. Maxwell, Horticultural Specialist

While trying to find a source of latex to produce a natural source of rubber, Thomas Edison experimented with more than 17,000 different plants. He kept a "best in my index" list of plants during this research. In January of 1929, he noted: *Rudbeckia laciniata* "Very stiff viscous rubber, good plant." Indeed, the rubber content was listed as 3.6 percent, higher than some of the goldenrods he tested. The *Rudbeckia* genus has 20 species including popular perennials, such as the Black-eyed Susan which multiplies by underground rhizomes and Brown-eyed Susan which is a biennial and reproduces by self-seeding. At the Estates, we grow Black-eyed Susan vines in pots around the property; however, these plants are not *Rudbeckia*, they are *Thunbergia alata*.



Black-eyed Susan

Edison rarely, if ever, used common names for plants. *Rudbeckia laciniata* is known by North American wildflower enthusiasts as cutleaf coneflower. The cutleaf coneflower looks very much like its cousin, the coneflower, or *Echinacea purpurea*, another American native wildflower. Both are perennials in the Asteraceae family, but that is about all they have in common. Let's take a quick look at the coneflowers or echinacea. Historically, echinacea was grown for its medicinal value. Today, they have been hybridized to include more than 100 varieties, many of which are sterile or have a dense, but beautiful double flowerhead which renders the nectar unavailable to pollinators, as seen in *E. purpurea* "Double Scoop."



If you would like to attract pollinators, stick with a plant that is not a hybrid, such as the *Echinacea purpurea*. The inclusion of wildflowers in the garden is encouraged to benefit our pollinators, both insect and avian, and attracting songbirds is most rewarding.

Practically speaking, most of our readership (Zones 9 to 10) should only consider growing echinacea as an annual or short-lived perennial. Should you wish to give it a go, I would recommend sticking with the *Echinacea purpurea* and not a hybrid, to provide a benefit to pollinators if this is your gardening goal. The inclusion of wildflowers in the garden is encouraged to benefit our pollinators, both insect and avian, and attracting songbirds is most rewarding. If Thomas Edison were growing *Rudbeckia laciniata* in any quantity, it surely would have been to the delight of his wife, Mina who loved birds. Personally, I cannot brag about any success in attracting butterflies and birds to my Black-eyed Susan or Brown-eyed Susan (*Rudbeckia hirta* and *Rudbeckia triloba* respectively).

Rudbeckia laciniata or cutleaf coneflower, produces great seedheads of thistle-sized seed, loved by finches – goldfinches and house finches alike, which are both common winter residents in Florida. Rudbeckias are not grown for their health properties but have always been enjoyed as a staple in a cut flower garden, and this one is an underutilized stunner. The plant has a single row of yellow petals surrounding a greenish to yellow nubby



Rudbeckia laciniata was one of Edison's favorites and a plant that he experimented with during his rubber research.

center and the variety "Hortensia" or "Goldquelle" looks like a double yellow pom-pom. Grow *R. laciniata* in rich, well-drained soil – these native plants would naturally be found in wetland areas in partial shade.

While *R. laciniata* looks similar to the multitude of hybridized echinacea, here is how to distinguish them: The name "cutleaf coneflower" is indicative of the foliage having cuts or deep lobes, usually three to five, where echinacea leaves are never lobed. The center of echinacea flowers is typically dark colored and quite bristly to the touch with *R. laciniata* being soft and yellowish, earning it another common name: green-headed coneflower.

In the garden, *R. laciniata* can grow in clumps up to 3 feet tall and can be deadheaded regularly to prolong flowering. Provide support such as a fence or trellis for these heavy bloomers, especially during rainy season. As the plant diminishes, keep the seed heads to attract a charm (group of goldfinches) to your garden.

Realizing that July is a brutal month in Southwest Florida for gardening, here's a couple of quick housekeeping tips to do early in the morning: Check your palms for any signs of significant yellowing. Yellowing throughout the fronds, not just on one or two aging fronds. An even disbursement of yellow speckling along the fronds indicates a potassium deficiency – and this is especially true for non-native palms. The heavy rains of summer can easily leach potassium from the soil, thereby starving the palms of this necessary nutrient. Apply an 8-0-12 fertilizer per instructions based on the size of your palm(s) this month, while they are still in active growth mode.

To learn more about gardening in Florida, sign up for the gardening classes and talks, which are offered during the fall, winter and spring seasons. Check for upcoming events at EdisonFord.org. This summer, there will be a farmers' market offered on Friday from 9 a.m. to 1 p.m. I hope to see you there!

ALVAST YE MATIES

Hoist the Jolly Roger there
be **treasure** out there.

Come on board starting June 1st
to enter for a **chance to win** an authentic
"PIECE OF EIGHT".

Eight **TREASURE COINS***
will be given away starting
Friday, July 5th, with one
LUCKY Scalawag
every Friday, for eight weeks.

**Eight coin giveaways from
Friday, July 5th until August 23rd.**

(*Authentic silver 2 reale coin per winner,
no purchase necessary, In-store only)

Join us to look over all the jewels and sparkling
treasures while sipping a bit of grog and enjoying
special offers throughout the store.

CONGRESS  JEWELERS™

SEALIFE ◊ FASHION ◊ DIAMONDS ◊ ESTATE

The Bell Tower • Suite 165 • Ft. Myers • CongressJewelers.com
239-472-4177 • info@CongressJewelers.com

When It Needs To Be Perfect



From The Desk Of Sheriff Carmine Marceno

School Is Out – Drive Cautiously

The Southwest Florida school year has come to an end.

The dynamics of our streets and roadways change dramatically as children play on sidewalks, chase one another and run haphazardly in all directions.

These conditions place an additional and significant burden on those operating motor vehicles.

As always, the Lee County Sheriff's Office requests that all drivers obey speed limits, comply with traffic signals and avoid using electronic devices that serve as distractions.



We have all, to varying degrees, become dependent upon our smart devices and cell phones. Much like other addictions, we compulsively reach for our cell phones and struggle when we are unable to do so.

While many believe that they have become somewhat "proficient" at using their phones while driving, this practice has become one of society's prevailing perils.

When we consider risky and unhealthy behaviors, we, as humans, have a tendency to believe that the consequences only happen to others ... until it happens to us or to a loved one.

While Florida Statute 316.305 allows law enforcement officers to stop motor vehicles using wireless communication devices and issue citations for drivers who are "manually typing or entering multiple letters, numbers, symbols, or other characters into a wireless communications device or while sending or reading data on such a device for the purpose of non-voice interpersonal communication, including, but not limited to, communication methods

known as texting, emailing, and instant messaging," this means little following a catastrophic incident.

Exercise additional caution when driving on sidestreets and residential roadways. Younger children rarely consider the hazards around them and outdoor games often result in unanticipated darting into the roadway.

Parents and guardians are strongly encouraged to discuss the potential dangers with their children. Younger children should always be supervised while playing outdoors.

Please ... the safety of our children is dependent upon our responsible driving.



amavida
...start here

JOIN US FOR A SEMINAR ON
PLANNING FOR YOUR FUTURE
ASK THE EXPERTS

JULY 16, 2024 | 11:30AM-1PM

Amavida will have a panel of industry experts who can help provide answers to your important questions. Our experts will be here to help you learn more about preparing for your future. Bring your questions and join us for this informative seminar.

Reserve your spot today | RSVP by contacting 239-309-1100 or by emailing mdavila@amavidaliving.com

amavida 
Resort Retirement Community

239.237.0501 | amavidaliving.com

INDEPENDENT LIVING | ASSISTED LIVING
MEMORY CARE | MILD COGNITIVE IMPAIRMENT



Assisted Living Facility #13261



Did You Know?

There Are All-American Towns With Inexplicable Names

- Big Bottom, Washington
- Hopeulikit, Georgia
- Beer Bottle Crossing, Idaho
- Number Eight, Missouri
- Cheesequake, New Jersey
- Dull, Ohio
- Whynot, North Carolina
- Accident, Maryland
- Handsome Eddy, New York
- Worms, Nebraska



Word Scramble Solution from page 2

- | | | |
|--------------|---------------|-----------|
| Wrestling | Gymnastics | Diving |
| Golf | Archery | Badminton |
| Table tennis | Swimming | |
| Boxing | Track & Field | |

Sudoku Puzzle Solution from page 2

4	6	1	3	9	5	7	2	8
7	2	5	1	4	8	6	9	3
3	8	9	2	6	7	5	4	1
8	4	2	6	1	3	9	7	5
6	1	7	5	8	9	4	3	2
5	9	3	7	2	4	8	1	6
9	5	4	8	3	2	1	6	7
1	3	8	9	7	6	2	5	4
2	7	6	4	5	1	3	8	9

Crossword Solution from page 2

B	L	A	S	T	A	S	P	S	F	R	E	E
L	O	N	E	R	P	H	E	W	A	U	R	A
A	G	O	N	Y	P	O	R	E	S	L	A	T
H	E	A	T	S	T	R	O	K	E	T	E	T
			T	R	O	T		P	R	I	S	O
M	A	T	H		A	V	E		S	A	D	
E	T	U	I		C	A	R	S		M	I	D
M	O	N	G	R	E	L		E	S	P	O	U
O	M	A	H	A		S	E	A	T		U	N
			L	I	V		A	C	E		S	E
I	N	V	A	D	E		R	O	A	N		
S	E	E	N		N	O	N	A	L	I	G	N
L	A	R	D		E	K	E	S		C	R	A
E	R	S	E		E	R	S	T		H	A	V
T	S	A	R		R	A	T	S		E	M	E

Poetry Corner

HIGH SCHOOL REUNION

A high school reunion?
Those words strike some fear
The last thing on earth
I needed to hear.

I took out my yearbook
To see some old pics
Then saw my own photo
And felt a bit sick.

The eyes looked the same
But that's about all
The hair was so shiny
And I looked very tall.

I looked in the mirror
And winced just a bit
At the face staring at me—
I needed to sit.

My eyes moved on down
To my body once firm
Looked over my walker
And took a slow turn.

Compression socks ruined
My athletic physique
And my ortho-like shoes
Not like my cool sneaks.

And what would I wear?
My closet sat bleakly
My hernia prevented
Pants closing completely.

A long flowing skirt
With an elastic-type top?
A tunic to hide
All the things that might drop?

I thought about passing
And delete the whole page
But then I remembered
We'll all be the same age!

Judith Foley

Imagining Heaven

By Robert Nelson

Sometimes, when my heart skips a beat,
I suspend disbelief and imagine heaven,
Spending eternity with all the great writers
From cultures, ancient and modern,
Those well-known and unknown,
Artists, film makers, composers,
Theologians and all manner of deep thinkers,
Who made a difference as they say.
And hear last words before every human death
And read poems of millions of lovers.
I would become heaven's cold cases detective,
Never able to retire,
As new cases arrive in clouds every moment.



I thought the dryer
shrank my clothes ...
turns out it was the
refrigerator!

Wildlife

The Great White Egret

The great white egret ranks among our most conspicuous and beautiful birds. The great white egret is extremely similar to the great white heron, however, the egret is a bit smaller in size with black legs. The heron is larger in stature, less "bright" with a thicker bill and possesses pale grayish yellow legs. Great egrets are 3 feet long from bill to tail and slightly over 3 feet tall. They have a wingspan of almost 5 feet and weigh only about 2 1/2 pounds. The life expectancy of the egret is around 15 years, however, known egrets in captivity have reached upwards to 22 years! Great white egrets are wading birds, with their long legs suited for shallow water (fresh and salt) hunting of fish, frogs and other small aquatic animals. They typically stand extremely still and watch, waiting for unsuspecting prey to pass by. With startling speed, the egrets strike with a jab of their long neck and bill sometimes even spearing their prey!

All photos that appear in the *Whiskey Creek News* are captured only within our favored community. Should you like to follow the exploits of what this camera bug captures, follow the journey here. You'll need to request membership to gain access! <https://www.facebook.com/groups/1430022127286192>



Whiskey Creek News We Need Your Help!

Hi - I'd like to introduce myself - I'm Stephen Miller. Together with my wife, Elizabeth, I recently became the new owner of Seabreeze Communications, the publisher of the Whiskey Creek News. We live in Fort Myers with our sons, Charles (7) and Michael Davis (4), and are excited to get started. As members of a Seabreeze neighborhood ourselves, we understand the importance of this paper in connecting your community and fostering a sense of belonging. As such, we have some exciting plans to enhance your experience with the Whiskey Creek News.

Our primary goal is to modernize the way you access and enjoy your community news. We're currently developing a dedicated website with a flip-book style reader for easy online browsing in lieu of online copies. This new format will include clickable links, embedded videos and more.

On top of all this, a primarily digital format offers a number of advantages. The ability for multiple people in a household to submit their email means each person can get their own copy. And, because the Whiskey Creek News will have a dedicated website, it can be accessed year round, no matter where you are. The news will be more recent and relevant, too, because it cuts down the lead time for editorial copy submission by a week or more each issue.

In addition to the new reader format, the website will feature several new sections designed to better serve our community:

- **Article Breakout:** A dedicated page for each individual article.
- **Events Page:** Stay informed about what's happening in Whiskey Creek with a regularly updated events calendar.
- **Resource Page:** Connect with local providers and businesses easily.
- **Archive of Past Issues:** Never miss an article with our comprehensive archive of past issues.
- **Community Contributions:** Submit your stories, photos, and announcements to be featured in the paper.

Consumer Alert

Hurricane Season 2024: How To Avoid Scams Before And After A Weather Emergency

By Colleen Tressler,

FTC, Division of Consumer and Business Education

Weather forecasters are predicting an active hurricane season, but if you live in large parts of the country — including those hit by tornadoes over Memorial Day weekend — you've probably noticed more active storms of all types. To get started preparing for hurricane season or any storm, while avoiding scams, check [ftc.gov/WeatherEmergencies](https://www.ftc.gov/WeatherEmergencies) for new information to help you spot, avoid and report scams as you prepare for, deal with and recover from extreme weather and natural disasters.

Like all the FTC's free resources, the site is mobile-friendly — giving you ready access to information when

and where you need it. When it comes to planning for a possible weather emergency, the more you know — and the earlier you know it — the better prepared you'll be to avoid weather-related scams and frauds.

To stay ahead of weather-related scammers, here are steps you can take now.

- Update your insurance policy. To avoid surprises later, check to make sure your insurance policy is current and find out what is covered — and what isn't.

- Check out contractors before you need one. Ask people you know and trust for recommendations. Then search online for the company's name with words like "scam" or "complaint."

- Research online sellers before you buy. Unusually low prices are a sign of a scam. If you see an ad for what seems like a familiar company but you're not sure the ad is real, check it out. But go to the company's website using a page you know is real — not the link in the ad.

Learn how to spot and avoid weather-related scams before disaster strikes.



[ftc.gov/WeatherEmergencies](https://www.ftc.gov/WeatherEmergencies)



MVP REALTY
Gwen M. Baker, Realtor®
CMRS, CMHS, Veteran Certified
MLS
239-785-5784
Realtor.GwenBaker@gmail.com
SWFLRealEstateNow.com
"I can help with that!"